

# STANDARD INSTALLATION TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR

NCSS Panama City  
Florida

Information Date  
October 01, 2001

Visit the SITES Web Site at  
<http://www.dmdc.osd.mil/sites>

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## Installation

### Installation Overview

CONGRATULATIONS on your orders to the Coastal Systems Station (CSS), located near the "World's Most Beautiful Beaches," Panama City Beach, Florida. The Relocation Assistance Office would like to personally welcome you to Panama City. When you arrive, be sure to call the Career Development & Resource Center (CDRC) if you need local maps or brochures, have questions about the community, CSS and Tenant Commands, spouse employment, or transition assistance. We have many valuable tools and resources to help you with all your needs. We also provide information and referral for resources available in the community and at other nearby military installations. We're located in the CSS Welcome Center, Building 304, room 121. You can also find these helpful offices in the CSS Welcome Center: Navy Relief, Chaplain, Personal Property, and Housing.

If you have "hard copy" orders, and have not been contacted by a sponsor, contact the Administrative Office at your gaining command to request one. Sometimes sponsorship is not an automatic process. It takes you and your sponsor to make sure the Sponsor Program works. Your sponsor will be the primary point of contact for a Welcome Aboard Package and information on your new Command and the Bay County/Panama City area.

You may also call or email the Career Development & Resource Center (CDRC) to request a Welcome Aboard Package. Our Welcome Aboard Packages contain useful information on your new Command, Check-In Procedures, On-Station & Economy Housing, local Community events calendar, maps, and brochures, and more! The CDRC number is 850-235-5800 (DSN 436-5800) and the email address is mcombsca@ncsc.navy.mil.

If you have any questions while planning your move or after arriving at the Coastal Systems Station, please feel free to contact us. We hope you have a "Smooth Move" and WELCOME TO PANAMA CITY, FLORIDA!!

<b>Name:</b> COASTAL SYSTEMS STATION
<b>POC:</b> Operator
<b>Address:</b> 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4011
<b>FAX:</b> none
<b>DSN Phone:</b> 436-4011
<b>WWW Link:</b> <a href="http://www.ncsc.navy.mil">http://www.ncsc.navy.mil</a>
<b>Comments:</b> Defense Switching Network (DSN)..... : 436-XXXX (add last 4 digits of phone number)  Officer of the Day (OOD)..... : (850) 872-5620 (24 hrs. a day)  Population assigned-served..... : 2,449(civilian & military) Military (CSS & Tenants)..... : 2,449 (includes NDSTC students)  Active Duty Officers..... : 135 Active Duty Enlisted..... : 644 Family Members..... : 1,972 Retirees..... : 11,000 Civilian Employees..... : 1,333 Reserve Component Officers..... : 24 Reserve Component Enlisted..... : 36

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>POC:</b> Relocation Assistance
<b>Address:</b> Code CP24/CDRC, Building 304 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?tapid=23">http://www.taonline.com/tappages/tappage.asp? tapid=23</a>

<b>Name:</b> NAVY SPONSOR PROGRAM
<b>POC:</b> Military Support Office
<b>Address:</b> Bldg. 500, Coastal Systems Station 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4362/4363
<b>FAX:</b> (850) 234-4679
<b>DSN Phone:</b> 436-4362/4363
<b>DSN FAX:</b> 436-4679
<b>Comments:</b> The Sponsor Program is designed to ease the difficulties, and reduce the stress and uncertainties normally associated with a PCS move. Sponsors play a key role in making a sailor's transition to his or her new command a "smooth" one. With an effective sponsorship program, individuals and their families stand to gain assistance and personal support necessary to ease the trauma associated with a new duty station.

<b>Name:</b> Naval Diving and Salvage Training
<b>Address:</b> 350 South Crag Rd
<b>City:</b> Panama City, FL 32407
<b>Phone:</b> (850) 235-5241
<b>FAX:</b> (850) 235-5242
<b>DSN Phone:</b> 436-4651
<b>WWW Link:</b> <a href="http://www.cnet.navy.mil/ndstc/information/information.html">http://www.cnet.navy.mil/ndstc/information/information.html</a>

<b>Name:</b> Navy Experimental Diving Unit
<b>Address:</b> 321 Bullfinch Rd.
<b>City:</b> Panama City, FL 32407-7015
<b>Phone:</b> (850) 230-3100
<b>FAX:</b> (850) 234-4238
<b>WWW Link:</b> <a href="http://www.nedu.navsea.navy.mil">http://www.nedu.navsea.navy.mil</a>

<b>Name:</b> U.S. Coast Guard Station Panama City
<b>Address:</b> 1700 Thomas Drive
<b>City:</b> Panama City, FL 32408-5898
<b>Phone:</b> (850) 234-2377 or 234-2348
<b>WWW Link:</b> <a href="http://www.uscg.mil/d8/stapcty.htm">http://www.uscg.mil/d8/stapcty.htm</a>

## Must Know Items

For more information on this subject:  
Coastal Systems Station  
<http://www.ncsc.navy.mil>

Renting a house or apartment in Panama City/Panama City Beach:

As this is a tourist area, during the May-August months most property owners will not hold rentals

without collecting rent. House-hunting trips should not be scheduled too far in advance of arrival. Call our housing office, (850) 234-4898 (DSN 436) or toll free 888-382-4559 for more information.

Directions to Coastal Systems Station (CSS) from the Airport:

Personnel coming to CSS who arrive at the Panama City-Bay County International Airport, proceed South on Lisenby Road (leaving airport). Turn Right (West) onto County Hwy 390. Turn Right at 3rd traffic light onto 23rd Street (Hwy 368W). Proceed West. At 3rd traffic signal, turn Right again onto Hwy 98. Continue West across the Hathaway Bridge and prepare to turn left at 1st traffic light at end of the Bridge. You will enter the North Gate of the Coastal Systems Station. The Visitor Reception Center will be immediately on your right.

There is a Taxi Courtesy phone in the Main Lobby of the Terminal that you may use for transportation to Coastal Systems Station, Naval Diving and Salvage Training Center (NDSTC), Naval Experimental Diving Unit (NEDU), and U.S. Coast Guard Station. Several pay phones are also available in the airport lobby.

Directions to CSS by Automobile:

If arriving to CSS by POV, there are two major highways running into the Panama City area--US Highways 231 and 98. Highway 231 runs North and South into Highway 98. Highway 98 runs East and West and passes in front of the Coastal Systems Station. Interstate 10 (crossing Florida East and West), is approximately 50 miles North of Panama City.

Directions to CSS by Bus/Train:

The Greyhound Bus Line's Panama City office is located at 917 Harrison Avenue (downtown Panama City). To get to CSS, go North on Harrison Avenue until it intersects with 15th Street (Business Hwy 98-1st traffic light). Turn left and proceed approximately 6 miles, crossing the Hathaway Bridge. CSS is the first left turn after crossing the bridge. (See category Local Community; Community Transportation.)

Arrival/Check-in Requirements:

All new arrivals must get orders stamped with date and time of arrival by reporting directly to:

Officers - BOQ, Building 349  
Enlisted - BEQ, Building 484

This procedure is applicable 24 hours a day, 7 days a week.

On the first working day after arrival:

a. Service members will report to their Unit Administrative Office:

CSS - Building 500, Military Support Office, (850) 234-4362 (DSN 436)

NDSTC - Building 350, Admin. Office, (850) 235-5241 (DSN 436)

NEDU - Building 321, Admin. Office, (850) 230-3104 (DSN 436)

These offices will provide Newcomer Orientation, Indoctrination Information, and any further instructions.

b. Service members must bring with them:

PCS Orders, Personnel Records, Dental and Medical Files.

c. Uniform Requirements for In-processing:

All members must report wearing uniform of the day.

Automobile Registration on base, Security Clearance Verification, and Badges:

Report to the Visitor Reception Center, Building 385, (850) 235-5317

Housing:

All Members are required to sign in at the Housing Welcome Center, Building 304 (850) 234-4248/4898 or toll free 888-382-4559, upon their arrival and must not enter into any rental agreement without first checking with Housing personnel. Off-Station utility waivers are available at the Housing Office. (Also see: Relocation Services, Overview, PCS Reporting Procedures, Survival Tips for First Termers, Reporting Procedures.)

Temporary Quarters:

The Seashore Inn, winner of the 1997 & 1999 ADM Zumwalt Five Star Award, is comprised of three buildings containing 47 BOQ suites (5 VIP Suites), 16 CPO suites, 197 BEQ rooms and 55 CBQ rooms.

Military service members not on official orders to the Station may utilize the BOQ, CPO suites, and CBQ rooms on a space available basis for up to 30 days. Accompanied PCS members on official orders may utilize the CBQ rooms, which sleep four and have access to common area kitchens, for up to 60 days as temporary lodging. BOQ costs range from \$16 - \$20 per night. CPO suites and CBQ rooms are \$16.00 per night. Extra person charges apply to all BOQ, CPO, and CBQ room types. All BOQ suites are quipped with full kitchenettes. Services available to guests include baby cribs, a big screen movie lounge, laundry facilities, video checkouts, computer room, game room, common area kitchens, ATM, weight room, and vending areas. Pets are not allowed in BQ facilities.

When calling for reservations, please specify whether you are traveling on official orders or are interested in space available lodging. For 24-hour reservations, call (850) 234-4217 or DSN 436-4217.

The Quality of Life Division (MWR) has 3 self-contained, park-model, units that can be rented for 30-90 days. Cost is \$35.00 (E5 & below) per day and may be used for temporary lodging. Trailers sleep 4 people, are completely furnished, and may be reserved 60 days in advance. There are 22 campsites with water, electrical, and sewage hookups. Campsites can be reserved 60 days in advance and held for up to 90 days. Cost is \$10.00 per day (E5 & below). Call (850)234-4402 No space A reservations. (For additional information, see Relocation Services; Temporary Lodging; and Support Services; Morale, Welfare, & Programs.)

ATM: Located in Bldg. 484 (BEQ). There is a \$1.00 service fee.

Childcare:

The Station does not have a Child Development Center, but there are numerous childcare facilities and programs available throughout the local communities. Tyndall AFB has a daycare facility and also a listing of certified home care providers. The CSS Career Development & Resource Center (CDRC) can provide you with information on these services. Early Childhood Services, Inc., 872-7550, provides childcare referrals to parents, Head Start agents, and training for Family Childcare Providers. (See Child And Teen Servies; Overview)

Single Member Services:

The Liberty Call program involves a variety of fun activities for the single member and geographical bachelor. These activities include sports, tours, educational and volunteer opportunities. For more information contact MWR at (850) 234-4632.

#### Pets:

There is not a pet boarding facility or kennel on the Station, but there are over 11 animal hospitals/clinics in the surrounding area including Tyndall AFB. (See Relocations Services; Pet Boarding, Licensing, Quarantines, Veterinary Services, Pet Transportation)

#### Hurricane Information:

Because of Panama City's geographic location, the area is frequently subjected to adverse weather phenomena (hurricanes, tornadoes, and severe thunderstorms with lightning). Although these phenomena are varied and of a seasonal nature, the occurrence of any one may cause severe damage to structures, personal injuries, or cause an adverse impact on daily routines. Hurricane season runs from 1 June to 30 November.

Local authorities and base officials will advise you by radio, television, NOAA Weather Radio, and other methods when specific areas are to be evacuated and where to go for shelter. CSS does provide for evacuation of military personnel and their families by bus to Ft. Rucker, Alabama, if necessary.

#### Cost of Living:

Although Panama City and some of the surrounding communities may not be considered high cost living areas, Panama City Beach is a resort area. Seasonal factors affect the off-Station housing market. It is often difficult to find furnished units during the

summer months. Automobile gas prices are usually higher in this area and restaurants cater to the tourist trade. The Housing Welcome Center (850) 234-4248/4898, DSN 436, or toll free 888-382-4559 maintains a listing of rentals that accommodate short and long term military personnel. All military personnel must report to the Housing Welcome Center before entering into a housing contract or lease.

#### Commissary:

There is no commissary at the Station - the nearest one is located across town (45 minute drive) at Tyndall Air Force Base. (For information on this facility, see Installation; Commissary & Exchange Operations.)

#### Loan Locker:

The Career Development & Resource Center (CDRC) administers the Loan Locker for CSS. We provide a wide-range of household items, child car seats, cribs, alarm clocks, phones, futons, loveseat couch, folding table with chairs, etc. Contact the CDRC, Bldg. 304, (850)-235-5800 (DSN 436), for additional information.

#### United States Postal Service Branch Office (USPS):

The lobby of the USPS Branch office is open 24 hours a day for personal mail pickup from P.O. boxes. Boxes are available for rent. A drive-up mail box is located in front of building. A complete range of postal services are available including package mailing. The US Post Office is located in Building 461 and is open from 1000-1400 Monday through Friday. The phone number is (850) 234-4451. (See also Installation; Commonly Referenced Numbers.)



### Must Know Items

<b>--Installation--</b>	
Site Name	NCSS Panama City
Last Updated	October 01, 2001
State/Territory	Florida
County	Bay
ZIP Code	32407-7001
Service	USN
Host Command	Naval Surface Warfare Center, Dahlgren
Physical Size	648
<b>--Personnel--</b>	
FSC/ACS Director	Sue Brookhart
Relocation Assistance Manager	Sue Brookhart
Relocation Assistance Specialist	Cathy McCombs
<b>--Phones--</b>	
DSN Country Code	
DSN Number	436-5800
Commercial Country Code	
Commercial Area Code	850
Commercial Number	-235-5800
FAX DSN Country Code	
FAX DSN Number	436-5673
FAX Commercial Country Code	
FAX Commercial Area Code	850
FAX Commercial Number	-235-5673
<b>--Official Mailing Address--</b>	
Street Line 1	Career Development & Resource Center (CDRC)
Street Line 2	Bldg. 304, 6703 W. Hwy 98
City	Panama City
State/Territory	FL
ZIP Code	32407-7001
<b>--Deliverable Address--</b>	
Street Line 1	
Street Line 2	
City	
State/Territory	
ZIP Code	
E-Mail	mccombsca@ncsc.navy.mil

#### Geographically Separated or Satellite Locations

There are no separated or satellite locations.

#### Nearby Installations (Listed Separately in SITES)

There are 3 Air Force installations and 3 Navy installations within a 125 mile range of the Coastal Systems Station.

### **Nearby Installations (Listed Separately in SITES)**

<i>State/Country</i>	<i>Site Name</i>	<i>Service</i>	<i>Distance</i>
Florida	Eglin AFB	USAF	90 Miles
Florida	Hurlburt Field	USAF	85 Miles
Florida	NAS Pensacola	USN	113 miles
Florida	NAS Whiting Field	USN	111miles
Florida	Tyndall AFB	USAF	25 Miles

## **Regulations**

### **General Security**

A Department of Defense police force, Master at Arms investigators, and the Naval Criminal Investigative Service are available for security and law enforcement functions. Contract guards enforce entry control from 0600 to 1800 at the North Gate and 24 hours a day at the West Gate. At the West Gate from 2200 to 0600, there is a 100% ID check requirement. The Station Security Office provides a wide range of security services to include: force protection, anti-terrorism, physical security (gates, lights, fences, barriers), law enforcement (police/investigative services), police & fire dispatch (24 hr), crime prevention (operation ID, home surveys, Block Watch), information security; industrial security (safeguarding/classifying contractor security requirements), and personnel security (clearance request/revisions), and mail services. Employee badges are required in all Station business areas.

### **Traffic**

Enforcement of state traffic laws utilizes the Federal Magistrate system. Violations may dictate a monetary fine or mandatory appearance in Federal Court. Minor parking and traffic offenses not included in Federal Magistrate rules will be enforced in accordance with local Station regulations on motor vehicle traffic.

### **Motorcycle Use**

To obtain a vehicle registration decal for on-Station operation, the operator of a privately owned motorcycle shall have (1) an approved motorcycle safety course completion card signed by an approved instructor (The Security Department certifies the Safety Course prior to Pass & Badge), (2) motorcycle driver's license, (3) current vehicle registration, (4) current proof of insurance, and (5) an identification card. See COASTSYSINST 5560.2 for information on protective equipment required and safety

procedures, or call the Security Office (equipment/gear rules strictly enforced).

### **Vehicle Checks**

Periodic random vehicle inspections and seat belt checks.

### **Firearms**

If you own firearms (as described in CSS Instruction 8000.2), and live on the Station, you must register each firearm/weapon with the on-duty police shift supervisor, (850) 234-4332. Weapons and/or firearms may be stored in Station housing or, for personnel living in the BEQ/BOQ, at the Station Armory, Building 441 (850) 234-4395.

### **Criminal Offenses**

Persons committing offenses can be apprehended (military) or detained (civilians), cited, and brought to trial by the US Federal Magistrate. Felony offenses and crimes normally under the jurisdiction of the Naval Criminal Investigative Service will continue to be investigated by this office and referred for prosecution when deemed appropriate.

### **Crime Prevention**

A Crime Prevention Program is in force at the Station (Block Watch, National Night Out, etc.) and prevention is active and ongoing.

### **Restricted Areas**

There are marked areas throughout the base that are restricted to authorized personnel. Proper ID and/or inclusion on an access list is required.

### **Photography**

Photography is not allowed on Station, except in military housing and station recreation facilities unless approval is obtained and a proper pass issued at the Visitor Reception Center, Building 385 (850) 235-5317.

## Visitor Reception Center - Badges/Vehicle Registration

The Visitor Reception Center is the Station focal point for vehicle registration and badge credentials, including employee area badges. It is a customer-oriented operation servicing active duty, reserve, and retired military and their dependants, as well as Station civilian employees. This office operates on a first-come basis and customers can usually expect to wait 3-5 minutes. To register a vehicle on Station, the following documents are required: 1. Proof of ownership (valid registration certificate) issued or assigned to the person whose name will appear on the registration. 2. A valid driver's license. 3. Military or DOD civilian ID card. 4. Proof of Personal Injury Protection Insurance.

<b>Name:</b> Pass and ID (CSS)
<b>POC:</b> Visitor Reception Center
<b>Address:</b> Building 385
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5017 (DSN 436)
<b>FAX:</b> (850) 234-4801 (DSN 436)
<b>Comments:</b> Hours: 0630-1600 Mon-Fri

## Commonly Referenced Numbers

The DSN prefix is 436 for the Coastal Systems Station. For Tyndall Air Force Base, the DSN prefix is 523. Our area code is 850.

### Commonly Referenced Numbers

<i>Name</i>	<i>Commercial</i>	<i>DSN</i>
Ambulance	911	None
Auto Hobby Shop	(850) 234-4300	436-4300
Barber Shop	(850) 234-4630	None
Bay County Schools	(850) 872-4100	None
Bowling Center	(850) 234-4589	436-4589
Branch Medical Clinic	(850) 234-4177	436-4177
CSD - FAX (Dedicated line)	(850) 234-4213	436-4213
CSS Career Counselor	(850) 234-4514	436-4514
Career Development & Resource Center (CDRC)	(850) 235-5800	436-5800
Chaplain	(850) 234-4487	436-4487
Childcare Referral (Early Childhood Services)	(850) 872-7550/7551	None
Coastal Systems Station (BASE OPERATOR)	(850) 234-4100 or 4011	436-4100 or 4011
Commissary - Tyndall AFB	(850) 283-4826	523-4826
Credit Union - NCSC	(850) 233-4400	None
Customer Support Desk (CSD)	(850) 235-5029	436-5029
Dental Clinic	(850) 234-4131	436-4131
Directory Assistance (Base)	(850) 234-4011	436-4011
Disbursing Office (PSD)	(850) 234-4423	436-4423
EXCHANGE-CSS	(850) 234-2407	None
Exchange -Tyndall AFB	(850) 283-4110	523-4110
Family Advocacy Representative (CSS)	(850) 234-4362	436-4362
Family Service Center (TAFB)	(850) 283-4204/4205	523-4204/4205
Financial Specialist (CSS)	(850) 235-5903	436-5903
Gym/Fitness Center	(850) 234-4370	436-4370
Household Goods Shipment (PPO)	(850) 234-4317	436-4317
Household Shipment Claims (PPO)	(850) 234-4434	436-4434
Housing Welcome Center (Housing Officer)	(850) 235-5808	436-5808
Housing Welcome Center (On-Station Housing)	(850) 234-4898	436-4898
Housing Welcome Center (Off-Station Housing)	(850) 234-4248/4898	436-4248/4898
Housing Welcome Center (Service Call Desk)	(850) 234-4240	436-4240
Information & Referral	(850) 235-5800	436-5800
Information Operator - Tyndall AFB	(850) 283-1110	523-1110
MEDICAL - CSS Branch Clinic/Dispensary	(850) 234-4177	436-4177
MEDICAL - CSS Branch Pharmacy	(850) 234-4178	436-4178
MEDICAL - Hospital (Tyndall AFB) Patient Affairs	(850) 283-7715	523-7715
MEDICAL - TAFB Hospital Pharmacy	(850) 283-7576/7682	523-7576/7682
MEDICAL - TAFB Hospital -	911	-

Ambulance Dispatch		
MEDICAL - TAFB Hospital Appointments	(850) 283-2778	523-2778
MEDICAL - VA Outpatient Clinic	(850) 235-5101	None
MWR Admin/ITT	(850) 234-4374	436-4374
Marina	(850) 234-4402	436-4402
Mental Health Counseling Service Center	(850) 235-5835	436-5835
Military Liaison Office (MSO)	(850) 234-4363	436-4363
Military Support Office	(850) 234-4362	436-4362
NDSTC Q-deck	(850) 234-4651	436-4651
NDSTC Administration Office	(850) 235-5254	436-5254
NDSTC Career Counselor	(850) 235-3245	436-3245
NEDU Administration Office	(850) 230-3104	436-3104
NEDU Career Counselor	(850) 230-3304	436-3304
NEDU Main Switchboard	(850) 230-3100	436-3100
Naval Criminal Investigative Service	(850) 234-4306	436-4306
Navy Lodge	None on Station	
Navy-Marine Corps Relief Society	(850) 234-4106	436-4106
Officer of the Day/Quarterdeck	(850) 872-5620	
Ombudsman - Contact CSS Military Support	(850) 234-4362	436-4362
Personal Property Office (PPO)	(850) 234-4317	436-4317
Public Affairs (PAO@ncsc.navy.mil)	(850) 234-4803	436-4803
Red Cross (430 15th Street PC)	(850) 763-6587	FAX (850) 785-3995 or (850) 765-6582
Sand Dollar Inn Bachelor Quarters (TAFB Billeting)	BOQ/BAQ: 850-283-4210 or 850-283-4211	523-4210 or 523-4211
Seashore Inn Bachelor Quarters (CSS Billeting)	BEQ/BOQ Reservations (850) 234-4217	436-4217
Security (CSS)	(850) 234-4332	436-4332
Spouse Employment Assistance Program	(850) 235-5800	436-5800
TAFB Tricare General Health Benefits Questions	1-800-444-5445	-
U.S. Coast Guard Station Panama City	(850) 234 -2377 or 234-2348	-
VA Outpatient Clinic	(850) 235-5101 or 230-7186	-
Veterans Services Office	(850) 784-4044/4045	None
Visitor's Reception Center	(850) 235-5317	436-5317
Weather Emergency Information Line	(850) 234-4100	436-4100

## Major Unit Listing

For more information on this subject:  
COASTAL SYSTEMS STATION  
<http://www.ncsc.navy.mil>

For Installation web addresses go to Installation Overview.

Please refer to the Record Listing for the Station's major units and phone numbers.

### Major Unit Listing

<i>Unit</i>	<i>Command</i>	<i>Point of Contact</i>	<i>Commercial</i>	<i>DSN</i>	<i>Fax</i>
	Coastal Systems Station (CSS)	Commanding Officer	(850) 234-4210	436-4210	(850) 234-4902
	Naval Diving and Salvage Training Center (NDSTC)	Commanding Officer	(850) 235-5205 or 235-5241 (Admin.)	436-4651	(850) 235-5242
	Navy Experimental Diving Unit (NEDU)	Commanding Officer	(850) 230-3100	436-3150	(850) 234-4238
	Naval Hospital Branch Medical Clinic	Director	(850) 234-4533	436-4533	(850) 235-5321
	Personnal Support Activity Detachment (PSD)	Master Chief or Petty Officer in Charge	(850) 234-4530	436-4530	(850) 234-4213
	U.S. Coast Guard Station Panama City	Officer in Charge	(850) 234-2377 or 234-2348		

### Transportation

Although there is no on-Station official transportation system, Coastal Systems Station is laid out in a manner that you will find it easy and enjoyable to walk to most buildings. Since we are a small Station and have an almost year round gentle climate, walking is a pleasure most of the time.

### Commissary and Exchange Operations

#### Commissary

There is no Commissary at CSS; the nearest one is Tyndall AFB, 25 miles from CSS. You must have military ID to use the Commissary.

Special orders are available in the grocery, produce, and meat departments, and assistance with special events.

#### CSS Navy Exchange (NEX)

Offers a wide array of goods and services. In addition to the normal retail sales, the Navy Exchange offers the following: Uniform Shop,

Personalized Services/Special Orders, STAR Card Payments, Medals Mounting, Western Union Services, Money Orders, TELEFLORA Services, Fruit Orders and Pre-Paid Phone card sales. Inside to the Navy Exchange complex is a Barber Shop and Dive Shop. We have a complete vending line throughout the base. We also pay for free hemming on uniform pants. Special orders are gladly taken. Exchange hours are Mon-Sat 0900-1700, and Sun 1000-1600.

#### Tyndall AFB Base Exchange (BX) and Community Mall

Offering a wide range of goods and services, the BX carries current men, women, and children's fashions, uniforms, jewelry, footwear, fine china, household goods, toys, lawn & garden implements, accessories, electronics, personalized services, and much more.

Local vendors line the hallway of the community mall, selling items ranging from arts & crafts to handmade jewelry. The Mall is also home to a Florist Shop, Beauty Salon, Barber Shop, Jewelry Repair, Optical Shop and food concessions.

<b>Name:</b> Barber Shop
<b>Address:</b> Navy Exchange Complex, Bldg. 395
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4630
<b>FAX:</b> None
<b>DSN Phone:</b> 436-4630
<b>Comments:</b> Hours: 0900-1700 Mon-Sat Closed Sunday & Holidays

<b>Name:</b> CSS Navy Exchange (NEX) and Mini Mart
<b>Address:</b> Bldg. 395
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-2778
<b>DSN Phone:</b> 436-2778
<b>Comments:</b> Hours: 1000-1700 Mon-Fri 1000-1500 Sat Closed on Sundays  After June 1999 new hours will be:  0900-1700 Mon-Sat 1000-1600 Sun

<b>Name:</b> Commissary
<b>Address:</b> Bldg. 950 (Community Mall)
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 283-4825/4826
<b>FAX:</b> None
<b>DSN Phone:</b> 523-4825/4826
<b>Comments:</b> Hours: 0900-1800 Tue/Wed/Fri 1000-1900 Thu 0830-1700 Sat 1100-1600 Sun Closed Monday and Holidays

<b>Name:</b> Dive Shop
<b>Address:</b> Navy Exchange Complex, Bldg. 395
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-5880

<b>Name:</b> Package Store
<b>Address:</b> Navy Exchange Complex, Bldg. 395
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-5880
<b>FAX:</b> None
<b>Comments:</b> Hours: 1000-1800 Mon-Sat 1000-1600 Sun

<b>Name:</b> Tyndall AFB Base Exchange (BX)
<b>Address:</b> Community Mall, Bldg. 950
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 286-5804/(850) 283-4110
<b>FAX:</b> None
<b>DSN Phone:</b> 523-5804/523-4110
<b>Comments:</b> Hours: 0900-1900 Mon-Sat 1000-1700 Sun

## Local Community

### Local Community Overview

For more information on this subject:  
Panama City Downtown  
<http://www.panamacitydowntown.com>

The Bay County area offers one of Northwest Florida's loveliest coastlines. Set against the scenic backdrop of the Gulf of Mexico azure waters, this area enjoys a colorful change of seasons--from fat pink azaleas to the russet and gold of autumn leaves. The area also boasts a gentle climate, invigorating recreation and water sports, and a mellow-paced lifestyle.

Bay County was born on April 24, 1913, by an act of the Florida Legislature. In almost 85 years, the County has evolved from a economy ruled by timber and turpentine to one in which tourism reigns. The County is renowned for its 27 miles of sugar-white beaches, its bays, and its many bayous. It is called the Spring Break Capitol of the World, as well as a prime winter destination for "Snowbirds" coming from Canada and other northern parts of the United States.

Each of Bay County's eight municipalities has a distinct character ranging from uncrowded, unspoiled areas to exciting, entertaining, sports-oriented communities. Panama City is the county seat and largest municipality. Bay County covers 1,033 square miles with a population of 145,500. During Spring Break and Holidays, Panama City Beach will often have a population of 300,000.

Spend the day in downtown Panama City and discover the charm of this hidden treasure. Enjoy small town hospitality and smiles from our friendly merchants. From antique shops, to galleries, to collectibles, you will find a wide array of gifts and treats clustered in and around our "main street" made perfect for walking. While there, have a bite at one

of our many restaurants or stop by one of our coffee shops or pubs.

Downtown Panama City offers a relaxing and safe atmosphere complete with a wonderful public park, which plays host to many themed events throughout the year, along with several public venues such as: Mardi Gras Festivities and Parade in January, Fourth of July Family Celebration and Fireworks, Oktoberfest, the Art and Antique Tour in both the spring and fall, the Festival of Nations (gateway to Culture and Heritage) in the fall, Music in the Park every Thursday night in the summer, and much much more.

There is always something happening in downtown Panama City. For more information and a current schedule of events, call the Downtown Improvement Board at (850)785-2554, or log on to the website above. Panama City boasts numerous art galleries, including the Northwest Florida Visual Arts Center. If you are looking for live theater, catch a show at the Martin Theatre. Panama City ranks sixth among the leading arts towns in America.

Panama City also offers two full service marinas, both offering fuel, boating supplies and launch areas.

#### Florida Driver's License

Active duty military stationed in Florida and their dependents do not need to get a Florida license if they have a valid license from another state, with the following exceptions:

(1) Service member or spouse claims homestead exemption (Florida residency). Then all drivers in family must obtain a Florida license. (2) Service member becomes employed outside the military, in Florida he/she must obtain a Florida license. (3) Spouse of service member becomes employed in Florida, spouse must obtain Florida license. (4) Child becomes employed in Florida. Then only employed child who drives must obtain Florida license.

New Florida residents have 30 days after establishing residency to apply for a Florida Driver's License. First-time applicants may obtain a restricted operator license at 15 years old with parental consent (please refer to the Florida Handbook). Military members and family members whose Florida license has expired more than one year but are still in their possession, may renew license by taking a road sign and vision test. If member has obtained an out-of-state license and it is still valid, it will transfer with a

road sign and vision test. If an out-of-state license has expired, and Florida has no file, a complete test is required--written, vision, and road test. A free Driver's Handbook is available. Licenses are valid for 4-6 years and should be renewed on or before applicant's birth date. Call the Division of Vehicle Driver's License for an appointment, (850) 872-4486, 0700-1800 (Tue-Fri), appointments preferred. Active Duty Military who are residents of Florida do not have to renew their drivers license when they leave the state until they return to live in Florida. The drivers license will remain valid while living out of state.

#### Vehicle/Boat Registrations (Florida)

Non-resident military stationed in Florida by military orders are not required to carry a Florida plate. As long as they are here on orders, they may keep current license plates from their home state; but they do have the option of purchasing a Florida "Registration Only" plate at a discounted rate. They must present a photocopy of their title certificate from their lienholder or bring in the title if in their possession. Also they should bring in the following: 1. Current leave and earning statement showing home of record. 2. Military identification card. 3. Driver's license. 4. Proof of insurance meeting the Florida requirements. 5. The vehicle to be registered must be present; whoever is shown as registered owner on the title must be present to make the application. Automobile registration renewals are determined by the month of the applicant's birth date. Vehicle registration expires on the birthday (midnight of the owner that appears first on the registration when in more than one name) not at the end of the month.

Boat registrations will be renewed for the new year beginning 1 June 1999.

Active duty non-resident military that tag and title a vehicle in Florida, are exempt from the initial registration fee. If they at any time thereafter become a resident, they are required to pay the \$100.00 initial registration fee. If you become a Florida resident in order to claim the \$25K Homestead Exemption, you must then pay the \$100.00 initial registration fee before you'll be allowed to claim the Homestead Exemption.

Florida military residents who retire and/or are honorably discharged from the Armed Forces, will be exempt from the initial registration fees, if application for a Florida title is made within 6 months of the date of discharge and individual can show a DD-214.



Note: Per the Florida Division of Driver's License, spouses who plan to work in Florida must obtain a Florida Driver's License.

#### Fishing/Hunting Licenses (State)

To obtain a resident fishing and/or hunting license, one must be a Florida resident for 1 year and a county resident for 6 months. Active duty military that choose to register their vehicles as "Reg Only" will require a Non-Resident license until they have been in Florida for one year. Residents 65 years of age and older may hunt and fish at no charge. For complete information, call the Florida Game and Fresh Water Fish Commission (850) 265-3676 or the Bay County Tax Collector's Office, (850) 784-4090.

Fishing is allowed in the Station's lakes; however, a state fishing license is necessary. Certain restrictions apply when fishing in the salt waters of the Gulf of Mexico. Laws and regulations are available from the Florida Marine Patrol (850) 233-5150, located on the installation.

#### Florida Residency

To become a Florida resident, you must submit a declaration of domicile, obtain a Florida Driver's License, and Florida license plates.

#### Voter Registration

To register and vote in local, state, and national elections in Florida, residents must be 18 years of age or older with no felony record. New residents may register immediately upon moving to Florida, although registration books are closed 30 days prior to any election. To register, you must show proof of residency.

#### State & County Taxes

Florida has no personal state income tax or inheritance tax. There is a corporate tax and a retail sales tax of 6 percent. Bay County has a 1 percent county tax, and the surrounding area counties tax structure ranges from 1/2 to 1 percent. Ad valorem (real estate) taxes combine city, county, and school district levies, plus special assessments. These taxes are based on 100% of the assessed value of real and tangible personal property.

Florida's Homestead Exemption Certification saves homeowners taxes on the first \$25,000 of assessed value. (Also see Regulations; Vehicle and Boat.)

<b>Name:</b> Bay County Chamber of Commerce
<b>Address:</b> 235 W. 5th Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-785-5206
<b>WWW Link:</b> <a href="http://www.panamacity.org">http://www.panamacity.org</a>

<b>Name:</b> Bay County Courthouse
<b>POC:</b> Clerk of Circuit Court
<b>Address:</b> Bay County Courthouse, Rm 101, 300 E. 4th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 747-5106
<b>FAX:</b> (850) 747-5199
<b>WWW Link:</b> <a href="http://www.baycoclerk.com/">http://www.baycoclerk.com/</a>
<b>Comments:</b> Hours: 0800-1630 Mon-Fri

<b>Name:</b> Driver's License (Florida)
<b>POC:</b> Division of Vehicle Driver's License
<b>Address:</b> 5420 N. Lakewood Drive
<b>City:</b> Parker, FL 32404
<b>Phone:</b> (850) 872-4486
<b>WWW Link:</b> <a href="http://www.hsmv.state.fl.us/html/dlnew.html">http://www.hsmv.state.fl.us/html/dlnew.html</a>
<b>Comments:</b> Hours: 0700-1800 Tue-Fri (Appointments preferred)

<b>Name:</b> Fishing/Hunting License (State)
<b>POC:</b> Bay County Tax Collector
<b>Address:</b> 648 Mulberry Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-4090
<b>FAX:</b> (850) 784-6180
<b>WWW Link:</b> <a href="http://www.state.fl.us/gfc/">http://www.state.fl.us/gfc/</a>
<b>Comments:</b> Hours: 0800-1700 Mon-Fri

<b>Name:</b> Florida Vehicle/Boat Registration (Main Branch)
<b>POC:</b> Bay County Tax Collector: Peggy Brannon
<b>Address:</b> 648 Mulberry Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-4090
<b>FAX:</b> (850) 784-6180
<b>Comments:</b> MAIN Branch.....: 0800-1700 Mon-Fri  PARKER Branch.....: 6416 N. Lakewood Drive City.....: Parker Zip.....: 32404 Telephone.....: (850) 874-4654 Hours.....: 0830-1700 Mon-Fri  BEACH Branch.....: 104 S. Arnold Road City.....: Panama City Beach Zip.....: 32413 Telephone.....: (850) 233-5035 Fax.....: (850) 233-5038 Hours.....: 0800-1600 Mon-Fri

<b>Name:</b> Official Website of Bay County
<b>WWW Link:</b> <a href="http://www.bocc.co.bay.fl.us">http://www.bocc.co.bay.fl.us</a>

<b>Name:</b> Panama City Beach Convention & Visitors Bureau
<b>POC:</b> Information Operator
<b>Address:</b> 12015 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 233-6503 (locally) 1-800-PC-BEACH
<b>FAX:</b> (850) 233-5072
<b>WWW Link:</b> <a href="http://www.800pcbeach.com/">http://www.800pcbeach.com/</a>
<b>Proximity to site:</b> 10 minutes
<b>Comments:</b> As you plan to relocate to the Bay County area, you can obtain information on attractions and events from the Panama City Beach Convention & Visitors Bureau.

<b>Name:</b> Panama City Beaches Chamber of Commerce
<b>Address:</b> 415 Beckrich Rd, Suite 200
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-235-1159
<b>WWW Link:</b> <a href="http://www.pcbeach.org">http://www.pcbeach.org</a>

<b>Name:</b> Voter Registration
<b>POC:</b> Bay County Supervisor of Elections
<b>Address:</b> Bay County Courthouse, Rm 112, 300 E. 4th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-6100
<b>FAX:</b> (850) 784-6141
<b>WWW Link:</b> <a href="http://election.dos.state.fl.us">http://election.dos.state.fl.us</a>
<b>Comments:</b> Hours: 0800-1630 Mon-Fri

<b>Name:</b> WFSU TV Channel 11 - PBS
<b>WWW Link:</b> <a href="http://www.wfsu.org/broadcasting-tv.htm">http://www.wfsu.org/broadcasting-tv.htm</a>

<b>Name:</b> WJHG TV Channel 7 - NBC
<b>Address:</b> Front Beach Road
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-1977
<b>WWW Link:</b> <a href="http://www.wjhg.com">http://www.wjhg.com</a>

<b>Name:</b> WMBB TV Channel 13 - ABC
<b>Address:</b> 613 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-2313
<b>WWW Link:</b> <a href="http://www.wmbb.com">http://www.wmbb.com</a>

<b>Name:</b> WTVY TV Channel 4 - CBS
<b>Address:</b> 233 Southwood Dr.
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-763-6245

## Time Zone Chart

Local time zone..... : Central

Time difference from this zone:

Eastern..... : +1 hour

Mountain..... : -1 hour

Pacific..... : -2 hours

Greenwich (UK)..... : +6 hours

Central European (Germany)... : +7 hours

East Asia (Japan)..... : +15 hours

## Time Zone Chart

<i>Location</i>	<i>Adjustment for GMT</i>
Pacific	-8
Mountain	-7
Central	-6
Eastern	-5
Greenwich (United Kingdom)	0
Central European (Germany)	1
East Asia (Japan)	9

## Climate

Average Summer Mean Temperature 88 degrees  
 Average Winter Mean Temperature 55 degrees  
 Annual Precipitation 55.5 inches

Year-round temperatures are generally mild and pleasant. Summers are hot and humid, especially July and August. The annual mean average temperature is 69 degrees.

Hurricane season runs from June 1 through November 30. Winter temperatures average 55.6 degrees.

## Climate

<i>Month</i>	<i>High</i>	<i>Low</i>	<i>Humidity</i>	<i>Precipitation</i>
January	62	45	59.8	4.11
February	64	48	60.4	3.90
March	69	54	60.2	5.29
April	76	60	58.5	3.95
May	82	67	63.5	2.86
June	87	74	69.0	5.00
July	88	76	72.5	8.21
August	89	76	69.4	6.98
September	86	72	62.6	5.68
October	80	62	56.2	3.06
November	71	53	50.3	3.19
December	64	47	59.4	3.82

## Events Calendar

Panama City and Panama City Beach have many fun and interesting events throughout the year to participate in or just be a spectator--many of which are free! The following is a sampling of "happenings."

NOTE: Please note calendar of events is dependent on availability of activities. Please check with the each event sponsor for dates and times.

JANUARY - MARCH \*Ongoing performances at the Gulf Coast Community College Theatre, Bay Arts Alliance, Martin Theatre, Kaleidoscope Theater, etc.

APRIL \*Glass Works - Invitation Exhibit \*Visual Arts Center of NWFL-ongoing art shows throughout the year \*Concert Choir Spring Concert at Gulf Coast

Community College \*Annual Cobia Fishing Tournament

MAY \*Annual Gulf Coast Triathlon \*Annual Spring Festival of the Arts \*Concerts in the Park (May thru August) \*Blast to the Past Antique Classic Car Show \*Invitational Golf Tournament \*Bike Rodeo

JUNE \*Annual Jazz Festival at McKenzie Park \*Concerts in the Park \*Take a Kid Fishing Tournament \*Annual Panama City Dive Club Treasure Hunt \*Bay Point Clay Court Adult Tennis Championships

JULY \*4th of July Celebration, Parade, Boat Parade & fireworks at: a variety of locations in Panama City & Panama City Beach \*Annual Bay Point Invitational Billfish Tournament \*Concerts in the

Park \*Junior Tennis Championships \*Annual Shark Tournament \*Various 5K & 10K Runs

AUGUST \*Wave Runner Race \*Concerts in the Park \*Annual Bay Arts & Crafts Show

SEPTEMBER \*Annual Panama City Beach Fishing Classic \*Annual Treasure Island King Mackerel Tournament \*Automotive Extravaganza \*Annual Autumn Tennis Classic \*Bay County Fair

OCTOBER \*Oktoberfest (Downtown) \*Bay County Fair \*Annual Indian Summer Seafood Festival \*Annual Panama City Open Spearfishing Tournament \*Annual Kidfest

NOVEMBER \*Youth Appreciation Week \*Environmental & Historical Arts & Crafts Festival \*Boat Parade of Lights (St. Andrews Marina) \*Thanksgiving Arts & Crafts Fair

DECEMBER \*Annual Holly Arts & Crafts Fair \*Christmas Parade \*Holiday 10K Run \*Beaches Christmas Parade \*Christmas Parade of Lights (Boat Parade)

<b>Name:</b> Bay Chamber of Commerce
<b>Phone:</b> 850-785-5206
<b>WWW Link:</b> <a href="http://www.panamacity.org">http://www.panamacity.org</a>

<b>Name:</b> CSS Career development & Resource Center
<b>Phone:</b> 235-5800

<b>Name:</b> Panama City Beach Convention & Visitors Bureau
<b>Phone:</b> 233-6503
<b>WWW Link:</b> <a href="http://www.800pcbeach.com/">http://www.800pcbeach.com/</a>

## Cultural Attractions

### BAY ARTS ALLIANCE

This active cultural organization was formed in 1978 by a group of energetic, culturally-minded citizens desiring to establish an umbrella agency for the arts in Bay County. The promotion of the arts through education and entertainment is an ongoing commitment of the more than 500 individuals who comprise the membership of Bay Arts Alliance.

This local arts agency for Bay County is also the management company for the Marina Civic Center and is Bay County's link to the Division of Cultural Affairs of the State of Florida's Department of State.

With 30 local cultural and community organizations as affiliate members, the responsibilities of Bay Arts Alliance have indeed grown rapidly in the last decade. It provides members and member organizations with services that include the award winning Bay Arts & Entertainment Magazine (published quarterly with a comprehensive calendar of cultural events), copying and other office services, as well as information and referral services. Areas for special assistance include marketing, box office services, programming, and grant writing.

Since 1978, Bay Arts Alliance has served as the overall agency for dozens of unique arts organizations. Bay County's flourishing arts community includes:

Panama City Music Association, Panhandle Writer's Guild, Junior Museum-The Adventure Place, Kaleidoscope Theater, Children's Kaleidoscope Theater, Northwest Florida Ballet, Visual Arts Center of Northwest Florida, and many more.

The Alliance has sponsored stellar performances of Cats, the Bolshoi Ballet, Alvin Ailey Dance Theater, David Copperfield, the Royal Lippazzaners, other Broadway productions, as well as big bands, and giant puppet shows. Ongoing projects of the Alliance include presentations of many events to area schools, drama workshops for young people, and an annual Concerts in the Park series presented in conjunction with a corporate sponsor.

Membership is open to all, and interested persons or businesses should call the Alliance at 769-1217. Bay Arts Alliance is governed by a volunteer Board of Directors dedicated to the expansion of cultural opportunities for the area in all the arts.

### MARTIN THEATRE

The Martin Theatre has been a landmark in Panama City since 1936, when it first opened as the Ritz Theater, hosting movies, vaudeville acts, and talent shows. Early memories boast visits by such notables as Clark Gable, Constance Bennett, Michael O'Shea, William Boyd, and cowboy great Bill Elliot. In the early 1950's, the Ritz chain was bought and renovated by the Martin family. The old Ritz marquee was replaced with the one now gracing the facade of the building, and the cinema operated as the Martin Theatre until 1978.

Left vacant and deteriorating, the theatre was operated for a short time as a shooting gallery. In

1987, the Panama City Downtown Improvement Board (DIB) bought the vacant building. The DIB, with funding from the state, completely renovated the facility, turning it into the state-of-the-art theatre that we have today. The Martin Theatre opened its doors for the second time in November 1990 as a live performance venue.

Today, with a seating capacity of 450, the Martin Theatre is a center for cultural activity in the Bay County area. It houses the Greenroom, a 1500 square foot reception and meeting room which is rented frequently for wedding receptions, birthday parties, and art exhibits - as well as business meetings. The auditorium is rented by high school drama departments and churches for dance and music recitals, for concerts, etc.

Watch us this year as we begin our renovation next door. Wing space and new lighting and sound equipment will be added late this summer. The expansion also includes plans for a scene shop, rehearsal space, and offices to enable us to expand our MET program and provide room for a gift shop. The top floor will house a unique reception area of approximately 4000 square feet and will have a view of the bay. Fund-raising for this project is on-going.

We have established two seasons which are sold as either season or individual tickets:

1. The Martin Theatre Presents...series consists of four touring shows, scheduled to cater to our snowbird audience. We also offer a Marquee membership which entitles the member to hors d'oeuvres and cocktails before each Presents...show. For the 2001-02 season, our attractions are the St. Louis Brass on Jan 12, Manhattan Rhythm Kings on Feb 10, A Tribute to Red Skelton on Feb 21, and Bill Haley's Comments on March 2.

2. The Martin Ensemble Theatre (MET) series is a season of 4-6 plays produced by the Martin Theatre. Each production runs for two weekends with a complimentary Champagne and Desserts Reception on opening nights and 2 for 1 adult ticket prices on the Thursday evening show. On the intervening weekdays, we offer daytime school performances, serving 8 counties in northwest Florida. The schools are provided with comprehensive study guides for each show. The 2001-02 season shows and dates are Steel Magnolias on Sept 19-29, Alien Voices on Oct. 26-28, Sylvia on Nov. 16-24, Uh-Oh Here Comes Christmas on Dec. 14-16, Twelfth Night on Jan. 25 - Feb. 2, and Diary of Anne Frank on Apr. 19-27.

3. We also present special events throughout the year, and this year we have Honky Tonk Angels on Oct. 15, 2001 and An Evening with Groucho...on Apr. 5, 2002.

With the help of our patrons and sponsors, we continue to grow with one goal in mind - to offer our community the highest quality of entertainment to be found anywhere!

#### KALEIDOSCOPE THEATER

Local theater group that performs original and adaptations of stage plays. Children's Kaleidoscope offers plays specifically geared for children to entertain and introduce them into the cultural aspects of theater.

#### VISUAL ARTS CENTER OF NORTHWEST FLORIDA

The Visual Arts Center is an art museum and school serving a seven-county region of the Florida Panhandle. The Center hosts exhibits featuring local, regional and national works of art in its three galleries. In the classrooms, local artists teach studio courses for students of all ages and skill levels. Two monthly lecture series provide information on both the history of art and new developments in the field. Admission is free, with donations requested to support exhibits and educational programming.

#### JUNIOR MUSEUM - THE ADVENTURE PLACE

Provides young people with opportunities to hear, see, feel, and participate in science, arts, and nature through exhibits, concerts, Star Lab (a portable planetarium), classes, and traveling displays. A nature trail winds through hammocks, and a pioneer village, complete with log cabin and barn to give a look at turn-of-the-century Florida.

#### MUSEUM OF MAN IN THE SEA

This unique museum and educational facility is supported by a nationwide membership. Here one can view the Navy's SeaLab I, antique diving equipment and SCUBA gear, plus see films and literature from the museum's library.

#### EDEN STATE GARDENS

A short drive from Panama City Beach, Eden State Gardens overlooks Choctawhatchee Bay. Here are beautifully landscaped ornamental gardens and a restored antebellum mansion on the grounds.

#### GULF COAST COMMUNITY COLLEGE

The Division of Visual and Performing Arts at the college offers programs in art, music, dance and theatre. College productions in music and theatre are offered in the fall and spring semesters.

<b>Name:</b> Bay Arts Alliance
<b>Address:</b> 8 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 769-1217
<b>FAX:</b> (850) 785-5165
<b>Proximity to site:</b> 4.5 miles
<b>Comments:</b> Provides the community with a variety of outstanding professional entertainment.

<b>Name:</b> Eden State Gardens
<b>Address:</b> Highway 395 (off U.S. 98 West)
<b>City:</b> Point Washington, FL 35601
<b>Phone:</b> (850) 231-4214
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.floridaparks.com/edengardens.htm">http://www.floridaparks.com/edengardens.htm</a>
<b>Proximity to site:</b> 25 miles
<b>Comments:</b> Hours: 0800-Sunset  This park has a mansion originally built in the 1890's that has been restored as a Southern Antebellum Mansion. Tours of the mansion are everyday except Tuesdays and Wednesdays from 9:00 am until 4:00 pm. Cost of tours \$1.50/.50 kids.

<b>Name:</b> Gulf Coast Community College Performing Arts
<b>Address:</b> 5230 Highway 98
<b>City:</b> Panama City, FL 32407
<b>Phone:</b> (850) 872-3886
<b>FAX:</b> None
<b>Proximity to site:</b> 1 mile
<b>Comments:</b> This is our Community College "Little Theater."

<b>Name:</b> Junior Museum-The Adventure Place
<b>Address:</b> 1731 Jenks Avenue North
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 769-6128
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.jrmuseum.org/scripts/index.asp">http://www.jrmuseum.org/scripts/index.asp</a>
<b>Proximity to site:</b> 6 miles
<b>Comments:</b> Hours: 0900-1630 Mon-Fri 1000-1600 Sat Closed Sunday & Holidays

<b>Name:</b> Kaleidoscope Theater
<b>Address:</b> 207 E. 24th Street
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> (850) 265-3757
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.kt-online.org/">http://www.kt-online.org/</a>
<b>Proximity to site:</b> 7 miles
<b>Comments:</b> This is our local "Little Theater." For reservations call (850)265-3226.

<b>Name:</b> Martin Theatre
<b>Address:</b> 409 Harrison Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-763-8080
<b>WWW Link:</b> <a href="http://www.martintheatre.com">http://www.martintheatre.com</a>
<b>Comments:</b> The Martin Theatre is a center for cultural activity in Bay County. It seats 469 and is the single largest presenter in the Bay County Area.

<b>Name:</b> Museum of Man in the Sea
<b>Address:</b> 17314 Back Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 235-4101
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.diveweb.com/iod/mmits.html">http://www.diveweb.com/iod/mmits.html</a>
<b>Proximity to site:</b> 15 minutes
<b>Comments:</b> Hours: 0900-1700 daily

<b>Name:</b> Visual Arts Center
<b>Address:</b> 19 East 4th Street (at Harrison Avenue)
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 769-4451
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://visualartscenter.org/">http://visualartscenter.org/</a>
<b>Proximity to site:</b> 7 miles
<b>Comments:</b> Hours: Tue-Sat 0900-1600 Thu 0900-2000 Closed Sunday, Monday & Holidays

## Recreation Opportunities

### PANAMA CITY BEACH

The biggest attraction for Panama City-Bay County is the more than 27 miles of emerald green waters and snow-white sand. Boating, camping, fishing, island-hopping, snorkeling, scuba diving, parasailing, jetskiing, windsurfing, sailing, shell collecting, or wading in the surf, all await the beach goer. You can see two of Florida's top ten attractions, along with excellent seafood restaurants and night time entertainment, mini-golf and 18-hole championship golf courses, unsurpassed natural beauty, greyhound racing, and dinner cruises.

Playful bottlenose dolphin may be sighted at any time of the year. Dolphin-encounter cruises and the dolphin petting pool allow visitors an opportunity to meet these friendly "clowns of the sea" in their natural habitat.

Bird lovers will be thrilled by a never-ending variety of beautiful waterfowl. Local citizens dedicated a small artificial island named Audubon Island to the preservation of some of the Coast's more fragile species.

Mild temperatures here produce a wide variety of lush tropical and sub-tropical vegetation. The most important being the sea oats. Sea oats help prevent beach erosion and are protected by law from being cut.

Panama City Beach and a large variety of its events and activities are family oriented.

### ST. ANDREWS STATE RECREATION AREA

St. Andrews State Recreation Area is 1,063 acres of beaches, windswept dunes, pine flatwoods, sand pine scrub, salt and freshwater marshes--much of it preserved in a natural state. From a winding nature

trail, alligators, wading birds, deer, raccoons, and other small animals are often sighted. Shell Island, part of the park, is accessible only by boat. Beautiful, unspoiled scenery remains here in quiet isolation. There is evidence of an early Native American encampment. Visitors to the park's clean, white sand beaches and shady wooded areas also enjoy watersports, bicycling, birdwatching, nature walks, and touring a reconstructed turpentine "still," a relic from the turn of the century. Bounded by the Gulf of Mexico, St. Andrews Bay, and Grand Lagoon, the park's main attraction is fishing. A 450-foot long pier and jetties on the Gulf side of the park put fisherman in the middle of the action.

The park's jetties on the bay side is a very popular location for swimming, playing, and snorkeling.

### COUNTY, CITY, AND COMMUNITY PARKS

The Panama City and Bay County recreation departments maintain more than 50 facilities ranging from undeveloped natural settings to large recreational complexes. For a complete list of neighborhood/community/nature parks, call the Career Development & Resource Center at (850) 235-5800, the County or City Recreation Departments, or the Chamber of Commerce (850) 785-5206.

### GOLF

Golfers enjoy this game year-round; on a few days are too cold or windy to play. Area courses listed below offer challenges for novices and pros alike:

Bay Point Country Club	(850) 235-6909
Edgewater Golf Course	(850) 235-7324
Holiday Golf and Tennis Club	(850) 234-1800
Hombre Golf Course	(850) 234-3673
Panama Country Club	(850) 265-2911
Bay Dunes	(850) 872-7902/872-1667
Sandy Creek Golf Course	(850) 871-2673
Signal Hill Golf Course	(850) 234-5051
Sunny Hills Golf Course	(850) 773-3619 (In FL 1-800-956-4555)
Tyndall/Pelican Point Golf	(850) 283-2565

Additionally along the Gulf Coast, Panama City Beach is known for its number of elaborate miniature golf courses. Adults as well as children enjoy the challenge - and especially the creative architecture. Caves, waterfalls, bridges, wild animals, and pirates are all part of the fantasy settings. These and other fantastic looking, modern layouts are not only imaginative but also well-kept. Best of all, they have

an appeal that is pure fun for old-fashioned family outings. See the Southern Bell Yellow Pages under Golf Courses - Miniature.

#### WATER SPORTS AND FISHING

The sparkling Gulf of Mexico and freshwater lakes near Panama City offer superb challenges to the dedicated angler. From delicious Speckled Trout and Grouper to sport fish such as Tarpon and Marlin, the saltwater variety is practically unlimited. Rivers and lakes are home to the legendary Largemouth Bass and Catfish, among others. For sunning, bathing, biking, and just plain relaxing, Panama City beaches are some of the most beautiful in the world. Another very popular pastime is scuba diving in the Gulf of Mexico as well as crystal-clear freshwater springs.

#### EBRO GREYHOUND PARK

Features live greyhound racing from spring through the fall and simulcast thoroughbred racing during the off-season.

#### EDEN STATE GARDENS

A short drive from Panama City Beach, Eden State Gardens overlooks Choctawhatchee Bay. Here are beautifully landscaped ornamental gardens and a restored late 1800's Greek Revival Manor. The rooms are furnished with pieces from many periods, some dating to the 1700s. The white-columned mansion stands under a canopy of huge moss-draped live oaks and is surrounded with azalea and camellia gardens.

#### GULF WORLD MARINE PARK

At Gulf World, visitors walk through tropical gardens and see continuously running shows that include dolphins, sea lions, parrots and a scuba demonstration. Take a walk through the shark tank, visit the dolphin petting pool and see such other animals as sea turtles, penguins, alligators and ducks.

#### MRACLE STRIP AMUSEMENT PARK AND SHIPWRECK ISLAND WATER PARK

This family-oriented park features more than 30 rides and attractions, an arcade, entertainment and numerous food concessions. Among the feature rides are a 2,000-foot-long roller coaster and the 40-foot high "Sea Dragon," reminiscent of a Viking Ship, which rocks passengers up to 70 feet in the air.

Shipwreck Water Park is a six-acre watersports park that features rides, waterslides, a wave pool, games, a children's area, picnic areas, sun decks and food outlets.

#### OCEAN OPRY

Ocean Opry is a 1,000-seat theatre featuring family entertainment, including country, western, rock 'n roll, bluegrass and gospel. A new addition is also being planned.

#### ZOO WORLD

A zoological and botanical park, Zoo World has more than 350 animals and 15 endangered species, along with plants from all over the world. Orangutans, lions, a sumatran tiger, alligators, jaguars, camels, peacocks, exotic birds, bears, reptiles and a variety of monkeys are all part of the entertaining and educational experience at the zoo. A special hands-on experience is offered little ones at the Gentle Jungle Petting Zoo. Zoo World is also a botanical garden with more than 250 species of plants and trees.

<b>Name:</b> Bay County Parks and Recreation
<b>POC:</b> Information Operator
<b>Address:</b> 225 McKensy Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-4065
<b>FAX:</b> (850) 784-6151
<b>Proximity to site:</b> 6 miles
<b>Comments:</b> Hours: 0730-1600 Mon-Fri

<b>Name:</b> Coconut Creek Gran Maze
<b>POC:</b> Information Operator
<b>Address:</b> 9807 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 235-2625
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.coconutcreekfun.com">http://www.coconutcreekfun.com</a>
<b>Proximity to site:</b> 20 mins.
<b>Comments:</b> Spanning the length of a football field, Gran Maze is the first human-size maze in the country.



<b>Name:</b> Ebro Greyhound Park
<b>POC:</b> Manager
<b>Address:</b> Highway 79 (approx. 15 mins. north of P.C. Beach)
<b>City:</b> Ebro, FL 32437
<b>Phone:</b> (850) 234-3943
<b>FAX:</b> (850) 535-4442
<b>Proximity to site:</b> 30 minutes
<b>Comments:</b> In addition to the Dog Racing, you may enjoy a great dinner in the air conditioned dining room.  Racing Hours: Mon-Sat - 1930 Wed & Sat Matinee - 1230

<b>Name:</b> Eden State Gardens
<b>POC:</b> Information Operator
<b>Address:</b> Highway 395 (U.S. 98 West of PC beach)
<b>City:</b> Point Washington, FL 34421
<b>Phone:</b> (850) 231-4214
<b>FAX:</b> None
<b>Proximity to site:</b> Approximately 40 minutes
<b>Comments:</b> Gardens are open daily 0800 to Sunset. Mansion open for guided tours 0900-1600 Daily except Tue & Wed

<b>Name:</b> Gulf World Marine Park
<b>Address:</b> 15412 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 234-5271
<b>FAX:</b> None
<b>Proximity to site:</b> 20 minutes
<b>Comments:</b> Hours: 0900-1500 during Summer After Memorial Day: 0900-1900

<b>Name:</b> Miracle Strip Amusement Park/Shipwreck Island Water Park
<b>POC:</b> Information Operator
<b>Address:</b> 12000 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 234-5810 and (850) 234-0368
<b>FAX:</b> None
<b>WWW Link:</b> <a href="http://www.miraclestrippark.com">http://www.miraclestrippark.com</a>
<b>Proximity to site:</b> 6 miles
<b>Comments:</b> Miracle Strip park is open March through Labor Day.

<b>Name:</b> Museum of Man in the Sea
<b>POC:</b> Manager
<b>Address:</b> 17314 Panama City Beach Parkway (Back Beach Road)
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 235-4101
<b>FAX:</b> None
<b>Proximity to site:</b> 10 miles
<b>Comments:</b> Open daily: 0900-1700

<b>Name:</b> Ocean Opry
<b>POC:</b> Information Operator
<b>Address:</b> 8400 Front Beach Road
<b>City:</b> Panama City, FL 32407
<b>Phone:</b> (850) 234-5464
<b>FAX:</b> None
<b>Proximity to site:</b> 1.5 miles
<b>Comments:</b> Open year-round.

<b>Name:</b> Panama City Beach Convention & Visitors Bureau
<b>POC:</b> Information Operator
<b>Address:</b> 12015 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 233-6503 or 1-800-PC-BEACH (722-3224)
<b>FAX:</b> (850) 233-5072
<b>WWW Link:</b> <a href="http://www.800pcbeach.org">http://www.800pcbeach.org</a>
<b>Proximity to site:</b> 5 minutes
<b>Comments:</b> The Visitors Bureau can give you more detailed information on our recreational opportunities.

<b>Name:</b> Panama City Parks and Recreation Department
<b>POC:</b> Manager
<b>Address:</b> 1900 W. 11th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 872-3199
<b>FAX:</b> (850) 872-3078
<b>Proximity to site:</b> 6 miles

<b>Name:</b> Shipwreck Water Park
<b>WWW Link:</b> <a href="http://www.shipwreckisland.com">http://www.shipwreckisland.com</a>
<b>Comments:</b> Shipwreck Water Park is open seasonally April through Labor Day.

<b>Name:</b> St. Andrews State Recreational Area
<b>POC:</b> Information Operator
<b>Address:</b> 4607 State Park Lane
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 233-5140
<b>FAX:</b> None
<b>Proximity to site:</b> 1.5 miles (& 3.5 miles east of PC Beach)
<b>Comments:</b> Hours: 0800 till sunset (daily)

<b>Name:</b> Zoo World
<b>POC:</b> Information Operator
<b>Address:</b> 9008 West U.S. Hwy 98A (Front Beach Road )
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> (850) 230-1243
<b>FAX:</b> None
<b>Proximity to site:</b> 1.5 miles
<b>Comments:</b> Open daily year-round, 0900 to dusk, with extended summer hours.

## Military Related and Civic Organizations

The Bay County/Panama City area has over 200 clubs and civic organizations. For a list of these organizations, call the Bay County Chamber of Commerce (850) 785-5206, or the CSS Family Transition Office (850)235-5800/DSN 436-5800.

<b>Name:</b> American Legion Post 356
<b>POC:</b> Manager
<b>Address:</b> 1702 Ohio Avenue
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> (850) 271-3558
<b>FAX:</b> None
<b>Proximity to site:</b> 7 miles
<b>Comments:</b> Call for schedule of social events and meetings.

<b>Name:</b> American Legion Post 66
<b>POC:</b> Manager
<b>Address:</b> 2230 E. 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 769-2645
<b>FAX:</b> None
<b>Proximity to site:</b> 5 miles
<b>Comments:</b> Call for schedule of social events and meetings.

<b>Name:</b> American Red Cross - Central Panhandle Chapter
<b>POC:</b> Manager
<b>Address:</b> 430 E. 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 763-6487
<b>FAX:</b> None
<b>Proximity to site:</b> 12 miles
<b>Comments:</b> Offers a variety of volunteer opportunities.

<b>Name:</b> Bay County Veterans Services Division
<b>POC:</b> Manager
<b>Address:</b> 647 Jenks Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-4044
<b>FAX:</b> (850) 784-6181
<b>Proximity to site:</b> 7 miles
<b>Comments:</b> Hours: 0730-1630 Can provide certificates of eligibility for VA Home Loans.

<b>Name:</b> Elks Home Lodge No. 1598
<b>POC:</b> Manager
<b>Address:</b> 101 W. Beach Drive
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 768-1598
<b>FAX:</b> None
<b>Proximity to site:</b> 5 minutes
<b>Comments:</b> Call for schedule of social events and meetings.

<b>Name:</b> Fleet Reserve Association, Branch 346
<b>POC:</b> Manager
<b>Address:</b> 2117 Wilkinson Street
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> (850) 234-5521
<b>FAX:</b> None
<b>Proximity to site:</b> 5 minutes
<b>Comments:</b> Call for a schedule of social events and meetings.

<b>Name:</b> Knights of Columbus
<b>POC:</b> Manager
<b>Address:</b> 4820 N. Lakewood Drive
<b>City:</b> Parker, FL 32404
<b>Phone:</b> (850) 785-4792
<b>FAX:</b> None
<b>Proximity to site:</b> 25 minutes
<b>Comments:</b> Call for a schedule of social events and meetings.

## Shopping

Whether you are a discriminating individual or a family in search of entertainment, Bay County offers a variety of unique shopping experiences. From discount outlets to lavish fashion and gift stores, our community can meet all of your shopping needs and desires.

Shopping areas are scattered throughout the Bay County area. No matter where you are, you're no more than a 15-minute drive from one of Bay County's many shopping districts. Grocery, furniture, appliance stores, and automobile and marine dealerships literally thrive in our area.

The traditional shopper will enjoy the convenience and selection of the newly renovated Panama City Mall. A fully-enclosed shopping center, Panama City Mall boasts ample parking and over 100 stores, shops, cinemas, and eateries.

There are also interesting and unique shops in the St. Andrews community, Panama City Downtown Shopping District, Coranada Village on 23rd Street, and various shopping districts on Panama City Beach, and suburbs of Lynn Haven, Springfield, and Callaway. About 60 miles north of Panama City (Highway 77) you will find the Factory Outlets Mall in Graceville, FL.

In our neighboring city of San Destin (about 40 miles west on Highway 98 from CSS) you will find a new Outlet Shopping Mall, Silversands, with many designer and brand name stores.

For a complete list of shopping areas/centers located throughout Bay County, call the Bay County Chamber of Commerce at (850) 785-5206 or the CSS Career Development & Resource Center at (850) 235-5800/DSN 436-5800.

## State and Community Social Service Agencies

A complete listing (address, phone number and detailed information) of State and County Social Service Agencies and support groups is available at the CSS , Career Development & Resource Center (CDRC) Bldg. 304, (850) 235-5800 (DSN 436). These agencies include, but are not limited to:

- Alcoholics Anonymous - American Cancer & Heart Associations, Leukemia Society, etc. - AMVETS - BASIC - Children/Youth (Before & After School Enrichment, Boy & Girl Scouts, 4-H, Childcare Resource and Referral, Children's free clinic, Teen

Pregnancy/Parenting Program, etc.) - Chemical Addictions & Recovery - Council on Aging & Eldercare (if you have an elderly parent or family member living with you) - Domestic Violence - Family Service Agency - Healty & Rehabilitative Services - Literacy Programs (Adult, GED, English as a Second language, etc.) - Low Income Home Energy Assistance Program - Mental Health Association - Rescue Mission, Salvation Army, Goodwill, etc. - Volunteer Services - WIC (Special Supplemental Feeding Program for Women, Infants, and Children)

## Non-Profit Social Service Agencies

A complete listing (address, phone number and detailed information) of Non-Profit Social Service Agencies is available at the CSS Career Development & Resource Center (CDRC), Bldg. 304, (850) 235-5800/DSN 436-5800.

## Religious Activities

The CSS Chaplain and staff extend a most cordial invitation to the station community to share and participate in spiritual benefits and activities. The SEASHORE CHAPEL has Protestant Divine Services each Sunday, 0930, Building 304. Special Services such as Angelican Holy Communion and Catholic Mass are frequently offered. Everyone is invited. The Chaplain sponsors two weekly lunchtime Bible Studies and two evening Bible Studies which are non-demonational and offer valuable fellowship.

The Bay County area has over 200 houses of worship in a broad spectrum of religious denominations as indicated below. You may call the Career Development & Resource Center at (850) 235-5800/DSN 436-5800 or the Bay County Chamber of Commerce at (850) 785-5206 for a list.

Sample of Area Denominations:

Advent Christian, African Methodist, Angelican, Apostolic Pentecostal, Assemblies of God, Baptist (various), Catholic, Christian, Church of Christ, Church of God, Episcopal, Full Gospel, Greek Orthodox, Interdenominational, Latter Day Saints, Lutheran, Methodist, Non-Denominational, Pentecostal, Presbyterian, Seventh Day Adventist, Synagogues, Unitarian, Wesleyan and many more.

<b>Name:</b> Chaplain Office
<b>Address:</b> Bldg. 304, 6703 W. Hwy. 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4487
<b>DSN Phone:</b> 436-4487
<b>Proximity to site:</b> onsite
<b>Comments:</b> Also see under Support Services; Chapel Services & Programs.

## Community Transportation

BAY TOWN TROLLEY 1021 Massalina Drive  
Panama City FL 32401 (850) 769-0557

Are you looking for a fun, inexpensive way to get around town? Whether your destination is work, shopping, or a day at the beach, the Trolleys will get you there on time in climate-controlled comfort. They cover Bay County Mon-Fri and only cost 50 cents! All Trolleys are equipped with bicycle racks and wheel-chair lifts. You may pick up a time schedule at your CSS Family Transition Office, Bldg. 304.

BAY COORDINATED TRANSPORTATION 1021  
Massalina Drive Panama City FL 32401 (850) 785-0808

Bus Transportation for life support reasons at \$1.00 one way. Life support reasons include:

- employment - college/vocational schools - food stamps office - doctor's appointments - Housing Authority - pharmacy (for prescriptions pickups)

PANAMA CITY-BAY COUNTY  
INTERNATIONAL AIRPORT

Located approximately 5 miles from CSS. The Panama City-Bay County International Airport has served the citizens of Bay County and the surrounding region since 1946. Throughout the years the community, and the demands for an international airport grew. In February 1995 operations in the new 55,000 square foot terminal building began. A distinctive green roof caps the terminal's coastal contemporary architecture, capturing the essence of Florida's Golf Coast. The award winning terminal hosts a spacious atrium departure lounge with six gates, ample seating and a panoramic view of the air field. The main concourse offers a first class gift shop, restaurant and lounge for the comfort and convenience of passengers. The Airport's designation as an international airport and a foreign trade zone

facilitates the movement of travelers and freight through Bay County to the world. The Airport is conveniently located 4 miles north of downtown Panama City, and approximately 10 minutes from The World's Most Beautiful Beaches. The Airport is centrally located in Florida's panhandle, 300 miles from Atlanta, Birmingham, Jacksonville, New Orleans, and Orlando, making the Panama City-Bay County International Airport ideal for international business.

In 1996, Panama City-Bay County International Airport hosted a total of 109,323 aircraft operations: 81,690 general aviation, 22,255 air carrier and 5,378 military operations. The new terminal facility saw the throughput of 301,806 passengers to 3 regional airlines with service to Atlanta, Memphis, Orlando, Tampa and the world. Regional passenger and freight traffic was increased over 1995, and continued growth is forecast.

Atlantic Southeast Airlines 1-800-282-3424 service to and from Atlanta  
Northwest Airlink 1-800-225-2525 service to and from Memphis  
US Airways Express 1-800-428-4322 service to and from Orlando, Tampa, Ft. Walton Beach

## GREYHOUND BUS LINES

Greyhound line provides nationwide bus transportation. Greyhound Bus Lines has four buses per day to and from Atlanta, Georgia; also connections through Mobile, Alabama; Tallahassee and Jacksonville, Florida.

## PASSENGER TRAIN SERVICE

AMTRAK's "Sunset Limited" provides passenger train service from Chipley, Florida (approximately 40 miles from Panama City), going west to Los Angeles, east to Jacksonville and south to Miami, Florida.

## COMMERCIAL TRAVEL OFFICE (CTO)

The CTO provides services for both official government, civilian, and personal travel arrangements, including hotel and rental cars, reservations, etc. Call (850) 234-4545 for travel information and assistance.

<b>Name:</b> AAA Car Rental
<b>Phone:</b> 1-877-828-2258

<b>Name:</b> AMTRAK
<b>City:</b> Chipley, FL
<b>Phone:</b> 800-872-7245
<b>WWW Link:</b> <a href="http://www.amtrak.com">http://www.amtrak.com</a>
<b>Proximity to site:</b> 40 miles north of Panama City

<b>Name:</b> Avis Rent A Car
<b>Address:</b> Panama City Airport
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-1411/1-800-831-2843
<b>WWW Link:</b> <a href="http://www.avis.com">http://www.avis.com</a>

<b>Name:</b> Bay Town Trolley
<b>POC:</b> Manager
<b>Address:</b> 1021 Massalina Drive
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 769-0557

<b>Name:</b> Budget Car & Truck Rental
<b>Address:</b> Panama City Airport 850-769-8733 Thomas Drive Panama City Beach 850-234-3415
<b>Phone:</b> 850-784-7766/1-800-527-0700
<b>WWW Link:</b> <a href="http://www.budget.com">http://www.budget.com</a>

<b>Name:</b> CarTemps USA
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-784-2128
<b>WWW Link:</b> <a href="http://www.cartempsusa.com">http://www.cartempsusa.com</a>

<b>Name:</b> Dollar Rent A Car
<b>Phone:</b> 1-800-800-4000
<b>WWW Link:</b> <a href="http://www.dollar.com">http://www.dollar.com</a>

<b>Name:</b> Enterprise Rent A Car
<b>Address:</b> 669 W. 23rd Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-747-1110/1-800-736-8222
<b>WWW Link:</b> <a href="http://www.enterprise.com">http://www.enterprise.com</a>

<b>Name:</b> Greyhound Bus Lines
<b>Address:</b> 917 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 785-7861
<b>WWW Link:</b> <a href="http://www.greyhound.com">http://www.greyhound.com</a>
<b>Proximity to site:</b> 15 miles

<b>Name:</b> Hertz Rent A Car
<b>Address:</b> Panama City Airport
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-763-2262/1-800-654-3131
<b>WWW Link:</b> <a href="http://www.hertz.com">http://www.hertz.com</a>

<b>Name:</b> National Car Rental
<b>Address:</b> Panama City Airport
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-2383/1-800-227-7368
<b>WWW Link:</b> <a href="http://www.nationalcar.com">http://www.nationalcar.com</a>

<b>Name:</b> Panama City-Bay County International Airport
<b>POC:</b> Airport Information
<b>Address:</b> 3173 Airport Road, Box A
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 763-6751
<b>FAX:</b> (850) 785-5674
<b>WWW Link:</b> <a href="http://www.pcairport.com">http://www.pcairport.com</a>
<b>Proximity to site:</b> 5 miles

<b>Name:</b> Taxi, ShuttleBuses & Limousine Services
<b>City:</b> Panama City, FL 32401
<b>Comments:</b> AAA Taxi..... : (850) 785-0533 Affordable Limousine Service..... : (850) 233-0029 American Beach Taxi..... : (850) 230-9090 Beach Taxi..... : (850) 769-8265 Deluxe Coach Taxi..... : (850) 763-0211 Emerald Coast Shuttle Transporation..... : (850) 236-0502 Executive Taxi..... : (850) 233-8299/784-6611 Panama City Taxi..... : (850) 233-1010 Yellow Cab Taxi..... : (850) 763-4691

<b>Name:</b> U-Save Auto Rental
<b>Address:</b> 838 W. 23rd Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-522-0440
<b>WWW Link:</b> <a href="http://www.usave.net">http://www.usave.net</a>

## Education

### Education Overview

The Bay County area provides a wide variety of education facilities and opportunities. Gulf Coast Community College (GCCC), located just across the Hathaway Bridge from the Navy Base, has more than 8,000 students enrolled each year and offers more than 75 Associate of Arts degrees and another 20 Associate of Science degrees. These include degrees in Drama, Art, and Music, Nursing, and Radiology. GCCC also offers many Certificate programs of study such as Correction Officer and Paralegal. GCCC also provides courses at the Coastal Systems Station. Intercollegiate athletics are also big part of college life.

Across the street from GCCC is the Florida State University-Panama City Campus (FSU-PCC). FSC-PCC does not compete with GCCC; it serves only juniors & seniors transferring with an Associate's Degree or those students with 60 semester hours who have fulfilled their general education requirements. FSU provides opportunities to many the Station's science and engineering personnel by offering courses through the Florida Engineering Education Delivery System (FEEDS), which provides graduates working in industry access to quality graduate programs and extended studies in engineering. This campus also offers of number of Master's Degree programs.

With classrooms at Tyndall Air Force Base, Troy State University and Embry Riddle Aeronautical University offer night courses and have programs for undergraduate and graduate degrees.

The Bay District Schools is the official name for the public school system serving Bay County's primary, secondary, and adult students. These are listed below in Related Subjects.

Service members have access to career counseling and educational advancement opportunities through the following resources:

CSS Education Services Office

CSS Command Career Counselor

NDSTC Command Career Counselor

NEDU Command Career Counselor

CSS Training (850) 234-4844 - Spouses of active duty military and civil service employees are eligible (on a space-available basis) to utilize the training facility to work with the computer-based tutorials, use or check out video tapes, and audio programs in the training library. Military spouses may contact the Career Development & Resource Center, Building 304, (850) 235-5800, to get additional information about employment information and training.

Tyndall AFB Education Center

<b>Name:</b> CSS Career Counselor
<b>Address:</b> Building 500
<b>Phone:</b> (850) 234-4514
<b>DSN Phone:</b> 436-4514

<b>Name:</b> CSS Training
<b>Address:</b> Building 389
<b>Phone:</b> (850) 234-4849
<b>DSN Phone:</b> 436-4849

<b>Name:</b> Education Services Office(ESO)
<b>Address:</b> Building 500,CSD
<b>Phone:</b> (850) 234-4514
<b>DSN Phone:</b> 436-4541

<b>Name:</b> NDSTC Career Counselor
<b>Address:</b> Building 350
<b>Phone:</b> (850) 235-5213
<b>DSN Phone:</b> 436-5213

<b>Name:</b> NEDU Career Counselor
<b>Address:</b> Building 321Bullfinch Rd.
<b>Phone:</b> (850) 230-3245

<b>Name:</b> Tyndall AFB Education Center
<b>Address:</b> 921 Beacon Beach rd. Building 1230
<b>Phone:</b> (850) 283-4285
<b>DSN Phone:</b> 523-4285

## Public and DODDS Schools

There are no DODDS schools on Station. Many elementary and private schools offer Before and After School Enrichment (BASE) programs, as well as a gifted student program (QUEST). Please check with the individual school. The area high schools have unique curriculum designs to prepare students to enter the workforce or to continue with post-secondary education.

Bay District Schools is the official name for the public schools system serving Bay County. Realizing that all students do not learn in the same way, there are a number of school settings and curriculum designs available:

- Elementary: 22 - Middle schools: 7 - High schools: 4

- Alternative schools for students in elementary, middle, or high school who need extra incentives or specialized diploma programs.

- Special education centers for emotionally troubled, physically handicapped or impaired students.

- An adult learning center focusing on literacy and GED achievement.

- A vocational-technical center with day and evening classes available to help students attain job skills.

- A comprehensive health education and drug prevention program.

- A student services department providing support services for students such as guidance, social work, occupation and placement, psychology, and group conflict resolution.

- For a wide range of data including test scores, school population, teacher-to-student ratios, and other items of interest, call the Public Information Office at (850) 872-4269.

To find out which school your child should attend, call Student services (850) 872-4328. Give your address and child's grade level. The staff will use this information to identify the school in your resident area. If the student live 2 miles or more from his/her designated school, school bus transportation is provided. Contact your assigned school for bus route and schedule.

The best way to register or enroll a student in the Bay County School System (for the first time), is for the parent or legal guardian to go to the assigned school to obtain and complete the necessary forms. You must provide the following before your child can start school:

- two documents showing proof of residence within the school district, i.e., homestead exemption card, electric bill, phone bill, or voter registration card.

- child's birth certificate.

- copy of previous year's school record and report card (if attended another school system).

- proof that child has had a medical examination within the last year (only if entering a Florida school program for the first time).

- proof of Florida certificate of immunization (HRS Form 680), with dates for each immunization (this can be obtained by taking immunization records to any Bay County Health Department office or getting immunizations at the Health Department). The HRS Health Department closest to CSS can be contacted at (850) 233-5175.

- child's Social Security Card.

<b>Name:</b> A.D. Harris High School
<b>Address:</b> 819 E. 11th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4590
<b>FAX:</b> 850-747-5799
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/adhhs">http://www.bay.k12.fl.us/schools/adhhs</a>

<b>Name:</b> Arnold High School
<b>Address:</b> 550 Alf Coleman Road
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-236-3070
<b>FAX:</b> 850-236-3068
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/ahs">http://www.bay.k12.fl.us/schools/ahs</a>

<b>Name:</b> Bay County District Schools
<b>Address:</b> 1311 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4100
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us">http://www.bay.k12.fl.us</a>
<b>Proximity to site:</b> 10 minutes

<b>Name:</b> Bay High School
<b>Address:</b> 1200 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4600
<b>FAX:</b> 850-872-4651
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/bhs">http://www.bay.k12.fl.us/schools/bhs</a>

<b>Name:</b> Beach Elementary School
<b>Address:</b> 12900 Middle Beach Road
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5118
<b>FAX:</b> 850-233-5118
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/bes">http://www.bay.k12.fl.us/schools/bes</a>

<b>Name:</b> Callaway Elementary School
<b>Address:</b> 7115 Highway 22
<b>City:</b> Callaway, FL
<b>Phone:</b> 850-871-2645
<b>FAX:</b> 850-871-2865
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/ces">http://www.bay.k12.fl.us/schools/ces</a>

<b>Name:</b> Cedar Grove Elementary School
<b>Address:</b> 2826 E. 15th Street
<b>City:</b> Cedar Grove, FL
<b>Phone:</b> 850-872-4550
<b>FAX:</b> 850-747-5649

<b>Name:</b> Everitt Middle School
<b>Address:</b> 608 School Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-4790
<b>FAX:</b> 850-872-7721
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/ems">http://www.bay.k12.fl.us/schools/ems</a>

<b>Name:</b> Hiland Park Elementary
<b>Address:</b> 2507 Baldwin Road
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4685
<b>FAX:</b> 850-747-5307
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/hpe/hpe.htm">http://www.bay.k12.fl.us/schools/hpe/hpe.htm</a>

<b>Name:</b> Jinks Middle School
<b>Address:</b> 600 W. 11th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4695
<b>FAX:</b> 850-872-7612
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/jms/home.html">http://www.bay.k12.fl.us/schools/jms/home.html</a>

<b>Name:</b> Lucille Moore Elementary
<b>Address:</b> 1900 Michigan Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4470
<b>FAX:</b> 850-747-5686
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/lmes/lmes.html">http://www.bay.k12.fl.us/schools/lmes/lmes.html</a>

<b>Name:</b> Lynn Haven Elementary School
<b>Address:</b> 301 W. 9th Street
<b>City:</b> Lynn Haven, FL
<b>Phone:</b> 850-265-2131
<b>FAX:</b> 850-271-3685
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/lhes">http://www.bay.k12.fl.us/schools/lhes</a>

<b>Name:</b> Margaret K. Lewis Center
<b>Address:</b> 1527 Lincoln Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4775
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mkl">http://www.bay.k12.fl.us/schools/mkl</a>

<b>Name:</b> Merriam Cherry Street Elementary
<b>Address:</b> 1125 Cherry Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4780
<b>FAX:</b> 850-747-5499
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mcse/mcse.html">http://www.bay.k12.fl.us/schools/mcse/mcse.html</a>

<b>Name:</b> Merritt Brown Middle School
<b>Address:</b> 5044 Merritt Brown Way
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4740
<b>FAX:</b> 850-872-7625
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/bms/website/default.htm">http://www.bay.k12.fl.us/schools/bms/website/default.htm</a>

<b>Name:</b> Millville Elementary School
<b>Address:</b> 203 N. East Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4765
<b>FAX:</b> 850-872-4727
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mes/millville.html">http://www.bay.k12.fl.us/schools/mes/millville.html</a>

<b>Name:</b> Mosley High School
<b>Address:</b> 501 Mosley Dr
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> 850-872-4400
<b>FAX:</b> 850-872-4453
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mhs/mosley.html">http://www.bay.k12.fl.us/schools/mhs/mosley.html</a>

<b>Name:</b> Mowat Middle School
<b>Address:</b> 1903 Highway 390
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-265-2172
<b>FAX:</b> 850-265-2179
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mms">http://www.bay.k12.fl.us/schools/mms</a>

<b>Name:</b> Northside Elementary School
<b>Address:</b> 2001 Northside Drive
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4760
<b>FAX:</b> 850-747-5315
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/nes">http://www.bay.k12.fl.us/schools/nes</a>

<b>Name:</b> Oakland Terrace Elementary School
<b>Address:</b> 2010 W. 12th Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4565
<b>FAX:</b> 850-872-7613
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/ote">http://www.bay.k12.fl.us/schools/ote</a>



<b>Name:</b> Parker Elementary School
<b>Address:</b> 640 S. Highway 22-A
<b>City:</b> Parker, FL 32404
<b>Phone:</b> 850-872-4570
<b>FAX:</b> 850-769-2760
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/pkes/index.htm">http://www.bay.k12.fl.us/schools/pkes/index.htm</a>

<b>Name:</b> Patronis Elementary School
<b>Address:</b> 7400 Patronis Drive
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5075
<b>FAX:</b> 850-233-5077
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/pes">http://www.bay.k12.fl.us/schools/pes</a>

<b>Name:</b> Patterson Elementary School
<b>Address:</b> 1025 Redwood Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4675
<b>FAX:</b> 850-747-5478
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/opes">http://www.bay.k12.fl.us/schools/opes</a>

<b>Name:</b> Rosenwald Middle School
<b>Address:</b> 924 Bay Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4580
<b>FAX:</b> 850-872-7615
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/rmshome.html">http://www.bay.k12.fl.us/schools/rmshome.html</a>

<b>Name:</b> Rutherford High School
<b>Address:</b> 1000 School Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-4500
<b>FAX:</b> 850-872-4827
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/rhs">http://www.bay.k12.fl.us/schools/rhs</a>

<b>Name:</b> Southport Elementary School
<b>Address:</b> 1835 Bridge Street
<b>City:</b> Southport, FL 32444
<b>Phone:</b> 850-265-2810
<b>FAX:</b> 850-265-3703
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/ses/home.html">http://www.bay.k12.fl.us/schools/ses/home.html</a>

<b>Name:</b> Springfield Elementary School
<b>Address:</b> 520 School Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4575
<b>FAX:</b> 850-747-5386
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/spe">http://www.bay.k12.fl.us/schools/spe</a>

<b>Name:</b> St. Andrew School
<b>Address:</b> 3001 W. 15th Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4595
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/sta">http://www.bay.k12.fl.us/schools/sta</a>

<b>Name:</b> Surfside Middle School
<b>Address:</b> 300 Nautilus Street
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-233-5180
<b>FAX:</b> 850-233-5193
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/sms/surfhome.html">http://www.bay.k12.fl.us/schools/sms/surfhome.html</a>

<b>Name:</b> Tommy Smith Elementary School
<b>Address:</b> 5044 Tommy Smith Drive
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-7540
<b>FAX:</b> 850-747-5339
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/tse/home.html">http://www.bay.k12.fl.us/schools/tse/home.html</a>

<b>Name:</b> Tyndall Elementary School
<b>Address:</b> Tyndall AFB
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-286-6481
<b>FAX:</b> 850-286-6484
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/tes">http://www.bay.k12.fl.us/schools/tes</a>

<b>Name:</b> Waller Elementary School
<b>Address:</b> 11332 E. Highway 388
<b>City:</b> Youngstown, FL 32466
<b>Phone:</b> 850-722-4341
<b>FAX:</b> 850-722-0988
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/wes">http://www.bay.k12.fl.us/schools/wes</a>

<b>Name:</b> West Bay Elementary School
<b>Address:</b> 14813 School Drive
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5135
<b>FAX:</b> 850-233-5138
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/wbes">http://www.bay.k12.fl.us/schools/wbes</a>

## Private Schools

Bay County offers a host of private schools providing educational alternatives for local children. Most of these schools are affiliated with churches and tend to offer smaller classes and more individualized attention than most public schools. These schools' curriculum is based on religious tenets.

Tuition varies with add-on fees, i.e., lunches, books, supplies, and before and after school care.

It is important to note that if you wish to register for a place in these schools, you must apply early, as there is usually a waiting list. Students registering in these schools must submit up-to-date school immunization records.

Average test scores: Each private school should be contacted for their SAT scores and graduation requirements.

Following is a listing of private schools in the area:

<b>Name:</b> Covenant Christian School
<b>Address:</b> 2350 Frankford Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-7448

<b>Name:</b> Fellowship Christian Academy
<b>Address:</b> 318 School Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-5442

<b>Name:</b> First Presbyterian Church School
<b>Address:</b> 100 E. 7th
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-785-0444

<b>Name:</b> Good Shepherd Lutheran School
<b>Address:</b> 929 S. Tyndall Parkway
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-871-6311

<b>Name:</b> Holy Nativity Episcopal Grade School
<b>Address:</b> 1005 E. 2nd Plaza
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-747-4000

<b>Name:</b> Panama City Advanced School
<b>Address:</b> 3332 Token Road
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-784-2520

<b>Name:</b> Panama City Christian School
<b>Address:</b> 1104 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-6000

<b>Name:</b> St. John The Evangelist Catholic School
<b>Address:</b> 1105 Fortune Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-763-1775

<b>Name:</b> The Rock School
<b>Address:</b> 2413 N. Harris Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-8334

<b>Name:</b> Victory Christian School
<b>Address:</b> 1616 Allison Avenue
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-234-1731

## Colleges and Universities

The following is information on Colleges and Universities available in the area. A VA Benefits Counselor is available in these schools to provide assistance and guidance.

FLORIDA STATE UNIVERSITY (FSU) (PC Campus)

Military and dependents pay resident tuition rates. The Panama City Campus provides opportunities for upper division (junior & senior years), undergraduate, and graduate study.

Classes are relatively small, permitting an individualized approach to instruction and encouraging interaction between students and faculty. Faculty from the main campus (Tallahassee) teach nearly all of the courses offered in Panama City Campus, thus assuring the same high quality of instruction provided to students who attend classes in Tallahassee.

Current Bachelor's Degree Programs are: Accounting, Business, Criminology, Education (Elementary), Nursing, Psychology, Social Science Interdisciplinary, and Social Work. Master's Degree programs are: Business, Early Childhood, Educational Administration, Elementary Education, Engineering (Electrical, Mechanical and Civil), Math Education, Nursing, Reading Language Arts, Special Education. Additionally, FSU participates in the Florida Engineering Education Delivery System (FEEDS) which provides graduates working in industry access to quality graduate programs and extended studies in engineering.

Florida State University (PC Campus) 4750 Collegiate Drive Panama City, FL 32405 (850)

872-4750 Proximity to SITE: 5 minutes Call FSU for tuition costs.

#### GULF COAST COMMUNITY COLLEGE (GCCC)

Military and dependants pay resident tuition rates. The college establishes training partnerships between community colleges and employers who have specific training needs for employees in new, expanding, or diversifying businesses in Florida. GCCC also offers small business seminars that address various aspects of small businesses; workshops, clinics and lectures, on both credit and noncredit basis, throughout the year. The Business and Industry Training office provides computer training, professional development courses, teleconferences, and can provide customized in-house employee training. Call (850) 872-3823 for more information.

Gulf Coast Community College 5230 W. Highway 98 Panama City, FL 32402 (850) 769-1551 Hours: 0730-1800 Mon-Thu & 0730-1600 Fri Call GCCC for tuition costs.

Other area Universities and/or Educational Institutes:

<b>Name:</b> Embry-Riddle Aeronautical University (ERAU)
<b>Address:</b> Tyndall Air Force Base
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 283-4557
<b>DSN Phone:</b> 523-4557
<b>WWW Link:</b> <a href="http://www.embryriddle.edu">http://www.embryriddle.edu</a>
<b>Proximity to site:</b> 25 miles
<b>Tuition:</b> Call ERAU for tuition costs.

<b>Name:</b> Florida State University
<b>Address:</b> 4750 Collegiate Drive
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-4750
<b>WWW Link:</b> <a href="http://www.pc.fsu.edu">http://www.pc.fsu.edu</a>
<b>Proximity to site:</b> 5 min.

<b>Name:</b> Gulf Coast Community College
<b>Address:</b> 5230 W. Highway 98
<b>City:</b> Panama City, FL 32402
<b>Phone:</b> 850-769-1551
<b>WWW Link:</b> <a href="http://www.gc.cc.fl.us">http://www.gc.cc.fl.us</a>

<b>Name:</b> Troy State University (TSU)
<b>Address:</b> Tyndall Air Force Base
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 283-4449
<b>DSN Phone:</b> 523-4449
<b>WWW Link:</b> <a href="http://www.tsufl.edu">http://www.tsufl.edu</a>
<b>Proximity to site:</b> 25 miles
<b>Tuition:</b> Call TSU for tuition costs.
<b>Comments:</b> Bachelor's Degree in Business Administration. Master's Degree in Management, International Relations, Transition and Human Management.

#### Adult or Continuing Education

In this area, you will find a wide-range of adult and continuing education opportunities.

#### GENERAL EDUCATION DEVELOPMENT (GED)

For GED information contact one of the following offices at the Coastal Systems Station:

STATION COMMAND CAREER COUNSELORS (CCC): CSS CCC (850) 234-4514

NEDU CCC (850) 230-3245

NDSTC CCC (850) 235-5213

#### HANEY VOCATIONAL CENTER

Haney provides a full range of training in a wide variety of trade and technical areas. Haney has a VA Benefits Counselor, Cynthia Heatherington, 2nd Floor, (850) 747-5510, to provide assistance to military veterans.

Haney Vocational 3016 Highway 77 Panama City, FL 32405 (850) 747-5500 Proximity to SITE: 8 miles

Hours: 7:30 am - 7:00 pm.

Tuition: Varies according to program.

#### SHAW ADULT CENTER

Shaw Adult Center focuses on literacy and GED achievement for adults. The Center offers GED preparatory courses, English as a Second Language (ESL), Adult Basic Education courses, and other types of training. GED tests are given throughout the year and a registration fee is assessed for taking the test. Classes are also provided to students desiring to receive a High School Diploma.

Shaw Adult Center 162 Detroit Avenue Panama City, FL 32401 (850) 872-4555 FAX: (850) 872-7587 Call for tuition costs.

<b>Name:</b> Haney Vocational Center
<b>Address:</b> 3016 Highway 77
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-747-5500
<b>FAX:</b> 850-747-5555
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/htc">http://www.bay.k12.fl.us/schools/htc</a>

<b>Name:</b> Shaw Adult Center
<b>Address:</b> 162 Detroit Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4555
<b>FAX:</b> 850-872-7587
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/shaw/shaw.htm">http://www.bay.k12.fl.us/schools/shaw/shaw.htm</a>

## Special Education

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

Military Support Office

EFMP provides information and referral for general medical care and medically related services for eligible DOD families having a dependent with special medical, psychological, or educational needs.

Branch Medical Clinic

DOD family members are referred to the Branch Clinic by the Command Career Counselor for medical, psychological, or education evaluations, by appointment only.

The following is area schools and programs providing special education needs and opportunities:

<b>Name:</b> Margaret K. Lewis School
<b>Address:</b> 1527 Lincoln Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 872-4775
<b>FAX:</b> (850) 872-7628
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/mkl">http://www.bay.k12.fl.us/schools/mkl</a>
<b>Proximity to site:</b> 30 minutes
<b>Tuition:</b> None
<b>Comments:</b> Hours: 7:30 am to 4:00 pm Mon-Fri.  Provides education for children with special needs-- exceptional students, pre-kindergarten to grade 12 students, who are moderately, severely, or profoundly handicapped.

<b>Name:</b> St. Andrew Bay Center for Retarded Citizens
<b>Address:</b> 1804 Carolina Avenue
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> (850) 265-2951
<b>Proximity to site:</b> 25 minutes
<b>Tuition:</b> Call for fees
<b>Comments:</b> The Center accepts developmentally disabled adults, ages 21-55.

<b>Name:</b> The Planning for College Program
<b>Address:</b> 304 Magnolia Avenue
<b>City:</b> Panama City, FL 32402
<b>Phone:</b> (850) 769-4777
<b>Proximity to site:</b> 20 minutes
<b>Comments:</b> This is a non-profit agency developed to assist and guide high school students and their families to develop a path to college. Workshops and counseling to assist in high school preparation, college selection and how to find financial assistance to pay for college, are provided at no cost to the family. Parents should contact this office when their children are in middle school or 9th or 10th grade of high school.

<b>Name:</b> United Cerebral Palsy of Panama City, Inc.
<b>Address:</b> 621 Kraft Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 769-1593
<b>FAX:</b> (850) 785-7034
<b>Tuition:</b> Full Fee
<b>Comments:</b> Eligibility restricted to ages 6 weeks to 4 years in daycare and pre-school, and adults with developmental disabilities.  Services provided include: physical, speech and occupational therapy and evaluations, specialized early childhood support and respite services, supported competitive employment and independent living.

<b>Name:</b> Vocational Rehabilitative Program
<b>Address:</b> 2939 Hwy 77
<b>City:</b> Panama City,, FL 32401
<b>Phone:</b> (850) 872-4380
<b>Proximity to site:</b> 20 minutes
<b>Comments:</b> Provides rehabilitation when a physical or mental handicap interferes with a person's ability to work. Services available include, medical and psychological evaluation, counseling, vocational evaluation, adjustment services, on-the-job training, employment assistance, and transportation.

## Employment

### Employment Overview

The following employment information is provided to acquaint you with the local labor market. The local economy is a mix of tourism, federal government, trades, services, manufacturing, lumbering and commercial fishing. According to the Florida Department of Labor, the unemployment rate in Bay County fluctuates around 9%. The unemployment rate is higher during the Fall and Winter since this is the off-season for tourism.

The minimum wage in Bay County is \$5.25 per hour. The average salary for office workers ranges between \$5.50 - \$6.00 per hour, while registered nurses average around \$16.00 per hour. These figures are presented to give you a general idea of the AVERAGE salaries only.

For job hunting opportunities, be sure to bring with you all employment records and information, resumes, SF-171s, transcripts, certificates, licenses,

SF-50s, etc. (if applicable). Do not pack them in your baggage or household shipment.

Interested in starting your own small business? Drop by the CSS Career Development & Resource Center (CDRC) for information.

### EMPLOYMENT OPPORTUNITIES:

Good Prospects: Engineering, medical, financial, and administrative occupations; hospitality industries, retail fields, and State of Florida.

Fair Prospects: Manufacturing industries, technical occupations (Government contractors), and computer-oriented fields. Ninety plus small and large manufacturers located in area. Tyndall Air Force Base & the Coastal Systems Station recruit non-appropriated fund positions.

Poor Prospects: This Station and Tyndall AFB are part of the Department of Defense "down-sizing," so DoD civil service positions are very limited, but Federal civil service employment may still be available at non-DoD Government agencies.

### SPOUSE EMPLOYMENT ASSISTANCE PROGRAM (SEAP)

Contact the Development & Resource Center (CDRC) for an appointment as soon as you arrive. The SEAP Counselor will assist you in establishing career goals, developing and refining resumes and interview skills, provide education and training sources, and direct you to job resources.

### TRANSITION ASSISTANCE MANAGEMENT PROGRAM (TAMP)

Military members planning to separate/retire should contact the Development & Resource Center (CDRC) as soon as possible. The Transition Assistance Management Program (TAMP) provides a wide range of employment information and assistance, including: career counselling, developing/refining resumes and interviewing skills, and employment resources. Computers, Small Business Resource Center, Writing Reference Library, copying machine, typewriter, fax machine, and many more resources for a "Smooth Transition". Information on government contractors at CSS may also be obtained from the CDRC.

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>POC:</b> Transition & Spouse Employment Counselors
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?tapiid=23">http://www.taonline.com/tappages/tappage.asp?tapiid=23</a>

<b>Name:</b> WorkForce Center
<b>Address:</b> 114 East 9th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4340
<b>WWW Link:</b> <a href="http://www.workforcecenter.org">http://www.workforcecenter.org</a>

## Federal Civilian Employment for Spouses

CSS Human Resources Services (HRS) Department

This office provides information regarding civil service job opportunities. Other areas of information are: Veterans' Readjustment Appointment (VRA) authority, disabled veterans appointing authority, Military Spouse Preference Program, and general counseling regarding the benefits of civil service employment.

<b>Name:</b> Human Resources Services Department
<b>Address:</b> Bldg. 374
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-4415
<b>DSN Phone:</b> 436-4415
<b>Comments:</b> Hours: 0800-1600 Mon-Fri  Job Assistance Window..... : 235-4415 24-HR Job Hotline..... : 234-4724

## Permanent Employment Resources

Bay County has employment opportunities with federal, state, county and city agencies and employers.

Federal Government employment covers both DOD and non-DOD agencies. See related subject GOVERNMENT EMPLOYMENT. Numerous businesses and companies provide job opportunities.

See related subject PRIVATE SECTOR EMPLOYMENT.

The Career Development & Resource Center (CDRC), (850) 235-5800/DSN 436-5800, provides employment assistance for both service members and spouses. Refer to EMPLOYMENT OVERVIEW.

The WorkForce Center provides local, state, and nationwide job listings and assistance. They also provide job searches using multiple job banks, job seeking and career planning advice, resume preparation and printing, labor market information, referral services, aptitude and skills assessments, and training programs. All services are provided free of charge to customers. WorkForce Center, 114 E. 9th Street Panama City, FL 32401 (850) 872-4340.

Professional Placement Network (PPN) is a free, volunteer, self-help organization to assist unemployed & under-employed job seekers in their search for employment through shared resources and productive communications. Open to anyone who has EITHER a 4 year college degree or 5 years of work experience in a professional or technical career. Call (850) 872-4340 for additional information.

## EMPLOYMENT AGENCIES

The following is a list of employment agencies in the Bay County area, providing permanent employment opportunities in various career and job areas: Some charge a fee for this service, while others do not. See Temporary Employment listing for temporary agencies.

<b>Name:</b> Bay Staffing
<b>Address:</b> 2222 Jenks Ave.
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-0880
<b>WWW Link:</b> <a href="http://www.baystaffing.com">http://www.baystaffing.com</a>

<b>Name:</b> Labor Finders
<b>Address:</b> 1428 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-913-9701

<b>Name:</b> Maritime Personnel Services (Marine Only)
<b>Address:</b> 8317 Front Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-234-9900

<b>Name:</b> Personnel Resources of NW Florida
<b>Address:</b> 627 Hwy. 231
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-784-7788
<b>WWW Link:</b> <a href="http://www.prdothan.com">http://www.prdothan.com</a>
<b>Comments:</b> May charge a fee for some services

<b>Name:</b> Placement Plus
<b>Address:</b> 1815 W. 15th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-3445

<b>Name:</b> Snelling Personnel Services
<b>Address:</b> 1613 St. Andrews Blvd. (State Hwy 390)
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-1441
<b>WWW Link:</b> <a href="http://www.snelling.com">http://www.snelling.com</a>

<b>Name:</b> WorkForce Center
<b>Address:</b> 114 E. 9th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4340
<b>WWW Link:</b> <a href="http://www.workforcecenter.org">http://www.workforcecenter.org</a>

## Temporary Employment Resources

The following are employment agencies in the Bay County/Panama City area.

<b>Name:</b> Able Body Labor
<b>Address:</b> 850 Magnolia Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-913-8999
<b>WWW Link:</b> <a href="http://www.ablebody.com">http://www.ablebody.com</a>

<b>Name:</b> Adecco Employment Services
<b>Address:</b> 2711 Jenks Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-747-1211
<b>WWW Link:</b> <a href="http://www.adecco.com">http://www.adecco.com</a>

<b>Name:</b> Bay Staffing
<b>Address:</b> 2222 Jenks Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-0880
<b>WWW Link:</b> <a href="http://www.baystaffing.com">http://www.baystaffing.com</a>

<b>Name:</b> INTERIM Temporary Personnel
<b>Address:</b> 330 West 23rd Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-2299
<b>WWW Link:</b> <a href="http://www.interim.com">http://www.interim.com</a>
<b>Comments:</b> By appointment only

<b>Name:</b> Kelly Temporary Services
<b>Address:</b> 2408 Lisenby Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-1556
<b>WWW Link:</b> <a href="http://www.kellyservices.com/yp">http://www.kellyservices.com/yp</a>

<b>Name:</b> Manpower Temporary Services
<b>Address:</b> 700 West 23rd Street, Suite 2
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-1619
<b>WWW Link:</b> <a href="http://www.manpower.com">http://www.manpower.com</a>

<b>Name:</b> Personnel Resources of NW Florida
<b>Address:</b> 627 Highway 231
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-784-7788
<b>WWW Link:</b> <a href="http://www.prdothan.com">http://www.prdothan.com</a>

<b>Name:</b> Placement Plus
<b>Address:</b> 1815 West 15th Street, Suite 15
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-3445
<b>Comments:</b> May charge a fee for some services

<b>Name:</b> Snelling Personnel Services
<b>Address:</b> 1613 St. Andrews Blvd. (State Hwy 90)
<b>City:</b> Panama City, FL 32405
<b>WWW Link:</b> <a href="http://www.snelling.com">http://www.snelling.com</a>

<b>Name:</b> Workforce Center
<b>Address:</b> 114 East 9th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4340
<b>WWW Link:</b> <a href="http://www.workforcecenter.org">http://www.workforcecenter.org</a>

## Non-Paid or Volunteer Opportunities

If you are interested in volunteer work, make an appointment with the Family Transition Office, Building 304, (850) 235-5800, and the staff will assist you in finding an area of volunteer work that interests you. Some agencies in the area include:

<b>Name:</b> American Red Cross
<b>Address:</b> 430 E. 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-763-6587

<b>Name:</b> Bay County Council on Aging
<b>Address:</b> 1116 Frankford Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-784-3468

<b>Name:</b> Bay School Volunteers
<b>Address:</b> 1311 Balboa Avenue Bay County District Schools Office
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4897

<b>Name:</b> Catholic Social Services
<b>Address:</b> 3128 East 11th Street
<b>City:</b> Panama City, FL 32404
<b>Phone:</b> 850-783-0475

<b>Name:</b> Family Service Agency
<b>Address:</b> 611 North Cove Blvd.
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-1721

<b>Name:</b> HRS Volunteer Services
<b>Address:</b> 3127 Lisenby Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-4385

<b>Name:</b> TAFB Family Services
<b>Address:</b> TAFB Bldg. 743 (next to FSC)
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-283-4202

<b>Name:</b> United Way Information & Referral
<b>Address:</b> 524 Mercer Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-2738

## Chambers of Commerce

The Bay County area has two Chambers of Commerce - The Bay County Chamber and the Beaches Chamber of Commerce. Both are very active in the area. The Military Affairs Committee of the Bay County Chamber supports the two military installations in this area--the Coastal Systems Station and Tyndall Air Force Base. This committee has also been instrumental in assuring that the relationship of the two military facilities with the community remains mutually rewarding.

<b>Name:</b> Bay County Chamber of Commerce
<b>Address:</b> 235 West 5th Street, (P.O. Box 1850)
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-5206
<b>WWW Link:</b> <a href="http://www.panamacity.org">http://www.panamacity.org</a>
<b>Proximity to site:</b> 15 minutes

<b>Name:</b> Panama City Beach Chamber of Commerce
<b>Address:</b> 415 Beckrich Rd
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-235-1159
<b>WWW Link:</b> <a href="http://www.panamacity.com/communities/pcbchamber/communities.htm">http://www.panamacity.com/communities/pcbchamber/communities.htm</a>

## Private Sector Employment

The following is a representative sampling of employers in the Bay County area. Call the Career Development & Resource Center at (850) 235-5800/DSN 436-5800 for additional employment listings.

<b>Name:</b> Arizona Chemical Company
<b>Address:</b> 1001 E. Business Hwy 98
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-6700
<b>WWW Link:</b> <a href="http://www.arizonachemical.com">http://www.arizonachemical.com</a>
<b>Comments:</b> Product or Service: Tall oil, terpenes

<b>Name:</b> Bay Bank & Trust Company
<b>Address:</b> 509 Harrison Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-3333
<b>WWW Link:</b> <a href="http://www.baybankandtrust.com">http://www.baybankandtrust.com</a>
<b>Comments:</b> Product or Service: Financial institution

<b>Name:</b> Bay Medical Center
<b>Address:</b> 615 N. Bonita Avenuenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-1511
<b>WWW Link:</b> <a href="http://www.baymedical.org">http://www.baymedical.org</a>
<b>Comments:</b> Product or Service: Medical/Hospital Facility



<b>Name:</b> Bay Point Yacht & Country Club
<b>Address:</b> 100 Delwood Beach Road
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-234-3307
<b>WWW Link:</b> <a href="http://www.baypoint.net">http://www.baypoint.net</a>
<b>Comments:</b> Product or Service: Resort services.

<b>Name:</b> BellSouth
<b>Address:</b> 1000 West 15th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 1-800-992-8840
<b>WWW Link:</b> <a href="http://www.bellsouth.com">http://www.bellsouth.com</a>
<b>Comments:</b> Product or Services: Communications

<b>Name:</b> Berg Steel and Pipe Corporation
<b>Address:</b> Port Industrial Park
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-763-2273
<b>WWW Link:</b> <a href="http://www.bergpipe.com">http://www.bergpipe.com</a>
<b>Comments:</b> Product or Services: Line Pipe

<b>Name:</b> Columbia Gulf Coast Medical Center
<b>Address:</b> 449 West 23rd Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-8341
<b>WWW Link:</b> <a href="http://www.egulfcoastmedical.com">http://www.egulfcoastmedical.com</a>
<b>Comments:</b> Product or Services: Medical/Hospital Facilities

<b>Name:</b> Corrections Corporation of America
<b>Address:</b> 314 Harmon Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-5245
<b>WWW Link:</b> <a href="http://www.correctionscorp.com">http://www.correctionscorp.com</a>
<b>Comments:</b> Product or Services: Correction Facilities

<b>Name:</b> E-Z Serve, Inc.
<b>Address:</b> 109 West 5th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-1661
<b>WWW Link:</b> <a href="http://job2.cbdr.com/ezserve/nsbn01.htm">http://job2.cbdr.com/ezserve/nsbn01.htm</a>
<b>Comments:</b> Product or Services: Small items convenience/grocery store

<b>Name:</b> Eastern Shipyards, Inc.
<b>Address:</b> 2200 Nelson Avenue
<b>City:</b> Panama City, FL 32408
<b>Phone:</b> 850-763-1900
<b>WWW Link:</b> <a href="http://www.easternshipbuilding.com">http://www.easternshipbuilding.com</a>
<b>Comments:</b> Product or Services: Ship construction/renovations

<b>Name:</b> Gulf Coast Community College
<b>Address:</b> 5230 West Highway 98
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-3835 Job Service Placement
<b>WWW Link:</b> <a href="http://www.gc.cc.fl.us">http://www.gc.cc.fl.us</a>
<b>Comments:</b> Product or Services: Education

<b>Name:</b> Gulf Power Company
<b>Address:</b> 1230 East 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-4611
<b>WWW Link:</b> <a href="http://www.southernco.com/site/gulfpower">http://www.southernco.com/site/gulfpower</a>
<b>Comments:</b> Product or Services: Utility services

<b>Name:</b> Haney Technical Center
<b>Address:</b> 3016 Highway 77
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-2191 Job Service Placement Ext.183 Cooperative Education Office Ext. 108
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us/schools/htc">http://www.bay.k12.fl.us/schools/htc</a>
<b>Comments:</b> Product or Services: Education

<b>Name:</b> Louisiana Pacific Corp.
<b>Address:</b> 8731 Steelfield Road
<b>City:</b> Panama City, FL 32413
<b>Phone:</b> 850-234-2777
<b>WWW Link:</b> <a href="http://www.louisianapacific.com">http://www.louisianapacific.com</a>
<b>Comments:</b> Product or Service: Lumber

<b>Name:</b> MARCONI
<b>Address:</b> 1714 West 23rd Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-2428
<b>WWW Link:</b> <a href="http://www.systems.gec.com">http://www.systems.gec.com</a>
<b>Comments:</b> Product or Services: Defense contractors

<b>Name:</b> Marriott's Bay Point Resort
<b>Address:</b> 100 Delwood Beach Road
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-234-3307
<b>WWW Link:</b> <a href="http://www.baypointresort.com">http://www.baypointresort.com</a>
<b>Comments:</b> Product or Service: Hotel/Resort/Guest services

<b>Name:</b> Merrick Industries
<b>Address:</b> 10 Arthur Avenue
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> 850-265-3611
<b>WWW Link:</b> <a href="http://www.merrick-inc.com">http://www.merrick-inc.com</a>
<b>Comments:</b> Product or Services: Bulk material systems

<b>Name:</b> Panama City News Herald
<b>Address:</b> 501 West 11th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-747-5000
<b>WWW Link:</b> <a href="http://www.newsherald.com">http://www.newsherald.com</a>
<b>Comments:</b> Product or Services: Newspaper

<b>Name:</b> Regions Bank
<b>Address:</b> 144 Harrison Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-7000
<b>WWW Link:</b> <a href="http://www.regionsbank.com">http://www.regionsbank.com</a>
<b>Comments:</b> Product or Services: Financial Institution

<b>Name:</b> Sallie Mae
<b>Address:</b> 1002 Arthur Drive
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-767-7000
<b>WWW Link:</b> <a href="http://www.salliemae.com">http://www.salliemae.com</a>
<b>Comments:</b> Product or Services: Student Loans

<b>Name:</b> Stone Container Corporation
<b>Address:</b> Mill One Everitt Avenue
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-785-4311
<b>WWW Link:</b> <a href="http://www.smurfit-stone.net">http://www.smurfit-stone.net</a>
<b>Comments:</b> Product or Services: Kraft linerboard

<b>Name:</b> Wellstream, Inc.
<b>Address:</b> 1700 C Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-9471
<b>WWW Link:</b> <a href="http://www.halliburton.com">http://www.halliburton.com</a>
<b>Comments:</b> Product or Services: Flexible pipe

## Government Employment

The below listing includes federal, state, county, and city employment information.

<b>Name:</b> Army Corps of Engineers Area Office
<b>Address:</b> 1706 East 5th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-763-2881
<b>WWW Link:</b> <a href="http://www.usace.army.mil">http://www.usace.army.mil</a>

<b>Name:</b> Bay County Commission Offices
<b>Address:</b> 310 W. 6th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-784-4000
<b>WWW Link:</b> <a href="http://www.bocc.co.bay.fl.us">http://www.bocc.co.bay.fl.us</a>

<b>Name:</b> Bay County Health Department
<b>Address:</b> 597 W. 11th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4455

<b>Name:</b> Bay County School Board - Bay District Schools
<b>Address:</b> 1311 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4100
<b>WWW Link:</b> <a href="http://www.bay.k12.fl.us">http://www.bay.k12.fl.us</a>

<b>Name:</b> Bay County Sheriff's Office
<b>Address:</b> 3421 Highway 77
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-747-4700
<b>WWW Link:</b> <a href="http://www.co.bay.fl.us/area/government.html">http://www.co.bay.fl.us/area/government.html</a>

<b>Name:</b> City of Panama City
<b>Address:</b> 9 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-3010
<b>WWW Link:</b> <a href="http://www.panamacity.com">http://www.panamacity.com</a>

<b>Name:</b> City of Panama City Beach
<b>Address:</b> 110 Highway 79
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-233-5130
<b>WWW Link:</b> <a href="http://www.visitpcfla.com">http://www.visitpcfla.com</a>

<b>Name:</b> Clerk, U.S. District Court
<b>Address:</b> 30 W. Government Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-4556

<b>Name:</b> Coastal Systems Station (CSS)
<b>POC:</b> Human Resources Off Bldg 374
<b>Address:</b> 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> 850-234-4415
<b>DSN Phone:</b> 436-4415
<b>WWW Link:</b> <a href="http://www.ncsc.navy.mil/Employment_Opportunities/employment_opport_Intro.htm">http://www.ncsc.navy.mil/Employment_Opportunities/employment_opport_Intro.htm</a>
<p><b>Comments:</b> Hours: Monday - Friday from 0900 to 1500.</p> <p>This office provides information on civil service job opportunities, civil service testing, Military Spousal Preference Program, and general counseling regarding the benefits of civil service employment.</p> <p>The CSS Human Resources Office (HRO) has been regionalized under the Human Resources Service Center, Southeast Region, Stennis Space Center, MS. Vacancy announcements will be advertised through the merit staffing procedures and Internet, and hardcopies will be posted on the HRO bulletin board in Bldg 374.</p> <p>In most cases, applications will now have to be mailed to the SE Regional Office; however, delegated examining of some positions may be performed at CSS.</p> <p>Unless otherwise directed, applications will go directly to:</p> <p>The Human Resources Service Center, Southeast, Code 53 9110 Leonard Kimble Road Stennis Space Center, MS 39522-0002.</p> <p>All applications must be mailed at the applicant's expense and postmarked by the closing date of the announcement. All job application forms will continue to be available in the CSS HRO, Bldg. 374.</p> <p>A new electronic job application system, Navy Resumix, is now online. All jobs at the Coastal Systems Station can be viewed on the Navy web site. See Navy Human Resource Center below for information and web address.</p> <p><b>CSS MORALE WELFARE RECREATION</b> (MWR) (Non-Appropriated Employment) 6703 W. Hwy 98, Bldg. 468 Panama City, FL 32407-7001 (850) 235-5737 Hours: 0800-1600 Mon-Fri.</p>

The MWR has positions for both full-time and part-time employment. Vacancies are advertised in the local newspaper and posted on the bulletin board in Building 468. Military spouses and transitioning military members have hiring preferences.

CSS NAVY EXCHANGE (NEX) & MINI-MART  
Navy Exchange Mall (Bldg. 395) (850) 235-2778.

Job applications and information are available at the NEX.

**Name:** DOD Contracts Administrative Services

**Address:** 1000 West 10th Street

**City:** Lynn Haven, FL 32444

**Phone:** 850-265-2137

**WWW Link:** <http://www.dod.jobsearch.org>

**Name:** Department of Agriculture & Consumer Services (State)

**Address:** 3920 Frankford Avenue

**City:** Panama City, FL 32405

**Phone:** 850-872-4250

**WWW Link:** <http://doacs.state.fl.us/index.html>

**Name:** Department of Agriculture (Federal)

**Address:** 2518 South Highway 77

**City:** Lynn Haven, FL 32444

**Phone:** 850-265-1966

**WWW Link:** <http://www.usda.gov>

**Name:** Department of Commerce

**WWW Link:** <http://www.doc.gov>

**Name:** Department of Corrections (State)

**Address:** 3609 Highway 390

**City:** Panama City, FL 32405

**Phone:** 850-872-4178

**WWW Link:** <http://www.dc.state.fl.us>

**Name:** Department of Environmental Regulation  
N.W. District (State)

**Address:** 2353 Jenks Avenue

**City:** Panama City, FL 32401

**Phone:** 850-872-4345

**WWW Link:** <http://www.dep.state.fl.us>

**Name:** Department of Highway Safety and Motor Vehicles

**Address:** 6050 W. Highway 98

P.O. Box 15729

**City:** Panama City, FL 32401

**Phone:** 850-872-4150

**WWW Link:** <http://www.hsmv.state.fl.us>

**Name:** Department of Labor Wage & Hour

**Address:** 5323 W. Highway 98

**City:** Panama City, FL 32401

**Phone:** 850-785-1441

**WWW Link:** <http://www.dol.gov>

**Name:** Department of Revenue Field Office (State)

**Address:** 651 W. 14th Street

**City:** Panama City, FL 32401

**Phone:** 850-872-4165

**WWW Link:** <http://sun6.dms.state.fl.us/dor>

**Name:** Dept. of Commerce/National Marine Fisheries Service

**Address:** Panama City Laboratory

**City:** Panama City, FL

**Phone:** 850-234-6541

**WWW Link:** <http://www.nmfs.noaa.gov>

**Name:** Dept. of Interior/U.S. Fish & Wildlife Services

**Address:** 1612 June Avenue

**City:** Panama City, FL 32405

**Phone:** 850-769-0552

**WWW Link:** <http://www.fws.gov>

**Name:** District Judge

**Address:** 30 W. Government Avenue

**City:** Panama City, FL 32401

**Phone:** 850-763-7459

**Name:** Drug Enforcement Administration (DEA)

**Address:** 5321 W. Highway 98

**City:** Panama City, FL 32401

**Phone:** 850-769-3407

**WWW Link:**  
<http://www.usdoj.gov/dea/job/ads.htm>

**Name:** Federal Aviation Administration (FAA)

**Address:** 3457 Airport Road

**City:** Panama City, FL 32405

**Phone:** 850-763-8494

**WWW Link:** <http://jobs.faa.gov>

<b>Name:</b> Federal Bureau of Investigation (FBI)
<b>Address:</b> 5321 W. Highway 98
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-8751
<b>WWW Link:</b> <a href="http://www.fbi.gov/employment/employ.htm">http://www.fbi.gov/employment/employ.htm</a>

<b>Name:</b> Federal Public Defender
<b>Address:</b> 30 W. Government Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-8580

<b>Name:</b> Florida Highway Patrol
<b>Address:</b> 6050 W. Highway 98
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-872-4150
<b>WWW Link:</b> <a href="http://www.fhp.state.fl.us">http://www.fhp.state.fl.us</a>

<b>Name:</b> Florida Marine Patrol District Office
<b>Address:</b> located on the Coastal Systems Station
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5150

<b>Name:</b> Game and Fresh Water Fish Commission Regional Office (State)
<b>Address:</b> 3911 Highway 2321
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> 850-265-3676
<b>WWW Link:</b> <a href="http://www.state.fl.us/gfc">http://www.state.fl.us/gfc</a>

<b>Name:</b> Health & Human Services - Dept. of Social Security Administration
<b>Address:</b> 30 W. Government Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-9360
<b>WWW Link:</b> <a href="http://www.ssa.gov">http://www.ssa.gov</a>

<b>Name:</b> Internal Revenue Service
<b>Address:</b> 651-F W. 14th Street
<b>Phone:</b> 1-800-829-1040
<b>WWW Link:</b> <a href="http://www.irs.gov">http://www.irs.gov</a>

<b>Name:</b> Navy Human Resources
<b>WWW Link:</b> <a href="http://www.donhr.navy.mil">http://www.donhr.navy.mil</a>
<b>Comments:</b> Use this web address to search for Dept. of Navy jobs including those located at the Coastal Systems Station.

<b>Name:</b> Office of Personnel Management
<b>WWW Link:</b> <a href="http://www.usajobs.opm.gov">http://www.usajobs.opm.gov</a>
<b>Comments:</b> Use this web address to locate DOD civil service jobs throught the U.S.

<b>Name:</b> Panama City Beach Police Department
<b>Address:</b> 17110 Firenzo
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-233-5012

<b>Name:</b> Panama City Police Department
<b>Address:</b> 1209 E. 15th Street
<b>City:</b> Panama City, FL 32405

<b>Name:</b> Panama City Public Works
<b>Address:</b> 731 Massalina Drive
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-3170

<b>Name:</b> Panama City Utility Department
<b>Address:</b> 3601 W. 23rd Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-872-3191

<b>Name:</b> Solid Waste Department (Sanitation)
<b>Address:</b> 517 E. 9th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-874-6129

<b>Name:</b> Tyndall Air Force Base
<b>POC:</b> Civilian Personnel O Bldg 662 - Room 238
<b>Address:</b> TAFB
<b>City:</b> Panama City, FL 32403
<b>Phone:</b> 850-283-3203
<b>DSN Phone:</b> 523-3203
<b>WWW Link:</b> <a href="http://www.tyndall.AF.mil">http://www.tyndall.AF.mil</a>
<p><b>Comments:</b> Hours: 0730-1630 Mon-Fri</p> <p>This office provides information on federal employment opportunities and application procedures. You can access this information by calling the Job Line at (850)283-2006.</p> <p>The TAFB Civilian Personnel Office is no longer accepting applications for vacant positions. They are no longer publishing or posting any vacancy announcements. The new method to apply for federal vacancies at TAFB and at most Air Force Bases world-wide requires that you submit a resume to the Air Force Personnel Center (AFPC), Randolph AFB TX. You must use the special "Job Kit" to apply for vacancies.</p> <p>If you need a Job Kit, you can get one by mail, phone, fax or Internet using the addresses and numbers below:</p> <p>By Mail at address: HQ AFPC/DPCF, Attn: Job Kit, 550 C Street West, Suite 57, Randolph AFB TX 78150-4759.</p> <p>By Phone at: 1-800-699-4473, then press 1 for employment information, then 4 for general employment information, then "0" to speak to an employment representative to request a Job Kit.</p> <p>The Tyndall Job Line (850) 283-2006 also contains information about the new application process. DOD ID cardholders (including NAF employees) may use the Tyndall Family Support Computer Resource Center for obtaining on-line employment information and submitting resumes electronically.</p> <p>Nonappropriated Fund employment (NAF): Job vacancies are listed on the Tyndall Job Line at (850) 283-2006, (press 2 for NAF jobs). The NAF Human Resources Office is located in Bldg 1127, Suwannee Road and can be reached by calling (850) 283-2019.</p> <p>Contractor jobs: (Example: Del-Jen, Trend Western Corp, Lockheed-Martin) Contact or visit the WorkForce Center, 114 E. 9th Street, Panama City,</p>

FL 32401, (850) 872-4340. DOD ID cardholders may obtain this information by visiting the Family Support Center (FSC), Bldg 745, Tyndall AFB, FL.

TAFB Commissary Community Mall, 220 Mall Lane Panama City, FL 32403-5428 (850) 283-4825/4826 (DSN 523). Contact the commissary regarding vacancies and application procedures.

TAFB Base Exchange AAFES Community Mall, Bldg. 950 Panama City, FL 32403-54428 (850) 283-6437 (DSN 523). Call the Army/Air Force Exchange Services (AAFES) office for employment information.

<b>Name:</b> U.S. Customs Service
<b>Address:</b> 5321 W. Highway 98
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-4688
<b>WWW Link:</b> <a href="http://www.customs.ustreas.gov/career/career.htm">http://www.customs.ustreas.gov/career/career.htm</a>

<b>Name:</b> U.S. Office of Personnel Management
<b>City:</b> Atlanta, GA
<b>Phone:</b> 404-331-4315
<b>WWW Link:</b> <a href="http://www.usajobs.opm.gov">http://www.usajobs.opm.gov</a>

<b>Name:</b> U.S. Post Office
<b>Address:</b> 1336 Sherman Avenue (Panama City) 1400 W. Jordan Street (Pensacola)
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-747-4840 (Panama City) 850-434-9169(Pensacola)
<b>WWW Link:</b> <a href="http://www.usps.gov">http://www.usps.gov</a>

<b>Name:</b> U.S. Secret Service
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-265-2083
<b>WWW Link:</b> <a href="http://www.treas.gov/usss">http://www.treas.gov/usss</a>

<b>Name:</b> Utilities Department
<b>Address:</b> 3400 Transmitter Road
<b>City:</b> Panama City, FL 32404
<b>Phone:</b> 850-872-4785

## Professional or Occupational Licensing

Below are listings of where a professional or occupational license can be obtained.

<b>Name:</b> Business Requirements Florida Department of Commerce Division of Economics Development
<b>Address:</b> 443 Collins Building
<b>City:</b> Tallahassee, FL 32399-2000
<b>Phone:</b> 850-488-9357/ 1-800-342-0771
<b>Comments:</b> This office provides information on local, state, and federal requirements to start a business in Florida.

<b>Name:</b> Child Care Certification Early Childhood Services
<b>Address:</b> 405 N. Jenks Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-7551
<b>Comments:</b> 0800-1700 Mon-Fri

<b>Name:</b> Home Business/Small Business Start-Up Bay County Building Department
<b>Address:</b> 640 Mulberry Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-784-4032
<b>Comments:</b> To operate a business in Bay County, you must obtain a Certificate of Occupancy from the Bay County Building Department and an annual Occupational License.

<b>Name:</b> Real Estate Bay County Board of Realtors
<b>Address:</b> 1123 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-763-8078

<b>Name:</b> Teacher Certification Bay County District Schools
<b>Address:</b> 1311 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-872-4100
<b>Comments:</b> 0730-1630 Mon-Fri

## Networking Opportunities

Visit the Career Development & Resource Center (CDRC), Building 304 - Room 121, for networking handouts. Call (850-235-5800/DSN 436-5800) or email [mcombsca@ncsc.navy.mil](mailto:mcombsca@ncsc.navy.mil) to make an appointment for career and employment counseling. Refer to EMPLOYMENT, Permanent Employment Resources, Professional Placement Network, for a networking employment opportunity.

## Medical And Dental

### Medical and Dental Overview

For more information on this subject:

325th Medical Group

<http://www.tyndall.af.mil/325%20MDG/325mdg.htm>

Bay County civilian community is served by two major medical facilities. The Coastal Systems Station has a small medical clinic, a detachment of the Pensacola Naval Hospital, and an outpatient VA Clinic. Pensacola Naval Hospital is located approximately 100 miles from Panama City.

Tyndall Air Force Base (TAFB) no longer has Emergency or Acute Care; Obstetrics; Orthopedic; ENT; Surgical; or Inpatient services. If you are active duty and become ill after 1600 and cannot wait until the following work day to be seen at the Coastal Systems Station (CSS) Branch Medical Clinic, Tyndall's Primary Care is available by appointment by calling 1-800-824-3454.

Currently, if you are active duty and need to seek EMERGENCY medical care on the weekends or after hours, report to an Emergency Room then notify us within 24 hours, either by phone 234-4176/4177 or by paging our duty HM at 258-1433.

If you have any questions please do not hesitate to call me, HMCS(AW) Dowling at 234-4177 or pager 258-1245.

### Medical Services/Directory - on Installation

For more information on this subject:

Department of Veteran's Affairs

<http://www.va.gov>

### BRANCH MEDICAL CLINIC

The Station's Branch Medical Clinic services active duty members. Family members and retirees who are NOT enrolled in TRICARE PRIME can be seen on a "space available" basis, between the hours of 0730 and 1600 Monday through Thursday, and on Friday from 0730 through 1130. Patients must have their health record with them and a valid ID card if over the age of 10. Care capability is limited, but routine medical problems, physicals, lab studies, and basic x-rays can be accommodated.

0730-1600 Mon-Thu    0730-1130 Fri    Closed  
Sat/Sun/Holidays

The Clinic operates as an acute-care medical facility. Staffing consists of one Family Practice Physician, 5 Hospital Corpsman, 1 Occupational Health Nurse, 2 Medical Assistants, 1 Radiology Technician, and 1 Medical Technologist. Active Duty members are seen by appointment from 0730-1600 Mon-Thu, Fri 0730-1130. Emergencies seen during work hours are evaluated and referred to the appropriate emergent medical care facility. Prescriptions CANNOT be filled if written by a civilian physician due to state laws.

Ambulance: None on Station. Procedures for obtaining ambulance service and/or emergency medical treatment is by calling 911.

#### VA OUTPATIENT CLINIC

The VA Clinic is located in Building 387. Plain film x-rays, laboratory tests and local diagnostic services are provided. The clinic is staffed by three board certified primary care physicians, a board certified Psychiatrist, two nurse practitioners, five certified registered nurses, three patient service assistants and several work study students who work in the file room. To register for VA care or schedule an appointment call (850) 235-5101. Web address is located in the overview web address.

Hours: 0800-1630 Mon-Fri

MEDICAL SERVICES/DIRECTORY - OFF  
INSTALLATION (25 MILES FROM CSS)

#### TYNDALL AIR FORCE BASE (TAFB)

Tyndall AFB and the Panama City area have excellent medical and dental facilities. Tyndall's military treatment facility provides primary care for active duty military and their dependents. There is no emergency room. The community boasts two hospitals; numerous outpatient surgery centers; outpatient treatment centers; and rehabilitative services. All emergency services are accessed by dialing 911.

The mission of the 325th Medical Group is to provide medical and dental care that enables all wing and associate units to maximize wartime readiness and combat capability; conduct continuous training to

meet both peacetime and wartime commitments; provide or arrange top quality care for all beneficiaries; and maintain a community-wide wellness program to create an environment of healthy living.

The 325th Medical Group was fully accredited in 2000 by the Joint Commission on Accreditation of Healthcare Organization (JCAHO) which is composed of the American College of Physicians, American College of Surgeons, American Medical Association and the American Hospital Association. The laboratory is accredited by the College of American Pathologists and the American Association of Blood Banks. Accreditation by these outstanding organizations means the 325th Medical Group meets or exceeds nationally developed standards which measure excellence in patient care.

Priorities: Congressional budget actions limit resources, resulting in the need to establish priorities for services. Active duty members are the first priority of medical services. They are entitled to receive complete and unqualified treatment. Family members are the second priority and are entitled to medical services, contingent upon the availability of space, facilities and the capabilities of the medical staff.

Appointments: In order to provide the most accessibility and timely health care possible, our outpatient clinics operate on an appointment basis. Unless otherwise indicated, most clinic appointments are made by calling 283-2778.

When accessing the appointment system, please listen to the recorded messages for other pertinent information regarding clinic hours, prescription refills, etc. Cancellations may be made by calling 283-2778 and pressing the appropriate buttons.

Same Day Acute Appointments: Active duty or family members can schedule a same-day acute appointment by calling 283-2778 any time after 0700 and following the instructions on the phone message.

All information regarding the 352th Medical Group is posted and updated to the web page under Medical Services Overview.

#### MEDICAL SERVICES LISTING:



### Medical Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
COASTAL SYSTEMS STATION - CLINIC	Dental Clinic	(850) 234-4131
COASTAL SYSTEMS STATION - CLINIC	Appointments	(850) 234-4177
COASTAL SYSTEMS STATION - CLINIC	Pharmacy	(850) 234-4178
COASTAL SYSTEMS STATION VA OUTPATIENT CLINIC	Appointments	(850) 235-5101
TYNDALL AFB - 325TH MEDICAL GROUP	Appointments	1-800-824-3454
TYNDALL AFB - 325TH MEDICAL GROUP	Appointments	(850) 283-2778
TYNDALL AFB - 325TH MEDICAL GROUP	Dental Clinic	(850) 283-7573
TYNDALL AFB - 325TH MEDICAL GROUP	Admissions & Disposition	(850) 283-7493
TYNDALL AFB - 325TH MEDICAL GROUP	Immunization	(850) 283-7570
TYNDALL AFB - 325TH MEDICAL GROUP	Pharmacy	(850) 283-7576
TYNDALL AFB - 325TH MEDICAL GROUP	Pharmacy Automated O	1-800-356-5273

#### Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

To receive health benefits, family members must be registered in the DEERS database. To register, call the Personnel Support Detachment (PSD), DEERS/ID card section, (850) 235-5525.

#### Wellness Program (CSS)

The "Fresh Start Program," sponsored by the American Cancer Society is available to active duty members and their families and civil service employees.

<b>Name:</b> Branch Medical Clinic Wellness Program
<b>Address:</b> Building 148, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4177 (DSN 436)
<b>Comments:</b> Offers variety of programs to lead a healthier lifestyle. Call for program information. Hours: 0730-1130 & 1300-1600 Mon-Fri

<b>Name:</b> Nutritional Medicine
<b>POC:</b> Tyndall Air Force Base
<b>Address:</b> Building 1465
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-7552
<b>Comments:</b> Provides counseling on weight control, proper diet maintenance, healthy eating habits, etc. Training classes are provided on cholesterol control, weight reduction, diets for diabetics, pre-natal nutrition (these classes require that you be referred by a medical provider); high-fiber general nutrition class and the commissary food tours are available on a walk-in basis. Hours: 0730-1600 Mon-Fri

<b>Name:</b> TRICARE Plus of Florida
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 784-7979

<b>Name:</b> Tobacco Cessation Classes
<b>Address:</b> Tyndall Air Force Base
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 283-3793 (DSN 523)
<b>Proximity to site:</b> 25 miles
<b>Comments:</b> Call for assistance in finding help to stop smoking.

## Community Hospitals

24-Hour Emergency Service.... : 911

<b>Name:</b> Bay Medical Center
<b>Address:</b> 615 N. Bonita Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 769-1511
<b>WWW Link:</b> <a href="http://www.baymedical.org">http://www.baymedical.org</a>
<b>Proximity to site:</b> 7.5 miles
<b>Comments:</b> 24-Hour Emergency Service.... : 911

<b>Name:</b> Gulf Coast Medical Center
<b>Address:</b> 449 W. 23rd Street
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 769-8341
<b>WWW Link:</b> <a href="http://www.egulfcoastmedical.com">http://www.egulfcoastmedical.com</a>
<b>Proximity to site:</b> 4 miles
<b>Comments:</b> 24-Hour Emergency Service.... : 911

## Dental Services/Directory - on Installation

The Station's Dental Clinic is staffed with one dentist and 3 dental technicians, who provide dental services for active duty military members. For special cases, active duty members may be referred to Tyndall AFB or NAS Pensacola.

Due to active duty treatment requirements, family members and retirees are seen only for emergency treatment on a stand-by basis. Family members must use the TRICARE - Family Member Dental Plan (FMDP). For retirees there is also the TRICARE Retiree Dental Program.

### Dental Services/Directory - on Installation

<i>Clinic</i>	<i>POC</i>	<i>Number</i>
Naval Dental Center - Branch Dental Clinic	Building 148	(850) 234-4131/4984

## Family Member Dental Plan

Questions concerning enrollment in the TRICARE Family Member Dental Plan should be directed to the Customer Support Desk (CSD) (850) 234-4530. This Office will handle your enrollment in this program

Questions concerning treatment information, cost for dental services, list of dentists in local area, filing dental insurance claims, forms, etc., should be directed to (850) 234-4131. For a listing of dentists participating in the TRICARE Dental Plan, call 1-800-866-8499.

### INTRODUCING THE TRICARE RETIREE DENTAL PROGRAM

Public Law 104-201 and Public Law 105-56 established a dental insurance program for uniformed service retirees, certain unmarried surviving spouses, and their eligible family members. This voluntary dental plan with self-paid premiums is administered by the DDP Delta division of Delta Dental Plan of California and covers extensive dental care for enrollees. Services will be provided in the 50 United States, the District of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American

Samoa, the Commonwealth of the Northern Mariana Islands, and Canada. For more information call (888) 838-8737.

<b>Name:</b> TRICARE-FAMILY MEMBER DENTAL PLAN (FMDP)
<b>POC:</b> CSS Branch Dental Clinic
<b>Address:</b> Building 148
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4131 (DSN 436)
<b>Comments:</b> Hours: 0730-1500 Mon/Wed/Thur/Fri 0730-1600 Tue

<b>Name:</b> Enrollment in TRICARE Dental Plan
<b>POC:</b> Personnel Support Detachment (PSD)
<b>Address:</b> Building 386, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5029 (DSN 436)
<b>Comments:</b> Hours: 0730-1600 Mon-Wed & Fri; 0800-1600 Thu

## Housing

### Housing Overview

The CSS Housing Welcome Center provides housing information on the rental or sale of facilities within a one hour commute of the Station. These facilities include houses, apartments, condominiums, mobile homes, and room-mate units. Computerized listings of rentals are available to all active duty personnel, retirees, DOD civilians, and their family members. Rental Listings change on a daily basis. If you have not already received a CSS Welcome Aboard Package (WAP), call (850) 234-4248/DSN 436-4248 or toll free 888-382-4559, and request one be sent to you. The WAP contains rental and sales information as well as hotels and motels that give special rates to military/government personnel.

Seasonal factors greatly affect the off-Station housing market because the Station is located on Panama City Beach (a tourist community). Canadians visit in the winter months and thousands of other vacationers visit during the summer. Although it is difficult to find furnished units during the summer, a few individuals prefer military tenants and are willing to hold their units for military personnel during the peak tourist season.

As a rule, there is a fair selection of long term, unfurnished dwellings available in the civilian community. The average rental rates for a 3 bedroom, 2 bath single dwelling (a nice, middle-class home) is approximately \$700-850 per month. Apartment units, duplexes, etc. are less expensive. Lesser priced and more expensive homes are also available.

Typically, it is extremely difficult to find vacancies for individuals who own pets. Unfortunately, many previous pet owners have allowed their pets to become nuisances, and property management personnel are reluctant to rent to individuals with pets. All personnel should be prepared to pay a non-refundable pet fee ranging from \$150-\$300 per pet in addition to a security deposit.

The Housing Welcome Center also maintains listings of rentals which accommodate short-term personnel.

For those of you who are assigned on a short-term basis (3-6 months), there is a variety of listings available, many of which are totally furnished and include utilities. During the autumn months, beachfront rentals are reasonable, but for short-term accommodation only.

When renting off the Station, be certain that your contract includes the Housing Welcome Center's special "Military Clause." This clause will allow termination of the lease with a 30-day advance written notice when military orders are received or when on-Station housing becomes available.

<b>Name:</b> Housing Welcome Center
<b>POC:</b> Housing Referral Specialists
<b>Address:</b> Building 304, 6703 W. Hwy. 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248/4898 or toll free 888-382-4559
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-4248/4898
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> carteram@ncsc.navy.mil

### Housing Allowances

#### BASIC ALLOWANCE FOR QUARTERS (BAQ)

WITH DEPENDENTS		WITHOUT	
DEPENDENTS	OFFICER	ENLISTED	ENLISTED
W-1 \$501	E-1 \$361	W-1 \$380	E-1
\$202 W-2 579	E-2 361	W-2 454	E-2
2 227 W-3 629	E-3 379	W-3 512	E-3
E-3 279 W-4 687	E-4 408	W-4 609	E-4
E-4 285 O-1E 575	E-5 469	O-1E 427	E-5
E-5 327 O-2E 623	E-6 521	O-2E 496	E-6
E-6 355 O-3E 690	E-7 564	O-3E 584	E-7
E-7 392 O-1 490	E-8 608	O-1 361	E-8
E-8 459 O-2 548	E-9 659	O-2 429	E-9
E-9 500 O-3 642		O-3 541 O-4	
776		O-4 675 O-5 881	
O-5 728 O-6 914		O-6 756 O-7	
1015	O-7 824		

## Housing Allowances

Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site:	
Rates and Allowances Home Page	<a href="http://www.dtic.mil/perdiem/rateinfo.html">http://www.dtic.mil/perdiem/rateinfo.html</a>
Basic Allowance for Housing	<a href="http://www.dtic.mil/perdiem/bah.html">http://www.dtic.mil/perdiem/bah.html</a>
Overseas Housing Allowance	<a href="http://www.dtic.mil/perdiem/allooha.html">http://www.dtic.mil/perdiem/allooha.html</a>

### Government Housing

#### ON STATION HOUSING:

CSS has 65 units of on-Station housing (15 officer units and 50 E1-E9 enlisted units). Enlisted personnel can expect a minimum waiting period of 12 to 18 months, but officer housing is less in demand and waiting periods vary. If military families desire on-Station housing, the military member must provide the Housing Welcome Center with a completed Application for Military Family Housing (DD Form 1746), one copy of their Permanent Change of Station orders, and a current copy of their Dependency Application/Record of Emergency Data (NAVPERS 1070).

The effective date of the application on the waiting list will be the date of detachment from the departing duty station, provided the completed application package is received within 30 days of the date you sign in to your new duty station. Completed application packages received after the 30-day period will be effective the date of the package is received in the Housing Welcome Center. To speak with a Housing representative, contact a Housing Referral Specialist at (850) 234-4248/DSN 436-4248 (toll free 1-888-382-4559). For extraordinary or unusual requirements, contact the Housing Officer at (850) 235-5808/DSN 436-5808.

Upon arrival, contact the Housing Welcome Center for information concerning motels/hotels that offer special rates to military/DOD personnel. To speak to a Housing representative regarding advance hotel information, contact the Housing Referral Specialist at (850) 234-4248, (toll free 1-888-382-4559).

#### MILITARY FAMILY HOUSING:

4 Bedrooms:  
Enlisted - 4 Units

3 Bedrooms:  
Junior Officer - 7 Units  
Enlisted - 42 Units

2 Bedrooms:  
Enlisted - 4 Units

#### BACHELOR QUARTERS:

The Seashore Inn, winner of the 1997 & 1999 ADM Zumwalt Five Star Award, is available to house all DoD employees on official travel, eligible military travelers and their dependents, and eligible retired military members on space available basis. The three buildings of the Seashore Inn BQ house both permanent party and transient members. CSS does not have a Navy Lodge.

The Seashore Inn includes 47 BOQ suites (5 VIP Suites), 16 CPO suites, 197 BEQ rooms and 55 CBQ rooms. Military service members not on official orders to the Station may utilize the BOQ, CPO suites, and CBQ rooms on a space available basis for up to 30 days. Accompanied PCS members on official orders may utilize the CBQ rooms, which sleep four and have access to common area kitchens, for up to 60 days as temporary lodging. BOQ costs range from \$16 - \$20 per night. CPO suites and CBQ rooms are \$16.00 per night. Extra person charges apply to all BOQ, CPO, and CBQ room types. BEQ rooms cost \$7.00 - \$13.00 per night. All BOQ suites are quipped with full kitchenettes. Services available to guests include baby cribs, a big screen movie lounge, laundry facilities, video checkouts, computer room, game room, common area kitchens, ATM, weight room, and vending areas. Pets are not allowed in BQ facilities.

Building 304N is available for transient lodging and provides 55 rooms.

When calling for reservations, please specify whether you are traveling on official orders or are interested in space available lodging. For 24-hour reservations, call (850) 234-4217 or DSN 436-4217.

#### TYNDALL AIR FORCE BASE:

Temporary Lodging at Tyndall Air Force Base is available to Navy personnel on a space-available

basis, usually on a day-to-day availability. Tyndall is located approximately 30 minutes (25 miles) from the Coastal Systems Station. See Record Listing for more information.

For additional information see Related Subject: Relocation Services; Billeting.

<b>Name:</b> Housing Welcome Center
<b>POC:</b> Housing Referral Specialist
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-4248
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> carteram@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.ncsc.navy.mil/Area_Information/Housing_Welcome_Center/Housing_Welcome_Center.htm">http://www.ncsc.navy.mil/Area_Information/Housing_Welcome_Center/Housing_Welcome_Center.htm</a>
<b>Comments:</b> Housing Welcome Center Toll Free #: 888-382-4559  Hours: 0700-1600 Mon-Thu 0700-1500 Fri

<b>Name:</b> Sand Dollar Inn (BOQ/BAQ)
<b>POC:</b> TAFB Billeting Office
<b>Address:</b> Tyndall Air Force Base, Bldg. 1332
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-4210 or (850) 283-4211
<b>FAX:</b> (850) 283-4800
<b>DSN Phone:</b> 523-4210 or 523-4211
<b>DSN FAX:</b> 523-4800
<b>Proximity to site:</b> 25 miles
<b>Comments:</b> TAFB has 235 BOQ rooms at a cost of \$8-\$14 per day; 700 BAQ rooms at \$7 per day.

<b>Name:</b> Seashore Inn Bachelor Quarters
<b>POC:</b> BEQ/BOQ Front Desk
<b>Address:</b> BEQ: Bldg. 484 Vernon Avenue BOQ: Bldg. 349 Solomon Drive
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 236-2500/Reservations: (850) 234-4217 (DSN 436)
<b>FAX:</b> BOQ: (850) 235-5440/BEQ: (850) 234-4991 (DSN) 436
<b>Comments:</b> Hours : 24 hours a day

<b>Name:</b> Temporary Lodging Facility (TLF)
<b>POC:</b> Tyndall Air Force Base
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-4210 or (850) 283-4211
<b>DSN Phone:</b> 523-4210 or 523-4211
<b>Proximity to site:</b> 25 miles
<b>Comments:</b> There are 40 TLF units with fully-equipped kitchens, at \$20 per day. No pet are allowed. A list of kennels is available at the front desk upon request. For reservations and information, contact the Billeting Office with a copy of official orders. Check-in time is 1400 hours and check-out is 1200 hours.

## Community Housing

### AVERAGE COMMUNITY HOUSING COSTS:

Rent Utilities	Deposit	1 BR	2 BR	3 BR	4 BR	5 BR
Apartment	100-940	545	645	840	940	N/A
Condominium	350-1000	700	900	1100		N/A
Townhouse	250-750	600	705	750		N/A
House	350-960	575	675	815	1200	N/A

Rates could be higher during the seasonal period from May-August.

Apartment	Home	Rentals	Rentals
1BR: \$485-650	2BR: \$600-700	3BR: \$800-900	4BR: \$750-2000

	Home Purchase	Mobile Home Purchase
2BR	\$45-100K	\$15-40K
3BR	\$60-170K	\$20-45K
4BR	\$70-200K	\$22-47K

<b>Name:</b> Housing Welcome Center
<b>POC:</b> Housing Referral Spe Relocation
<b>Address:</b> Bldg. 304 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248 or 800-382-4559
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-4248
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> carteram@ncsc.navy.mil

## Utilities

Security deposits for electrical and natural gas are waived for military personnel who are assigned to Panama City. In order to take advantage of these waivers, military personnel must fill out the waiver forms at the Housing Welcome Center, and housing personnel will fax these forms to the appropriate office. Unfortunately our agreements with the utility companies are not extended to military spouses, retirees, or Department of Defense personnel.

There are several companies that provide utilities for the Bay County area. Your individual utility charges may vary according to type and usage for your particular dwelling.

SPRING AND FALL MONTHS      \$115-\$125 per month (+/-)

SUMMER MONTHS                      \$130-\$230 per month (+/-)

The CSS Housing Welcome Center, Gulf Power Company and West Florida Gas Company have negotiated an agreement to waive the electrical/gas deposits (\$150.00 and \$75.00, respectively) for active duty military assigned to Panama City. These active duty personnel are not required to go to Gulf Power/West Florida Gas to obtain service. Stop by the Housing Welcome Center to fill out forms for these services.

<b>Name:</b> Alltel Cellular
<b>Address:</b> 2503 Highway 77
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-785-7000

<b>Name:</b> Amerigas Propane
<b>Address:</b> 421 Oak Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-763-6511

<b>Name:</b> BellSouth
<b>POC:</b> Information Assistance
<b>City:</b> Panama City, FL
<b>Phone:</b> 780-2355 (inside Florida) 1-800-753-2909 (outside Florida or BellSouth territory))
<b>WWW Link:</b> <a href="http://www.bellsouth.com">http://www.bellsouth.com</a>

<b>Name:</b> BellSouth Mobility
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-873-3670

<b>Name:</b> COMCAST Cable
<b>POC:</b> New Sales Desk
<b>Address:</b> 1316 Harrison Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 769-0392
<b>WWW Link:</b> <a href="http://www.comcast.com">http://www.comcast.com</a>
<b>Proximity to site:</b> 5 miles

<b>Name:</b> CYber SYtes Internet
<b>Address:</b> 505 Dolphin Dr
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5514
<b>WWW Link:</b> <a href="http://www.cysy.com">http://www.cysy.com</a>

<b>Name:</b> Callaway Water Dept.
<b>Address:</b> 5708 Cherry Street
<b>City:</b> Callaway, FL
<b>Phone:</b> 850-872-7785
<b>Comments:</b> \$10.00 account charge

<b>Name:</b> Cedar Grove Water Dept.
<b>Address:</b> 2728 E. 14th Street
<b>City:</b> Cedar Grove, FL
<b>Phone:</b> 850-763-0102

<b>Name:</b> Cellular One
<b>Address:</b> 529 W. 23rd
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-2269

<b>Name:</b> Cellular Unlimited
<b>Address:</b> 2351 St. Andrews Blvd.
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-747-3888

<b>Name:</b> Comcast Internet Service
<b>Address:</b> 1316 Harrison Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 1-888-793-9800
<b>WWW Link:</b> <a href="http://www.comcast.com">http://www.comcast.com</a>

<b>Name:</b> Gulf Coast Electric Cooperative
<b>Address:</b> Highway 77
<b>City:</b> Southport, FL 32408
<b>Phone:</b> 850-265-3631

<b>Name:</b> Gulf Coast Internet Company
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-4167

<b>Name:</b> Gulf Power Company
<b>POC:</b> Information Desk
<b>Address:</b> 1230 E. 15th Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 1-800-225-5797
<b>WWW Link:</b> <a href="http://www.southernco.com/site/gulfpower">http://www.southernco.com/site/gulfpower</a>
<b>Proximity to site:</b> 7 miles
<b>Comments:</b> Connection Fee: \$16.00 - \$20.00 Connection Fee is billed separately - usually 3-4 days after service is turned on. Military waiver for deposit accepted.

<b>Name:</b> I-1 Internet Group, Inc.
<b>Address:</b> 25 Harrison Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-913-8425
<b>WWW Link:</b> <a href="http://www.i-1.net">http://www.i-1.net</a>

<b>Name:</b> Intercity OZ Internet
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-230-8334
<b>FAX:</b> 850-230-0580
<b>WWW Link:</b> <a href="http://www.interoz.com">http://www.interoz.com</a>

<b>Name:</b> Knology
<b>POC:</b> New Sales Desk
<b>Address:</b> 13200 Back Beach Road
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> (850) 215-1000
<b>WWW Link:</b> <a href="http://www.knology.com">http://www.knology.com</a>
<b>Proximity to site:</b> 6 miles

<b>Name:</b> Knology Internet
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-215-1000
<b>WWW Link:</b> <a href="http://www.knology.com">http://www.knology.com</a>

<b>Name:</b> Lynn Haven Water Department
<b>POC:</b> Information Assistance
<b>Address:</b> 825 Ohio Avenue
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> (850) 265-2121
<b>Proximity to site:</b> 8 miles
<b>Comments:</b> Service Charge: \$30.00 (non-refundable) Approximately \$110.00 will be due at the time the water is turned on.

<b>Name:</b> Mexico Beach Water Dept.
<b>Address:</b> 118 N. 14th Street
<b>City:</b> Mexico Beach, FL
<b>Phone:</b> 850-648-5245
<b>Comments:</b> Re-connection fee: \$15.00 Must complete an application at the office

<b>Name:</b> News Herald
<b>POC:</b> Subscription Information
<b>Address:</b> 503 W. 11th Street
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 747-5050
<b>WWW Link:</b> <a href="http://www.newsherald.com">http://www.newsherald.com</a>
<b>Proximity to site:</b> 4 miles
<b>Comments:</b> Rates: \$10.70 each 4 weeks for home delivery (7 days) Call for other rates and service or visit the website and apply online.

<b>Name:</b> Panacom Internet Services
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-769-1070
<b>WWW Link:</b> <a href="http://www.panacom.com">http://www.panacom.com</a>

<b>Name:</b> Panama City Beach Water Department
<b>POC:</b> Information Assistance
<b>Address:</b> 110 S. Arnold Road (Hwy 79)
<b>City:</b> Panama City Beach, FL 32413
<b>Phone:</b> (850) 233-5100
<b>Proximity to site:</b> 10 miles
<b>Comments:</b> Hook-up fees: Varies

<b>Name:</b> Panama City Water Department
<b>POC:</b> Information Assistance
<b>Address:</b> 9 Harrison Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 872-3166
<b>Proximity to site:</b> 5 miles
<b>Comments:</b> Deposit will be due at the time water is turned on. This amount may vary in some rental property if water or garbage is paid by landlord. No Military Waiver. Deposits for outside the city limits are more expensive.

<b>Name:</b> Parker Water Dept.
<b>Address:</b> 1001 W. Park Street
<b>City:</b> Parker, FL
<b>Phone:</b> 850-871-4949
<b>Comments:</b> Account Set-up fee: \$15.00

<b>Name:</b> Powertel Wireless Service
<b>Address:</b> 676 W. 23rd Street
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-913-8585

<b>Name:</b> Springfield Water Department
<b>Address:</b> 3529 E. 3rd Street
<b>City:</b> Springfield, FL
<b>Phone:</b> (850) 872-7570
<b>Comments:</b> Service Charge: \$20.00 \$100.00 will be due at the time water is turned on.

<b>Name:</b> Superior Propane Gas Company
<b>Address:</b> 4600 W. Highway 98
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-763-4625

<b>Name:</b> Teco Peoples Gas Company
<b>POC:</b> Information Assistance
<b>Address:</b> 301 Maple Avenue
<b>City:</b> Panama City, FL
<b>Phone:</b> 1-877-832-6747
<b>WWW Link:</b> <a href="http://www.peoplesgas.com">http://www.peoplesgas.com</a>
<b>Proximity to site:</b> 5 miles
<b>Comments:</b> Deposit: \$75.00 Connection fee: \$20.00  Military waiver for deposit accepted.  For Propane call 850-872-6100

<b>Name:</b> Thermogas Propane
<b>Address:</b> 7134 Noel Road (North 231)
<b>City:</b> 32404
<b>Phone:</b> 850-785-2540

## Relocation Services

### Relocation Services Overview

The Career Development & Resource Center (CDRC) should be one of your first stops when you arrive on-Station. The CDRC administers the Relocation Assistance Program (RAP), which provides services and resources to newly assigned personnel and their families. The CDRC can provide new arrivals with a variety of information on the Coastal Systems Station and the local community. The CDRC is the point of contact for CSS Welcome Aboard Packages and also maintains a Worldwide Navy WAP library.

To obtain a Coastal Systems Station (CSS) Welcome Aboard Package call the CDRC at (850) 235-5800/DSN 436-5800 or email [mccombsca@ncsc.navy.mil](mailto:mccombsca@ncsc.navy.mil). The Welcome Aboard Package contains Station and community information (i.e. local and state maps, menu & restaurant guides, visitor guides and brochures). Other CDRC services include SITES Packages for CSS and other military installations worldwide, Spouse Employment (SEAP) and Information and Referral (I&R).

The CDRC also maintains the Station Loan Locker. Loan locker household items available for temporary checkout include: futons, love seat sofas, folding table with chairs, irons/ironing boards, alarm clocks, telephones, dish kits, dinnerware, flatware, coffee pots, toasters, slow cookers, vacuum cleaners, brooms/mops, child car seats, strollers, play pens, etc. Call or email the CDRC for more information.

The CSS Welcome Center, Building 304, offers "One-Stop-Shopping" for your relocation needs. Be sure to visit these officer:

Career Development & Resource Center (Relocation, Spouse Employment and Transition Assistance, and Information and Referral.) - Room 121

Housing Office - Front Lobby & Room 124

Personal Property Office (Inbound Household Goods & POV Shipment) - Room 137 Claims - Room 139



Navy-Marine Corps Relief Society - Room 133

Counseling Service Center (Clinical Social Worker) - Room 125

Chaplain's Office/Base Chapel - Room 131

Each Station Unit Administrative Office (i.e., CSS, NEDU, NDSTC, USCG) has their own individual Indoctrination Programs and Newcomer Briefs, providing information on the Station and their unit of assignment.)

For additional information, see Relocation Services; Household Goods In-Bound and Out-Bound Shipments.

<b>Name:</b> CSS Indoctrination Program
<b>POC:</b> Military Support Office (MSO)
<b>Address:</b> Building 500
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 235-5284
<b>DSN Phone:</b> 436-5284

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>POC:</b> Relocation Bldg. 304/Room 121
<b>Address:</b> 6703 West Hwy 98, Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/taplist.asp?apid=23">http://www.taonline.com/tappages/taplist.asp?apid=23</a>
<b>Comments:</b> The CDRC administers the Relocation Assistance Program (RAP), Worldwide Welcome Aboard Package Library, "Smooth Move" orientations, Loan Locker, and provides information and referral assistance. If you have questions, ask your Relocation Office to email our office for assistance.

<b>Name:</b> Housing Welcome Center
<b>POC:</b> Housing Referral Specialist
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-4248
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> carteram@ncsc.navy.mil
<b>Comments:</b> Housing Welcome Center Toll Free Phone #: 888-382-4559.

<b>Name:</b> NDSTC Indoctrination Program
<b>POC:</b> CMC Office
<b>Address:</b> Building 350
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 235-5268
<b>DSN Phone:</b> 436-5268
<b>Comments:</b> Separate Indoc Programs are schedules for Staff and Students.
For housing and personal property information at the Coastal Systems Station, see listing below:

<b>Name:</b> NEDU Indoctrination Program
<b>POC:</b> Administration Unit
<b>Address:</b> Bldg. 321 Bullfinch Road
<b>City:</b> Panama City, FL 32407-7015
<b>Phone:</b> (850) 230-3100
<b>DSN Phone:</b> 436-3100

<b>Name:</b> Personal Property Office
<b>POC:</b> Transportation Assistant
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407
<b>Phone:</b> (850) 234-4317
<b>FAX:</b> 850-234-4356
<b>DSN Phone:</b> 436-44317
<b>DSN FAX:</b> 436-4356
<b>E-Mail:</b> wellsmj@ncsc.navy.mil

## Relocation Assistance

The Relocation Assistance Program (RAP) provides Pre-Move and Post-Smooth Move Orientation Moving Planners, CSS Welcome Aboard Packets (WAP), Worldwide Navy WAP Library, Loan Locker, Overseas briefings, Resource Library, Standard Installation Topic Exchange System (SITES) database, and numerous other handouts to

make your relocation a pleasant and stress-free experience.

The Career Development & Resource Center (CDRC) Staff can assist you with spouse employment, transition assistance and community resource information. The CDRC can also provide referrals for counseling related topics such as family advocacy, stress and financial management counseling.

Below is a list of local realtors, lodging facilities, and vacation rentals:

<b>Name:</b> 10,000 Vacation Rentals
<b>WWW Link:</b> <a href="http://www.10kvacationrentals.com/ads/fl/pnmcity.htm">http://www.10kvacationrentals.com/ads/fl/pnmcity.htm</a>

<b>Name:</b> American House Hunting OnLine
<b>City:</b> Panama City, FL
<b>WWW Link:</b> <a href="http://www.house-hunting.com/FL">http://www.house-hunting.com/FL</a>

<b>Name:</b> Beachfront Condominiums - 4 top resorts
<b>Address:</b> 2317 Magnolia Drive
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 1-800-242-6636
<b>WWW Link:</b> <a href="http://www.pcbeachfrontcondos.com">http://www.pcbeachfrontcondos.com</a>

<b>Name:</b> Bright Star Motel
<b>Address:</b> 14705 Front Beach Road
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 1-800-421-1295
<b>WWW Link:</b> <a href="http://www.brightstarmotel.com">http://www.brightstarmotel.com</a>

<b>Name:</b> Century 21, Ryan Realty
<b>Address:</b> 8212 Thomas Dr.
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-233-7926
<b>WWW Link:</b> <a href="http://www.century21ryanrealty.com">http://www.century21ryanrealty.com</a>

<b>Name:</b> Century 21, Smith and Associates
<b>Address:</b> 2316 W. 23rd Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-5286
<b>WWW Link:</b> <a href="http://www.century21-smith.com">http://www.century21-smith.com</a>

<b>Name:</b> Florida Home Finders
<b>WWW Link:</b> <a href="http://www.floridaguide.com/relo/panamacity">http://www.floridaguide.com/relo/panamacity</a>

<b>Name:</b> Georgian Terrace Motel
<b>Address:</b> 14415 Front Beach Rd.
<b>City:</b> Panama City Beach, FL 32413
<b>Phone:</b> 850-234-2144
<b>WWW Link:</b> <a href="http://www.georgianterrace.com">http://www.georgianterrace.com</a>

<b>Name:</b> Holloway House
<b>Address:</b> 15405 Front Beach Rd
<b>City:</b> Panama City Beach, FL 32413
<b>Phone:</b> 850-234-6644
<b>WWW Link:</b> <a href="http://members.aol.com/panbchfree/beach/hollo.htm">http://members.aol.com/panbchfree/beach/hollo.htm</a>

<b>Name:</b> Hotel Guide for Panama City and Panama City Beach
<b>WWW Link:</b> <a href="http://hotelguide.net/panama_city_beach/">http://hotelguide.net/panama_city_beach/</a>

<b>Name:</b> Jack Smith Century 21, Ryan Realty
<b>Address:</b> 21720 Front Beach Road
<b>City:</b> Panama City Beach, FL 32413-3318
<b>Phone:</b> 1-888-234-1404
<b>WWW Link:</b> <a href="http://www.panamacitybeachhome.com">http://www.panamacitybeachhome.com</a>

<b>Name:</b> Jim and Kay Vider, Prudential Shimmering Sands Realty
<b>Address:</b> 400 S. Hwy 79
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-233-5375
<b>WWW Link:</b> <a href="http://www.panamacityrealtor.com">http://www.panamacityrealtor.com</a>

<b>Name:</b> Majestic Motel
<b>Address:</b> 10901 Front Beach Rd
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 1-888-965-1400
<b>WWW Link:</b> <a href="http://www.majesticmotel.com">http://www.majesticmotel.com</a>

<b>Name:</b> Neubauer Real Estate, Inc.
<b>Address:</b> 10740 Middle Beach Rd.
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-230-3665
<b>WWW Link:</b> <a href="http://www.panamacityera.com">http://www.panamacityera.com</a>

<b>Name:</b> Prudential Shimmering Sands Realty
<b>Address:</b> 3106 Thomas Dr.
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-235-1433
<b>WWW Link:</b> <a href="http://www.panamacityrealestate.com">http://www.panamacityrealestate.com</a>

<b>Name:</b> Springstreet Home and Apartment rental locator
<b>WWW Link:</b> <a href="http://www.springstreet.com/cities/FL/aaCity_PANAMA_CITY_FL.htm">http://www.springstreet.com/cities/FL/aaCity_PANAMA_CITY_FL.htm</a>

<b>Name:</b> Sugar Beach - Beach Front Condominiums
<b>Address:</b> 8727 Thomas Drive
<b>City:</b> Panama City Beach, FL 32408
<b>Phone:</b> 850-234-2102
<b>WWW Link:</b> <a href="http://www.interoz.com/sugarbeach">http://www.interoz.com/sugarbeach</a>

<b>Name:</b> Sun Glo Motel
<b>Address:</b> 5401 Thomas Drive
<b>City:</b> Panama City Beach, FL
<b>Phone:</b> 850-234-2748
<b>WWW Link:</b> <a href="http://www.travelbase.com/destinations/panama-city/sun-glo/index.html">http://www.travelbase.com/destinations/panama-city/sun-glo/index.html</a>

<b>Name:</b> The Crest Family of Businesses, many rental listings
<b>Phone:</b> 1-800-923-2737
<b>WWW Link:</b> <a href="http://www.pcbeachrentals.com">http://www.pcbeachrentals.com</a>

<b>Name:</b> Velma Phillips, Prudential Shimmering Sands
<b>City:</b> Panama City, FL
<b>Phone:</b> 850-747-8271
<b>WWW Link:</b> <a href="http://www.panamacityhomes.com">http://www.panamacityhomes.com</a>

## In Transit Emergencies

No matter how well you plan your move, emergencies can happen. Before you depart, make sure you have all your important papers with you--not packed and on the moving van. Make a list of telephone numbers of key points of contacts at your new duty station. Include this list among your important papers. Important phones numbers could be the Command Duty Officer, your sponsor, new unit number--these can be invaluable in case of an emergency while in transit.

The American Red Cross is always available for emergency aid. Also check to see if there is a military installation in the area which may have a Family Service Center or Navy Relief Office that can assist you.

<b>Name:</b> American Red Cross - Central Panhandle Chapter
<b>Address:</b> 430 East 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 763-6587 (Regular & Emergency #)
<b>Comments:</b> Hours: 0800-1530

<b>Name:</b> Navy Relief (CSS)
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 235-5190 (DSN 436)

## Financial Preparedness

The Station is located on the west side of the Hathaway Bridge, placing it in the Panama City Beach resort area. Although the surrounding communities may not be considered high cost living areas, military members are often surprised by the initial outlay of dollars required to get settled in this area. Military personnel assigned to this Station do not receive COLA. Waiting time for government housing usually averages 12-18 months; therefore, families are required to rent "temporary" housing until Station quarters are available. In addition, the station has a limited number of both Officer (15) and Enlisted (50) quarters.

All newly assigned personnel must report to the Station Housing Welcome Center prior to entering into a lease for off-Station housing. Contact the Housing Welcome Center for information on housing availability, costs, and utility deposit/fees, (850) 234-4248/DSN 436-4248 or toll free 1-888-382-4559.

Seasonal factors greatly affect the off-Station housing market due to the influx of summer tourists. Contact the Housing Welcome Center for information concerning motels/hotels that offer special rates to military people. For on-Station temporary lodging information, call BOQ/BEQ Billeting Office (850) 234-4217/4556. Military personnel on PCS orders can utilize the BOQ/BEQ facilities on a space-available basis. Refer to Relocation Services; Billeting for additional information.

There is no Commissary located on the Station. The nearest commissary is located at Tyndall AFB, approximately 25 miles east of CSS. Statistics show that military families save 30% on their food bills by shopping at government commissaries.

If you have financial management problems, the following individuals and agencies can provide assistance:

#### NAVY COMMAND FINANCIAL SPECIALISTS

<b>Name:</b> Coastal Systems Station
<b>POC:</b> Command Financial Specialist
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5903
<b>DSN Phone:</b> 436-5903

<b>Name:</b> Financial Preparedness/Management Assistance
<b>POC:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800/5510
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800/5510
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.ncsc.navy.mil">http://www.ncsc.navy.mil</a>
<b>Comments:</b> The FTO Information and Referral Assistance Program provides military and community financial management information and referrals.

<b>Name:</b> Naval Diving and Salvage Training Center (NDSTC)
<b>POC:</b> Command Financial Specialist
<b>Address:</b> Bldg. 350
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5252/5258
<b>DSN Phone:</b> 436-5252/5258

<b>Name:</b> Navy Experimental Diving Unit (NEDU)
<b>POC:</b> Administration Unit
<b>Address:</b> Bldg. 321 Bullfinch Road
<b>City:</b> Panama City, FL 32407-7015
<b>Phone:</b> (850) 230-3100
<b>DSN Phone:</b> 436-3100

<b>Name:</b> Navy-Marine Corps Relief Society
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 235-5190, 234-4106
<b>FAX:</b> (850) 230-7027
<b>DSN Phone:</b> 436-5190/4106
<b>Comments:</b> Hours: 0800-1400 Mon-Fri by appointment only  The Navy-Marine Corps Relief Society can provide financial assistance in interest free loans and grants to active duty and retired military families to meet immediate needs (food, rent, utilities, deposits, etc.), emergency leave, funeral expenses, medical and dental care, auto repairs, pay problems and disaster assistance. The Society also provides assistance to widows under the Culvert fund. If you need assistance, please call the Station's Navy-Marine Corps Relief Society Office. Personnel must present a current ID card.

<b>Name:</b> Personnel Support Services Activity Detachment (PSD)
<b>POC:</b> Command Financial Specialist
<b>Address:</b> Bldg. 386
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4423
<b>DSN Phone:</b> 436-4423

#### Exceptional Family Member Program (EFMP)

This program is a mandatory enrollment program that works with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personal services to families with special needs.

An exceptional family member is a family member (child or adult) with any physical, emotional, developmental, or intellectual disability that requires special treatment, therapy, education, training, or counseling.

Contact your Command Career Counselor for information and referral. Enrollment in EFMP does not adversely affect service members, and data used in the program is not made available to selection boards. Enrollment allows detailers to consider these special needs in the assignment process. When possible, service members are assigned to an area where the medical and special education needs of their exceptional family members can be met.

Service members are still eligible for worldwide assignments.

<b>Name:</b> Branch Medical Clinic
<b>POC:</b> EFMP Advisor
<b>Address:</b> Bldg. 148
<b>Phone:</b> (850) 234-4177 (DSN 436)
<b>Comments:</b> Hours: 0730-1130 1300-1600 Mon-Wed/Fri 0730-1130 Thu

<b>Name:</b> Military Support Office
<b>POC:</b> CSS Career Counselor
<b>Address:</b> Bldg. 500
<b>Phone:</b> (850) 234-4514 (DSN 436)
<b>Comments:</b> Hours: 0800-1530

### Household Goods In-Bound Shipments

Newcomers to CSS are required to contact the Personal Property Office (PPO) immediately upon arrival and provide a contact address, telephone number and delivery address as soon as one has been established. Be prepared to accept delivery of your property as soon as it arrives. This will prevent additional handling, reduce possible loss/damage, and eliminate unnecessary storage expenses. Household goods are placed into storage on arrival if members have not made contact with the PPO. Members are provided assistance in tracing shipments from point of origin to destination. DO NOT CALL THE CARRIER! Delivery of household goods to member's residence is coordinated by the PPO to satisfy both member and carrier. To obtain status of inbound household goods, call the PPO. Ask the PPO for the DOD pamphlet, "It's Your Move."

<b>Name:</b> Personal Property Office (PPO)
<b>POC:</b> Transportation Assistant
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4317
<b>FAX:</b> (850) 234-4356
<b>DSN Phone:</b> 436-4317
<b>DSN FAX:</b> 436-4356
<b>E-Mail:</b> wellsmj@ncsc.navy.mil
<b>Comments:</b> Hours: 0900-1600 Mon-Fri by appointment only

### Household Goods Out-Bound Shipments

See your current installation Personal Property Office.

### Household Goods Claims

The claims representative is in the office each Wednesday to process claims. If household goods are lost or damaged, you have the right to file claims against both the carrier and the US Government.

The Personal Property Office (PPO) provides counseling on procedures to be followed in submitting claims for damaged/lost items and assistance in the preparation of the claims package. The PPO also conducts inspections of member's household goods when claims are submitted, reviews/processes claims, and submits claims packages to the Naval Legal Office, Pensacola, for adjudication and payment. Additionally, the PPO serves as mediator between the service member and the commercial carrier. To file a claim, the service member must initiate a DD Form 1840 no later than 70 days after delivery of shipment. Members may take up to 2 years to file the actual claim. Please call the claims representative Ms. Fudge prior to turning in your DD Form 1840R and claim packet, and be aware that the representative is often out of the office performing inspections.

Read and study the DOD brochure, "It's Your Move" provided by the PPO, for a thorough understanding of the claims process.

<b>Name:</b> Personal Property Office (PPO)
<b>POC:</b> Claims Inspector
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4434
<b>FAX:</b> (850) 234-4356
<b>DSN Phone:</b> 436-4434
<b>DSN FAX:</b> 436-4356

### Household Goods Weight Allowances

Each pay grade has its own weight allowance, which is the maximum weight that can be moved at government expense. This allowance is established under the provisions of the Joint Federal Travel Regulation (JFTR). The allowance includes the weight of household goods shipped, placed in storage, or sent as unaccompanied baggage.

The member is responsible for staying within this allowance. Any amount exceeding the maximum weight allowance must be paid by the service member. Estimating the weight of household goods is very important. You should make this estimate

early since the PPO Counselor will ask how much weight you will be shipping on your first visit.

An easy and fairly dependable method for making the estimate is to figure 1,000 pounds per room (not including storage rooms or bathrooms) and then add the estimated weight of large appliances, items in the garage, storage rooms, basement, etc. To re-check your figures during the moving process, count the number of items on the inventory form used by the carrier. Then multiply the number by 40 pounds.

If, while your goods are being packed and loaded, there is evidence the shipment will exceed your weight allowance, you may want to call the PPO for assistance. The Transportation Assistant can estimate the costs associated with your excess weight. This should assist you in being prepared for charges you will be assessed. IF YOU ARE SEPARATING FROM THE SERVICE AND WILL NOT REMAIN

IN AN ACTIVE PAY STATUS, EXCESS COSTS MUST BE PAID IN ADVANCE OF MOVING YOUR SHIPMENT.

The following weight allowances are provided for your information, but when relocating, weight allowances should always be verified with the PPO at CSS.

NOTE: Weight Allowances are two-tiered at the grade of E4

\*E4 Weight Allowance that have less 2 years or less:  
with dependents - 7,000 lbs. without dependents - 3,500 lbs.

\*E4 Weight Allowances with more than 2 years:  
with dependents - 8,000 lbs. without dependents - 7,000 lbs.

### Household Goods Weight Allowances

<i>Grade</i>	<i>Allowance w/Dependents</i>	<i>Allowance wo/Dependents</i>
E1	5,000	1,500
E2	5,000	1,500
E3	5,000	2,000
E4	*7,000	*3,500
E5	9,000	7,000
E6	11,000	8,000
E7	12,500	10,500
E8	13,500	11,000
E9	14,500	12,000
W-1	12,000	10,000
W-2	13,500	12,500
W-3	14,500	13,000
W-4	17,000	14,000
O-1	12,000	10,000
O-2	13,500	12,500
O-3	14,500	13,000
O-4	17,000	14,000
O-5	17,500	16,000
O-6+	18,000	18,000

### POV In-Bound Shipments

On arrival at your new duty station, contact the Personal Property Office. For more information on privately owned vehicle, in-bound and out-bound shipments, contact the above for more information, and read pages 22-27 of the brochure "It's Your Move" and the DOD GEN 42 brochure, "Shipping Your POV." The PPO can provide you copies of these brochures.

<b>Name:</b> Personal Property Office (PPO)
<b>POC:</b> Transportation Assistant
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 234-4317
<b>FAX:</b> (850) 234-4356
<b>DSN Phone:</b> 436-4317
<b>DSN FAX:</b> 436-4356
<b>E-Mail:</b> wellsmj@ncsc.navy.mil

## POV Out-Bound Shipments

Contact your current installation's Personal Property Office for information on out-bound POV shipments.

<b>Name:</b> Personal Property Office (PPO)
<b>POC:</b> Transportation Assistant
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4317
<b>FAX:</b> (850) 234-4356
<b>DSN Phone:</b> 436-4317
<b>DSN FAX:</b> 436-4356
<b>E-Mail:</b> wellsmj@ncsc.navy.mil

## POV Claims

Contact the CSS Personal Property Office (PPO) (see listings above) for information on your POV claims.

## Pet Boarding/Kennels

There are no pet boarding/kennel facilities on the Station. For additional information, refer to RELOCATION SERVICES, Veterinary Services.

## Pet Licensing

No pet licensing is required in this area.

## Pet Quarantines

Bay County requires that an animal that has bitten someone and cannot show proof of rabies inoculation must be quarantined for 10 days in a licensed facility, i.e., the Humane Society or a licensed veterinary office. Refer to RELOCATION SERVICES, Veterinary Services for services in the local area.

## Veterinary Services

Although there are no veterinary services or facilities on the Coastal Systems Station, you may use the Tyndall Air Force Base Veterinary Clinic.

### TAFB Veterinary Clinic

Pets are seen by appointment only. Supplies, however, can be purchased anytime during duty hours. Professional staff can assist with ear infections, skin disorders, parasites, vaccinations, health certificates, allergies, respiratory infections, and many other treatments. A full line of products are available from heartworm preventatives to special shampoos and skin products. There is no "office" fee, and services are tax-free. There is a \$2.00 user fee added to your total bill each time you

visit the clinic. For the safety of your children, it is requested that no children under the age of 12 be brought to the clinic.

Additionally, there are more than 11 animal hospitals/clinics in the area. Callaway Animal Hospital and the Panama City Animal Hospital and Equine Center are the only two in the area that service horses and farm livestock.

Veterinary hospitals and boarding facilities located near the Base are the Animal Care Center (235-2877), and the Animal Hospital of Panama City Beach (233-7091). For a complete listing of area boarding/grooming facilities, please consult the local telephone directory yellow pages.

<b>Name:</b> Tyndall Veterinary Clinic
<b>Address:</b> 903 Beacon Beach Road
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-2434
<b>Comments:</b> Hours: 0800-1600 (Mon - Fri)

## Pet Transportation

Contact your current installation's Personal Property Office for instructions for transporting pets.

## PCS Reporting Procedures

All new arrivals are assigned a sponsor to provide assistance with the PCS move. NDSTC students are not normally assigned sponsors. If you are making a PCS relocation and have not been assigned a sponsor from your new Command, call the number listed below for your Command. Sponsors supply members with complete inprocessing information.

New officer arrivals report directly to building 389 and enlisted report to building 484 to get orders stamped with date and time of arrival.

Service members report to PSD (Bldg. 386) on arrival to get personnel and financial records established. Service members report to this Command in duty uniform. Uniform of the Day information is provided by PSD upon request. When departing PSD, member reports to the Administrative Office of the activity to which they are assigned. This office provides newcomer orientation and indoctrination information.

The Military Support Office (Bldg. 500) provides new CSS arrivals a Station Check-in Sheet and an indoctrination brief.

After reporting to PSD, NDSTC Students and Staff should go directly to NDSTC's Administration Office (Bldg. 350) to obtain a check-in sheet.

Personnel assigned to NEDU should report directly to NEDU Administration Office (Bldg. 321) prior to reporting to PSD.

<b>Name:</b> BQ Billeting
<b>Address:</b> Bldg. 484
<b>Phone:</b> (850) 234-4217 (DSN 436)
<b>Comments:</b> Hours: 24 hrs. a day

<b>Name:</b> Customer Support Desk (CSD)
<b>Address:</b> Bldg. 110
<b>Phone:</b> (850) 234-4530
<b>DSN Phone:</b> 436-4530
<b>Comments:</b> Hours: 0800-1500 Mon-Fri

<b>Name:</b> Military Support Office (MSO)
<b>Address:</b> Bldg. 500
<b>Phone:</b> (850) 234-4362 (DSN 436)
<b>Comments:</b> Hours: 0800-1600 Mon-Thu 0800-1200 Fri

<b>Name:</b> Naval Diving & Salvage Training Center (NDSTC)
<b>Address:</b> Bldg. 350
<b>Phone:</b> (850) 235-5219
<b>DSN Phone:</b> 436-5219
<b>Comments:</b> Hours: 0630-1530 Mon-Fri

<b>Name:</b> Navy Experimental Diving Unit (NEDU)
<b>Address:</b> Bldg. 321 Bullfinch Road
<b>Phone:</b> (850) 230-3100 (DSN 436)
<b>Comments:</b> Hours: 0700-1530 Mon-Fri

## Separation Procedures

For service members separating/retiring from the Navy or military service, contact the Transition Program Manager or your Command Career Counselor to start your transition process. To give the greatest benefit from the Transition Assistance Management Program, members should begin their transition at least 12 months prior to planned/scheduled separation/retirement.

For members separating under early retirement or in a non-voluntary status, there are some mandatory requirements that can affect benefits and retirement pay entitlements. Contact your Command Career Counselor or the Career Development & Resource Center (CDRC) for information.

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?tapiid=23">http://www.taonline.com/tappages/tappage.asp?tapiid=23</a>

<b>Name:</b> Veterans Service Office - Bay County
<b>Address:</b> 308 W. 7th Street
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-4044
<b>FAX:</b> (850) 784-6181
<b>Comments:</b> Hours: 0730-1630 M-F Panama City 0800-1200 Wed Panama City Beach City Hall

## Billeting

The Seashore Inn, winner of the 1997 & 1999 ADM Zumwalt Five Star Award, is comprised of three buildings containing 47 BOQ suites (5 VIP Suites), 16 CPO suites, 197 BEQ rooms and 55 CBQ rooms. Military service members not on official orders to the Station may utilize the BOQ, CPO suites, and CBQ rooms on a space available basis for up to 30 days. Accompanied PCS members on official orders may utilize the CBQ rooms, which sleep four and have access to common area kitchens, for up to 60 days as temporary lodging. BOQ costs range from \$16 - \$20 per night. CPO suites and CBQ rooms are \$16.00 per night. Extra person charges apply to all BOQ, CPO, and CBQ room types. All BOQ suites are quipped with full kitchenettes. Services available to guests include baby cribs, a big screen movie lounge, laundry facilities, video checkouts, computer room, game room, common area kitchens, ATM, weight room, and vending areas. Pets are not allowed in BQ facilities.

When calling for reservations, please specify whether you are traveling on official orders or are interested in space available lodging. For 24-hour reservations,



call (850) 234-4217 or DSN 436-4217. No Space A reservations.

There are 22 campsites with water, electrical, and sewage hookups. Campsites can be reserved by active duty and retired military 6 months in advance and be held for up to 90 days. After 90 days, you must vacate for 72 hours. DON civilians should call for current reservation requirements and costs. Cost for sites is \$10 per day, E5 & below, or \$230 per month. To stay longer is based on a month-to-month basis if there is no waiting list. Pets are allowed in the Camp Sites, but are not allowed in the MWR mobile units.

There are 3 self-contained, park-model units that can be rented for up to 30 days. These trailers sleep 4 people, are completely furnished, and may be reserved by active duty and retired military members 6 months in advance. These are sometimes used by personnel for temporary lodging and are available for rent. Cost is \$35 per day for E5 and below, \$40 for E6 and above and \$50 for DON civilians. Call MWR for reservations or additional information.

For a listing of hotels/motels and other temporary lodgings in the community, call the Housing Welcome Center. This office has made BQ arrangements with local hotels/motels for special rates for military personnel. Additionally, contact the Housing Welcome Center prior to obtaining temporary housing. They can provide you with a sales and use tax exemption form. This form allows active duty military personnel to be exempt from hotel/motel sales and bed tax. Military members must present this form to hotel/motel managers at the time they rent a room. Call toll free 1-888-382-4559 for additional information.

Tyndall Air Force Base has a Fam Camp with RV campsites, tent campsites, miniature golf course, and an RV parts store. In addition, two bedroom furnished cottages are offered. LP gas is available. For information and reservations, call the Tyndall Fam Camp.

<b>Name:</b> Billeting Office - BOQ/BEQ
<b>Address:</b> Building 349
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 234-4217 (DSN 436) 234-4556/4631
<b>Comments:</b> Hours: 24-hours a day Reservations: (850) 234-4217 (DSN 436)

<b>Name:</b> Housing Welcome Center
<b>Address:</b> Building 304, CSS
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248/4898 Toll Free 888-382-4559
<b>DSN Phone:</b> 436-4248/4898
<b>Comments:</b> Hours: 0700-1600 Mon-Thu 0700-1530 Fri  For unusual/special assistance, contact the Housing Officer at (850) 235-5808 or DSN 436-5808. Toll Free (1-888-382-4559)

<b>Name:</b> MWR Campsites
<b>Address:</b> Marina (behind BOQ)
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4402
<b>Comments:</b> Hours: 0900-1700 Tue-Sun

<b>Name:</b> Tyndall AFB
<b>POC:</b> Camping Reservations Office
<b>Address:</b> Off U.S. 98 (near Bonita Bay Marina)
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-2798 (DSN 523)
<b>Comments:</b> Hours: 0800-1700 Mon-Thur

## Unaccompanied PCS

Single members should remember that when in a TDY status or making a PCS move, if military members cannot be physically present to handle numerous aspects of the relocation process, the person handling these matters must have a general power of attorney, enabling this individual to act in the service member's behalf. Your Military Support Office can provide information and draw up this document for you. A copy of the document must be provided to the Personal Property Office.

If your family is living in one area and you the service member live in a different area, contact the Customer Support Desk for information on entitlements, travel allowances, etc.

SEE SUPPORT SERVICES: Single Member Services

## Support Services

### Support Services Overview

Although Coastal Systems Station does not have a Family Service Center, the station still offers a wide range of support services. For further information on services listed, please contact the Relocation Office at the Career Development & Resource Center (CDRC), (850)235-5800 or DSN 436-5800.

**MILITARY SUPPORT OFFICE:** The Military Support Office (MSO), Bldg. 500, provides a wide range of support services for Station personnel. These services include: Sponsor program, casualty assistance, disaster preparedness, Exceptional Family Member Program, Family Advocacy Program, legal assistance, and administration of the Military Awards Program.

#### COUNSELING SERVICES:

Services are provided by Tyndall AFB, TRICARE and, for DOD civilians, the Employee Assistance Program and private insurance. All the following resources may be utilized.

1. Service Members: Tyndall AFB Behavioral Science Clinic, DSN: 523-4204/7511; Comm: 283-4204/7511. Note: Service Members are eligible on a space-required basis, spouses on a space available basis. (They will not see children.)

2. Military family members: TRICARE (1-800-700-8646) will provide a list of approved mental health providers in the community.

3. DOD civilians: Employee Assistance Program (1-800-869-0276). HRO has further details on this resource.

4. Family Advocacy: All cases of suspected child or spouse abuse within a military family MUST be reported to the Family Advocacy Officer (FAO) for CSS, LCDR Manini (234-4363), as well as to the Family Advocacy Program at Tyndall AFB (DSN: 523-7272; Comm: 283-7272). In the case of suspected child abuse or neglect the Florida Department of Children and Families must also be notified through their 24 hour number: 1-800-962-2873.

#### 5. Crisis Intervention Services:

a. Spouse (or partner) abuse: Salvation Army Domestic Violence 24 hour number: 263-0706.

b. Sexual assault: Salvation Army Sexual Assault number: 263-0706.

c. Threats of harm to self or others:

(1): If it is a service member, the Dispensary physician or, if attached to NEDU or NDSTC, the physicians within those tenant units should make the determination of referral during normal duty hours. After hours individuals should be taken to the emergency room at Bay Medical Center, 615 Bonita Ave., Panama City.

(2): If it is a military family member of DOD civilian call Bay Medical Behavioral Health Center's 24 hour emergency number (1-800-543-2919). NOTE: This is not a free service, costs being dependent on the TRICARE and/or private insurance coverage of the individual.

**IMPORTANT: UNDER NO CIRCUMSTANCES SHOULD AN INDIVIDUAL WHO POSES HARM TO SELF OR OTHERS TRANSPORT HIM/HERSELF TO THE TREATMENT FACILITY. THEY MUST HAVE AN ESCORT.**

**NAVY-MARINE CORPS RELIEF SOCIETY:** The Navy-Marine Corps Relief Society can provide financial assistance in interest free loans and grants to active duty and retired military families to meet immediate needs (food, rent, utilities, deposits, etc.), emergency leave, funeral expenses, medical and dental care, auto repairs, pay problems and disaster assistance. The Society also provides assistance to widows under the Culvert fund. If you need assistance, please call the Station's Navy-Marine Corps Relief Society office at (850) 234-4106 or 235-5190. Personnel must present a current ID card.

**CAREER DEVELOPMENT & RESOURCE CENTER (CDRC):** The Career Development & Resource Center located in Building 304, Room 121, (850) 235-5800, offers Relocation, Transition, Spouse Employment, and Information and Referral Assistance. Call or visit the CDRC when you first arrive for information assistance about any Support Services you may need. Also, see Employment and Relocation Sections.

**OMBUDSMAN:** The Station's Ombudsman Program is a vital connection between the military family and the Commands. Contact the Military Support Office, (850) 235-4362, for information on our Ombudsman.

**CSS WOMEN'S GROUP:** All Women (Military Members, Military Spouses, Civilians, etc.) affiliated with the Coastal Systems Station (including all

Tenants and schools) in any way may attend this great support group for women. This is NOT a wives club. This is a great way to meet other women and to participate in the Base and the Community! Call the Career Development & Resource Center (CDRC) for more information, (850) 235-5800.

**SINGLE MEMBER SERVICES:** The Liberty Call program involves a variety of fun activities for the single member and geographical bachelor. These activities include sports, tours, educational and volunteer opportunities. For more information contact MWR at (850) 234-4632.

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Building 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?apid=23">http://www.taonline.com/tappages/tappage.asp?apid=23</a>

<b>Name:</b> Counseling Service Center
<b>POC:</b> Social Worker
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5835
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-5835
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> mendellmm@ncsc.navy.mil
<b>Comments:</b> Hours: 0700-1530  After hours crisis services are NOT available through the CSC and community resources must then be utilized which may or may not be free, depending on the type of service and the individual's health insurance coverage.

<b>Name:</b> Military Support Office (MSO)
<b>Address:</b> Bldg. 500
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5284 (DSN 436)
<b>FAX:</b> (850) 234-4679
<b>Comments:</b> Hours: 0730-1530

<b>Name:</b> Navy-Marine Corps Relief Society
<b>Address:</b> Building 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4106
<b>FAX:</b> (850) 230-7027
<b>DSN Phone:</b> 436-4106
<b>DSN FAX:</b> 436-7027
<b>Comments:</b> Hours: 0800-1400 Mon-Fri by appointment only.

## Family Centers

<b>Name:</b> Tyndall Air Force Base
<b>POC:</b> Family Support Center
<b>Address:</b> Building 745
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-4204
<b>FAX:</b> (850) 283-4220
<b>DSN Phone:</b> 523-4204
<b>DSN FAX:</b> 523-4220
<b>Comments:</b> The TAFB Family Support Center provides a variety of support services. If services are not available at CSS, TAFB will usually meet your needs.

## Information and Referral

The CSS Career Development & Resource Center (CDRC) staff are experts in seeking and finding the military and civilian assistance you need to answer your questions and resolve your problems. The CDRC can assist you with quick and easy access to information on a wide range of Station, community and Tri-State topics. CDRC I&R services include a Community Resource Directory, local calendar of events, school and banking information, station and community maps and much, much, more!! Whatever your question, the CDRC will get you an answer!

<b>Name:</b> Coastal Systems Station
<b>POC:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Building 304, 6703 W. Hwy 98
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/taplist.asp?apid=23">http://www.taonline.com/tappages/taplist.asp?apid=23</a>

<b>Name:</b> United Way of NW Florida
<b>Address:</b> 518 Mulberry Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 800-696-8740 or (850) 769-2738
<b>FAX:</b> (850) 784-2569

## Financial Assistance Programs

Several resources are available to provide financial guidance to those experiencing management difficulties or for those who wish to be in control of their finances. These agencies will work with you to prepare a personalized budget and/or spending plan to ease your financial stress.

Navy Command Financial Specialists:

CSS..... : (850) 235-5599  
NDSTC..... : (850) 235-5222/5223  
PSD..... : (850) 234-4423

<b>Name:</b> Consumer Credit Counseling Service of W. Florida, Inc.
<b>Address:</b> 400 W. 11th Street, Suite F
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 784-6301/6302
<b>FAX:</b> (850) 784-2980
<b>WWW Link:</b> <a href="http://www.consumercreditservices.com">http://www.consumercreditservices.com</a>
<b>Comments:</b> CCCS is a nonprofit community service offering helpful information on how to get out of debt and how to use credit wisely. All budget and credit counseling services are free and confidential. Creditors and employers in the private sector support the agency, underwriting the cost of operation through tax deductible contributions. Call for an appointment.

<b>Name:</b> Navy-Marine Corps Relief Society
<b>Address:</b> Building 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4106
<b>FAX:</b> (850) 230-7027
<b>DSN Phone:</b> 436-4106
<b>DSN FAX:</b> 436-7027
<b>Comments:</b> The Society's principle activity is the disbursement of interest-free loans and grants to military families to meet immediate needs (food, rent, utilities, car payments, etc.), emergency leave, funeral expenses, medical/dental care, auto repairs and pay problems. Hours: 0800-1400 Mon-Fri by appointment only.

<b>Name:</b> TAFB Personal Financial Management Program
<b>Address:</b> Building 745, 721 Suwannee Road, Tyndall AFB
<b>City:</b> Panama City, FL 32403-5428
<b>Phone:</b> (850) 283-4226/4229 (DSN 523)
<b>WWW Link:</b> <a href="http://www.tyndall.af.mil">http://www.tyndall.af.mil</a>
<b>Comments:</b> The PFMP provides financial information, education, and counseling to military, civilians, family members, and retirees in methods of enhancing management of personal finances. Money management counseling and training is available in the following areas: Checkbook maintenance, spending plans, savings programs, credit management, taxes, car and/or home purchases, debt restructuring, avoiding bankruptcy, and individual personalized financial assistance. Hours: 0730-1630 Mon-Fri

## Emergency Assistance

The Navy Relief Society can provide financial emergency assistance based on need, through either loans or grants. Some emergency financial situations include: basic living expenses, medical expenses not covered by CHAMPUS, dental expenses not covered by the Delta Dental Plan, funeral expenses, emergency transportation, essential car repairs, pay and allotment problems, disasters, and assistance for widows, mothers, and children.

The American Red Cross provides assistance for military personnel and their immediate families in times of emergency. Quick communications with home about family crises is available 24-hours a day, 7 days a week. This includes verification of death or serious illness of immediate family, birth announcements to fathers deployed overseas, and health and welfare reports resulting from a lack of communication over a long period of time. The Red Cross also offers financial assistance in the form of interest free loans or grants in certain circumstances such as emergency leave expenses, family necessities which may result when an allotment check is not received or has been delayed; for personal needs of an essential and emergency nature, and convalescent leave expenses.

The Station's Navy Chaplain is available at all time to provide spiritual guidance, comfort and encouragement in an emergency situation. The Chaplain is available for private, confidential, individual counseling or family counseling.

There are many other services that provide emergency assistance. Please refer to the Support Services; Emergency Assistance record listing for complete name, address, and phone numbers.

<b>Name:</b> American Red Cross - Central Panhandle Chapter
<b>Address:</b> 430 East 15th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 763-6587
<b>WWW Link:</b> <a href="http://aztec.asu.edu/arc/services.html">http://aztec.asu.edu/arc/services.html</a>
<b>Comments:</b> The American Red Cross provides a wealth of services: Disaster/Emergency services, financial counseling, information and referral for military, collection/donation drives, medial transportation, veterans assistance and much more. Hours: 0800-1530

<b>Name:</b> CSS Chaplain's Office
<b>POC:</b> Chaplain
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4487
<b>DSN Phone:</b> 436-4487

<b>Name:</b> Navy-Marine Corps Relief Society
<b>Address:</b> CSS Building 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4106
<b>FAX:</b> 230-7027
<b>DSN Phone:</b> 436-4106
<b>DSN FAX:</b> 436-7027

<b>Name:</b> TAFB Hospital - 325th Medical Group
<b>POC:</b> Acute Care Clinic
<b>Address:</b> Bldg. 1465, TAFB
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-7591
<b>Comments:</b> In cases of a "true emergency," for active duty personnel, the military will pay; for retirees, CHAMPUS will pay. Contact TAFB Hospital or TAFB Champus Advisor for the definition of a "true emergency."  Hours: 0730-2000 Mon-Fri 0900-1500 Sat/Sun/Holidays

## Family Advocacy

The Coastal Systems Station Family Advocacy Representative (FAR) and all Tenant Commands (i.e. NDSTC and NEDU) work directly with Tyndall Air Force Base Family Advocacy Program. After a thorough investigation of suspected child abuse or neglect, or spouse abuses, the Family Maltreatment Case Management Team reviews the case. This team is chaired by the Family Advocacy Officer at Tyndall Air Force Base, and consists of the CSC, FAR, physicians, counselors, and investigative personnel. The team decides whether the charges are founded, unfounded, or if an individual/family is at high risk. The team then recommends a plan of action to the service member's Commanding Officer.

<b>Name:</b> Family Advocacy (CSS)
<b>POC:</b> FAR
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5835
<b>FAX:</b> (850) 235-5814
<b>DSN Phone:</b> 436-5835
<b>DSN FAX:</b> 436-5814
<b>Comments:</b> Hours: 0700-1530

<b>Name:</b> Program Coordinator (NDSTC)
<b>POC:</b> Executive Officer
<b>Address:</b> Bldg. 350, S. Crag Road
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5206 (DSN 436)
<b>Comments:</b> Hours: 07000-1530 Mon-Fri

<b>Name:</b> Program Coordinator (NEDU)
<b>POC:</b> Executive Officer
<b>Address:</b> Bldg. 321, Bullfinch Road
<b>City:</b> Panama City, FL 32407-7015
<b>Phone:</b> (850) 230-3151 (DSN 436)
<b>Comments:</b> Hours: 0700-1530 Mon-Fri

## Single Member Services

Sometimes single service members may feel it is more difficult to become a part of a new community, than it is for families. But the key to becoming involved and a part of any new area is "getting involved." Join a church or synagogue group, sign up for educational courses, join a recreational group or organized sports program, or participate in a special interest group. Contact the Family Transition Office for information and referral.

The Station's Quality of Life Division (MWR) provides a wide variety of programs, facilities, and activities with the single service member in mind. The MWR's publication HIGH TIDE, provides information on special events/activities scheduled each month. The Station has an Auto Hobby Shop, a 10-lane Bowling Center, an Aquatic Activities Center, Outdoor Recreation Center and Marina, Gym Fitness Center, outdoor sports courts, (lighted tennis courts and softball fields), racquetball courts, an outdoor basketball court, and several outdoor volleyball courts.

#### Liberty Call:

MWR sponsors the Liberty Call program which includes sports, tours, educational and volunteer opportunities that are tailored for the unaccompanied sailor. The program includes a variety of fun activities that are held at CSS and other off-station locations.

The Base, as well as the surrounding communities, provide a variety of quality leisure activities including boating, jet skiing, camping, picnicking, fresh and saltwater fishing, golfing, and the most beautiful beaches in the world. Fresh and saltwater power boats, pontoon boats, waverunners, and canoes are available for rental on a daily basis at the MWR Marina. The Recreation Center has a variety of rental equipment for every outdoor adventure, including fishing equipment, tents, sleeping bags, snorkels.

The Main Deck, an all hands facility, has beverages and offers weekly special price promotions.

<b>Name:</b> Single Parents Group - Tyndall Air Force Base
<b>Address:</b> Bldg. 745, Tyndall AFB
<b>City:</b> Panama City, FL
<b>Phone:</b> (850) 283-4204 (DSN 523)
<b>Comments:</b> Monthly meetings with speakers and discussion group. Monthly meeting information is announced through the Coastal Systems Station Plan of the Day. Hours: 0730-1630

<b>Name:</b> Morale, Welfare & Recreation (MWR)
<b>POC:</b> Quality of Life Division
<b>Address:</b> Bldg. 468
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4374 (DSN 436)
<b>Comments:</b> Contact for a wide variety of events and activities for all ages.

## Support Groups

The Coastal Systems Station and the local community offer ongoing support groups and organizations for specialized needs. If you are looking for a specific support group in a special interest area, call United Way of NW Florida, Information and Referral, (850) 769-2738.

<b>Name:</b> CSS Family Ombudsman
<b>POC:</b> Military Support Office
<b>Address:</b> Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4363 (DSN 436)
<b>Comments:</b> The Navy Family Ombudsman is the link between the Commander and the military families in his/her Command. The Ombudsman is the person to call when unforeseen circumstances arise, and assistance is needed to resolve the problems. The Ombudsman ensures that families are informed about family issues that affect them. We have one Ombudsman who services CSS, Naval Diving Salvage Training Center (NDSTC), Naval Experimental Dive Unit (NEDU) and all other Tenant Commands on Station.

<b>Name:</b> Women of CSS (Coastal Systems Station)
<b>POC:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Meeting Locations Vary
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>Comments:</b> This organization meets the 2nd Tues of each month at 7 p.m. at the CSS Long Glass Club. Membership includes military and civilian members--women who are affiliated with the Station in any way. The goals of the organization are "to make new friends", "to have fun", "to meet other women who have similar situations/interest", and "to be a part of a wonderful support group". Join this group--it's a great way to get acquainted in a new location.

## Morale, Welfare, and Recreation

The Coastal Systems Station provides a variety of exciting leisure activities for active duty military personnel, DoD civilian personnel, tenant commands, family members, and retired military personnel. The Quarterly Calender and the monthly publication, MWR HIGH TIDE, provide information on special events/activities scheduled each month and the most recent operating hours of the MWR facilities and programs.

### LIBERTY CALL:

MWR sponsors the Liberty Call program which includes sports, tours, educational and volunteer opportunities that are tailored for the unaccompanied sailor. The program includes a variety of fun activities that are held at CSS and other off-station locations.

### SUMMER CAMP:

The MWR Recreation Room allow for up to 125 children to enjoy the fun of Summer Camp. Call MWR at (850) 234-4632 for information.

TICKET SALES: (850)234-4374

NAVY EXCHANGE: (850)234-2407 0900-1700  
MON-SAT 1000-1600 SUNDAY

SEASHORE GALLEY: (850)235-5020  
BREAKFAST: 0530-0645  
LUNCH: 1100-1300

DINNER: 1630-1745

<b>Name:</b> Auto Hobby Shop
<b>Address:</b> Bldg. 377
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4300
<b>DSN Phone:</b> 436-4300
<b>Comments:</b> Hours: 1000-1730 Tues-Fri 0800-1600 Sat Closed Sunday and Monday  The Auto Hobby Shop is equipped with four working stalls and three vehicle lifts for oil change and repair work. Auto repair manuals are available to assist those working on their own vehicles. Minor repair parts are kept in stock and specialty parts can be ordered. Shop personnel perform special minor repairs and maintenance services.

<b>Name:</b> Bowling Center
<b>Address:</b> Bldg. 450
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4589
<b>DSN Phone:</b> 436-4589
<b>Comments:</b> Hours: 0700-2100 Mon-Thurs 0700-2300 Fri 1200-1830 Saturday Closed Sunday The Bowling Center is equipped with 10 high-scoring AMF lanes, ACCU Score on all lanes, lockers, and a snack bar. Bowling programs are provided for all ages; there's open bowling, tournaments, intramural, mixed and youth leagues. Youth bowling birthday parties can be arranged and provide exercise and fun for the kids, and no mess for Mom to clean up!

<b>Name:</b> CSS Swimming Pool
<b>Address:</b> Bldg. 434 (Adjacent to the Gym)
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5921
<b>DSN Phone:</b> 436-5921
<b>Comments:</b> Hours: Open Summer Months (May-Sep)  The Swimming Pool has a 25 yard Junior Olympic swimming pool with diving area and a children's wading pool. There are shower and locker rooms, concession areas, and a sun deck. A variety of Red Cross - certified swimming courses and other leisure water programs are offered throughout the summer. Certified lifeguards are always on duty. Call for daily hours.

<b>Name:</b> Gymnasium, Fitness Center & Outdoor Sports Courts
<b>Address:</b> Bldg. 126, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234- 4370 (DSN 436)
<b>Comments:</b> Hours: 0600-2100 Mon-Fri 1000-1800 Sat/Sun (1000-1400 Holiday Weekends) The Gymnasium and Fitness Complex is a multi-purpose facility that includes an all-purpose gym for indoor basketball, volleyball, and daily aerobics. The fitness center features free weights, Nautilus, and cardiovascular machines. Locker/shower facilities and an equipment issue center are also available. Outdoor athletic areas include four lighted tennis courts, two lighted softball field, two indoor racquetball courts, an outdoor basketball court, and two outdoor volleyball courts.

<b>Name:</b> Long Glass Community Center
<b>Address:</b> Bldg. 308, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4375
<b>DSN Phone:</b> 436-4375
<b>Comments:</b> The Long Glass provides special rooms for parties, luncheons, meetings, weddings, and large functions.

<b>Name:</b> MWR Youth Activities
<b>Address:</b> Bldg. 468
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4370 (DSN 436)
<b>Comments:</b> Hours: 0800-1600 Mon-Fri A variety of youth programs/activities are scheduled throughout the year including Spring Break and Summer Day Camps and other special programs and events. The MWR HIGH TIDE is the best source of information on scheduled youth activities or call number above.  Refer to CHILD & TEEN SERVICES for more information.

<b>Name:</b> The Main Deck
<b>Address:</b> Bldg. 453, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5502
<b>DSN Phone:</b> 436-5502
<b>Comments:</b> Hours: Tues-Fri 1500-2100 Sat 1200-2300 Sun Closed  The Main Deck is an all hands facility overlooking the bay. This facility offers beverages and a light menu in a pleasant relaxing atmosphere. Nintendo and pool tables add to the fun.

## Chapel Services and Programs

Welcome to CSS and Panama City! The Chaplain and staff extend a most cordial invitation to visit us and participate in many of our religious activities, including Sunday services. Transferring to a new command can be as frightening and stressful as it is new and exciting. The Chaplain's office is dedicated to helping the transition go easier as well as provide several opportunities for spiritual, emotional, and religious growth. Whether it is wedding plans or marital conflicts, the Chaplain is always available to provide beneficial pastoral care. The Chaplain's office also provides an extensive selection of literature ranging from coping with death and depression to good money and stress management. We also provide devotional material, layperson guides, and Bibles upon request.

There are many opportunities for participation in the religious and spiritual services at CSS. The Chaplain sponsors two weekly lunchtime Bible Studies and two weekly evening Bible Studies which are nondenominational and offer valuable fellowship.



Sunday Protestant Divine Services are at 0930 in the Chapel, Bldg. 304, and special services such as Anglican Holy Communion and Catholic Mass are frequently offered as well. Please contact the Chaplain's office for further information.

<b>Name:</b> CSS Chaplain Office
<b>POC:</b> Chaplain
<b>Address:</b> Bldg. 304, Room 131
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4487 (DSN 436)
<b>Comments:</b> Hours: 0800-1630 (On call 24 hours a day)

## Drug and Alcohol

The Drug & Alcohol Program Advisor (DAPA) is responsible to the Commanding Officer for the management and administration of the Command's Level I alcohol and other drug abuse program and the obesity aftercare program. This program is for military personnel only.

DAPA conducts screening of identified alcohol and drug abusers and members who do not meet physical readiness standards to provide CAAC, the Medical Officer and Commanding Officer with information for use in determining case disposition. Coordinates or assists in the presentation of Level I alcohol and other drug abuse awareness education. Coordinates and monitors aftercare plan for members who return to command after completion of Level II or III programs. Provides drug and alcohol abuse program information as part of the Command's orientation process.

Refer to SUPPORT SERVICES, Support Groups for further information on community programs.

<b>Name:</b> Drug & Alcohol Program Advisor (DAPA)
<b>Address:</b> Bldg. 107, Code E-24
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5133
<b>DSN Phone:</b> (436) 5133
<b>Comments:</b> Hours: 0730-1530 Mon-Fri

## Legal Assistance

The CSS Legal Program Coordinator provides basic legal services such as notary services and power of attorney preparation and other legal forms. A Navy lawyer from NAS Pensacola visits once a month to

provide advice and preparation and execution of documents of a personal nature such as wills. For an appointment with the visiting lawyer, call (850) 452-4321 or DSN 922-4321.

CSS Voting Assistance Officer 234-4363  
 CSS Financial Counselor 235-5903  
 CSS SAVI 234-4678  
 EEO 234-4311

<b>Name:</b> CSS Program Coordinator
<b>POC:</b> Military Support Officer
<b>Address:</b> Military Support Office, Bldg. 500
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4362 (DSN 436)
<b>Comments:</b> Hours: 0730-1530 Mon-Thu 0800-1200 Fri

## Child And Teen Services

### Child and Teen Services Overview

A variety of youth programs/activities are scheduled throughout the year including Spring Break and Summer Day Camps and other special programs and events. The MWR HIGH TIDE is the best source of information on scheduled youth activities or call number above.

<b>Name:</b> MWR Youth Activities
<b>Address:</b> Bldg. 468
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4370 (DSN 436)
<b>Comments:</b> Hours: 0800-1600 Mon-Fri

### New Parent Program

Expectant parents receive medical care at Tyndall AFB medical facility. The First Time Parents Program provides new parents with childcare and newborn information, visits in the new child's home, and makes home visits as needed. It is a voluntary program presenting classes on preparing for parenthood, breastfeeding, and baby care basics.

<b>Name:</b> First Time Parents Program
<b>Address:</b> Tyndall AFB
<b>City:</b> Panama City, FL 32403-5438
<b>Phone:</b> (850) 283-2188 (DSN 523)

## Child Care Programs - on Installation

The Coastal Systems Station provides seasonal activities/camps and events for youths. The MWR Recreation Room allows up to 90 children to enjoy the fun of Summer Camp. Call MWR at 235-5900 to sign-up.

See MORALE, WELFARE AND RECREATION, Record Listing, Youth Activities for more information.

Tyndall AFB located 30 minutes from CSS, has a Child Development Center. Navy personnel can use both the Child Development Center (CDC) and the Family Day Care Program at Tyndall. For more information on the CDC call DSN: 523-4747 or commercial 850-283-4747. For more information about Family Day Care call DSN: 523-2266 or commercial 850-283-2266. See Record Listing for more details.

<b>Name:</b> MWR Youth Center/Activities
<b>Address:</b> Bldg. 468, CSS
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5900 (DSN 436)
<b>Comments:</b> Hours.: 0730-1600 Mon-Fri  Weekend, special events, and summer activities for youth. Call for current events/activities.

<b>Name:</b> TAFB Child Development Center
<b>Address:</b> Bldg. 1410, Tyndall AFB
<b>City:</b> Panama City, FL 32403-5438
<b>Phone:</b> (850) 283-4747 (DSN 523)
<b>Comments:</b> Hours: 0630-1730 Mon-Fri only

## Child Care Programs - Community

Early Childhood Services offers free childcare referrals to parents. Phone calls or walk-ins; no appointment is necessary. Technical assistance available for anyone interested in opening a childcare business. Offers parenting classes and professional training for child caregivers.

The Boys and Girls Club of Bay County offer a wide range of physical, educational, vocational, cultural and social-recreational activities designed to build a sense of self-esteem among the youth in the area. This organization provides a summer day program, residence camp, after-school drop-in program, and sports leagues.

Girls Inc. of Bay County helps build self confidence and prepares each girl with the opportunities and responsibilities she will have as an adult through educational, recreational, and counseling programs.

For point of contact and phone number refer to the Record Listing.

<b>Name:</b> Appletree Academy
<b>Address:</b> 7221 Patronis Road
<b>City:</b> Panama City, FL 32408
<b>Phone:</b> 850-233-3884
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 1 yr. - 12 yrs.

<b>Name:</b> Boy's and Girl's Club - EAST BAY UNIT
<b>Address:</b> 201 N. East Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 785-2747
<b>Comments:</b> Hours: 0830-1730  Eligibility restricted to youths age 6-18, male and female.

<b>Name:</b> Boys and Girls Club of Bay County-
<b>Address:</b> 3404 W 19th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> (850) 763-3546
<b>Comments:</b> Summer Program Hours: 0730-1730 Mon-Fri School Program Hours: 1400-1930 Mon-Fri  Eligibility restricted to youths age 6-18, male and female.

<b>Name:</b> Celebration Christian Academy
<b>Address:</b> 904 Transmitter Road
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-785-5319
<b>Comments:</b> Hours: 6:00am - 6:00pm  Ages: 0 - 12 yrs.

<b>Name:</b> Early Childhood Services, Inc. (Resource & Referral)
<b>Address:</b> 450 N. Jenks Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 872-7550/7551
<b>Comments:</b> Free childcare referrals to parents. Referrals to childcare providers when they have vacancies. Brochure available for an extended look at their services. Technical assistance available for anyone interested in opening up a childcare business.

<b>Name:</b> Faith Christian Early Learning Center
<b>Address:</b> 13300 Back Beach Road
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-233-1629
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 6 wks - 12 yrs

<b>Name:</b> Girls Incorporated of Bay County
<b>Address:</b> 1100 Fountain Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> (850) 769-2895
<b>Comments:</b> Business Hours: 0900-1800 Mon-Fri

<b>Name:</b> Happy Days Early Learning Center
<b>Address:</b> 2724 E. 17th Street
<b>City:</b> Panama City, FL 32405
<b>Phone:</b> 850-769-5536
<b>Comments:</b> Hours: 6:30am - 5:30pm  Ages: 1 yr - 12 yrs

<b>Name:</b> Kids Quest
<b>Address:</b> 708 Thomas Drive
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-234-0063
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 6 mos - 12 yrs

<b>Name:</b> Lambs to Lions Pre-School & Aftercare
<b>Address:</b> 1616 Allison Avenue
<b>City:</b> Panama City Beach, FL 32407
<b>Phone:</b> 850-234-7020
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 2 yrs - 12 yrs

<b>Name:</b> Lynn Haven Child Care, Inc.
<b>Address:</b> 1849 Virginia Avenue
<b>City:</b> Lynn Haven, FL 32444
<b>Phone:</b> 850-265-6621
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 4 mos - 7 yrs

<b>Name:</b> Panama City Christian School
<b>Address:</b> 1104 Balboa Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-769-0182
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 6 wks - 12 yrs

<b>Name:</b> Quality Learning Child Care Center 1
<b>Address:</b> 1123 School Avenue
<b>City:</b> Panama City, FL 32401
<b>Phone:</b> 850-784-2050
<b>Comments:</b> Hours: 6:00am - 6:00pm  Ages: 2 yrs - 12 yrs

<b>Name:</b> Quality Learning Child Care Center 2
<b>Address:</b> 257 North Highway 22A
<b>City:</b> Callaway, FL 32404
<b>Phone:</b> 850-913-0221
<b>Comments:</b> Hours: 6:30am - 6:00pm  Ages: 2 yrs - 12 yrs

<b>Name:</b> Stacey's Swingers Preschool
<b>Address:</b> 14130 North Highway 77
<b>City:</b> Southport, FL 32409
<b>Phone:</b> 850-271-1248
<b>Comments:</b> Hours: 6:30am - 6:30pm  Ages: 2 yrs - 12 yrs

## Things To Do - Clubs and Social

Refer to SUPPORT SERVICES category, Morale, Welfare & Recreation listing. In addition, the local community is rich with youth and teen activities. Call Information and Referral, United Way of NW Florida, (850) 769-2738, for youth clubs and social events in the local community, where you reside or through the school your children attend. Also, contact the CSS Career Development and Resource Center at 235-5800 for information.

## Things To Do - Recreation and Sports

There are numerous athletic programs, sports camps, state parks, marine & zoological parks, and theatre groups throughout the area for youths and teens to participate in. Refer to LOCAL COMMUNITY, Events Calendar, Cultural Attractions, or Recreation Opportunities.

Call the Station's MWR, (850 234-4632), for information on youth activities and the Liberty Call program. For information on these activities, refer to SUPPORT SERVICES.

## Schools

There are no DODD schools on Station. For area public and private schools, refer to the EDUCATION category.

## School Age Care

There are numerous area elementary and middle schools that have before and after-school care programs in the area. Refer to EDUCATION, Public and DODDS Schools.

Additionally, there are many enrichment programs in the area that are offered by social agencies. Many daycare facilities are also listed in the local phone directory that can aid you. Refer to CHILD AND TEEN SERVICES, Childcare Programs-Community.

## Religious Programs

Moving to a new city can often be as frightening to your children as it is to you. Developing friendships and becoming familiar with the new environment is extremely important to successful assimilation into a new duty station. One way to help your children socially and spiritually is to become involved in community religious programs. Many of the religious centers around Panama City offer a myriad of activities and opportunities for children (e.g., summer camps, Vacation Bible School, daycare centers, etc.). Making friends in a religious forum

can be extremely beneficial, especially during the summer months when school is not in session and meeting other children is difficult. Just call the church of your choice for more information.

## Special Events

Take a look at our calendar of events under the community heading.

## Sponsorship and Support

Contact the CSS Career Development & Resource Center (CDRC) for information about the special support group you need.

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> 850-235-5800
<b>FAX:</b> 850-235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?tapid=23">http://www.taonline.com/tappages/tappage.asp?tapid=23</a>

## Youth Employment

This Station sponsors a Summer School Enrichment Program, designed to provide career-related summer employment for outstanding high school students. These students work side-by-side with Station "mentors," engineers and scientists. The goal of this program is to encourage student interest in new and developing occupations and professions.

The Morale, Welfare & Recreation department also hires youth for its Summer Youth Activities, lifeguards, and in other areas of MWR services.

## Youth Centers

The MWR Division has a great Youth Director who plans many fun activities for our teens. Call MWR, 235-5900 for more information after you get settle in!

## For Teens Only

Contact MWR at 235-5900 for information on activities for teens. See Youth Centers Listing above.

# Survival Tips For First Termers

## Survival Tips for First Termers Overview

As a member of the United States Navy, you enjoy the proud tradition of over 200 years of dedicated military service to this country. As a member of this elite group, you have the opportunity to enjoy a variety of surroundings and experiences. This mobile lifestyle can also bring with it challenges to juggle your military duties, your personal and financial obligations, and your familial responsibilities. To meet these challenges, a great amount of planning and preparation is necessary.

Listed below in Related Subjects are some "Survival Tips" to assist you and your family as you face the challenges and opportunities of the mobile military lifestyle.

## Before You Move

Departure preparations:

As soon as you receive your orders, visit your Relocation Counselor at the nearest Family Service Center, Relocation or Transition Office/Site. These offices have been established to provide an extensive array of services and resources available to you including a SITES (Standard Installation Topic Exchange Service) booklet on your new duty station, information and classes on planning a move, Welcome Aboard Packets, videos on your new duty station/area, overseas orientations, lending lockers, etc.

Contact the Personal Property Office/Household Goods for an appointment with a counselor to schedule your household goods move. During your counseling session, your counselor will provide a great deal of valuable information. Pay attention to details, take notes, ask questions, and follow the directions given to you. Failure to adhere to guidelines can be costly in time and money.

Notify the Station Housing Office, your landlord, or rental agent of your Permanent Change of Station (PCS) orders and anticipated date of departure. The Housing Officer can provide valuable assistance with information on housing matters and leases.

Request a Sponsor from your new duty station. This person can be your vital link to your new area. Your Sponsor can send you specific information on your new location, command, schools, economy,

employment, and assist you with settling in when you arrive.

Begin a timeline calendar for your move. Include items to remember - change of address cards, school records, medical/dental records, travel arrangements for pets, banking and financial preparations, and personal travel route and leave arrangements.

Notify family, relatives, friends of your upcoming move. Talk to more experienced military members who have made numerous PCS moves. They can provide valuable information and insight.

Start budgeting for the move. Contact your current Customer Support Desk (CSD) to discuss your options regarding advanced pay and travel funds. REMEMBER, even with entitlements, special pay, allotments, etc., moving can be expensive. In addition, families facing the loss of one income during the relocation will feel an additional financial impact.

If a spouse desires employment in the new area, contact the Spouse Employment Assistance Program counselor at the new duty station for employment information. This can also be done prior to relocating to get a jump on spouse employment. Give your notice to your current employer, and get a letter(s) of referral/recommendation/commendation.

If you happen to get married before you PCS, notify your Commander and follow the procedures exactly as you are advised. The military will NOT pay for travel and housing for your spouse if you do not follow the proper procedures.

This is by no means everything you'll have to remember!! Check with your Relocation counselor at your command. They can provide you with complete checklists and many helpful publications to assist you with remembering all the details. Make it a "Smooth Move."

## After You Arrive

Meet with your Sponsor for settling-in information and guidance. Notify your new duty unit of your arrival, sign in, and receive the Newcomer's Indoctrination Briefing and/or video on your new Station. Call or visit the Career Development & Resource Center (CDRC) (850) 235-5800/DSN 436-5800 for information on the local area or spouse employment assistance.

Contact the Housing Welcome Center BEFORE making ANY arrangements for civilian housing, both temporary or permanent. Rental/lease agreements are extremely important and are sometimes complicated. If you haven't already done so, now is the time to put your name on the waiting list for on-station housing.

Notify the Personal Property Office (PPO) of your new address and check on the status of your household goods shipment. Have they arrived? In storage? How much storage time am I entitled to? How do I file a claim if there is damage? These are all important questions to ask now that you have arrived!

Call your parents or other relatives or key individuals, and let them know of your safe arrival. Once you've found the perfect home and your worldly possessions have arrived, the job of getting acquainted with your neighbors begins.

Contact Utility companies to make arrangements for connections.

On moving-in day, if you have small children, you might want to make arrangements for child care. Older children might want to help by checking off boxes as they come in or they can unpack the special box of their belongings.

Be at your home before the movers arrive. Have an idea of where you want things placed--the movers will only put your couch in one place.

Check your belongings carefully and make sure to note on the inventory any damaged or missing items so you can file a claim at the Personal Property Office.

So many things to remember! You will find that services and procedures vary from base to base. Your Sponsor can provide valuable and helpful information. When getting acquainted with your new base, be sure to find out:

- Speed limits
- Location of medical facilities and procedures for emergency and walk-in care
- Check cashing limits, procedures, and hours of operation of the Exchange and Mini-Mart
- Banking/Credit Union policies; change of address procedures for statements and make sure your new address is on your checks.

Most importantly, remember help is just a phone call away. When in doubt - ask. Call the CSS Career

Development & Resource Center (CDRC), 235-5800, after you arrive. If they don't know the answer, they will research the information for you!

<b>Name:</b> Career Development & Resource Center (CDRC)
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 235-5800
<b>FAX:</b> (850) 235-5673
<b>DSN Phone:</b> 436-5800
<b>DSN FAX:</b> 436-5673
<b>E-Mail:</b> mcombsca@ncsc.navy.mil
<b>WWW Link:</b> <a href="http://www.taonline.com/tappages/tappage.asp?tapid=23">http://www.taonline.com/tappages/tappage.asp?tapid=23</a>

<b>Name:</b> Housing Welcome Center
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> 850-234-4248
<b>FAX:</b> 850-235-5814
<b>DSN Phone:</b> 436-4248
<b>DSN FAX:</b> 436-5814
<b>E-Mail:</b> carteram@ncsc.navy.mil

<b>Name:</b> Personal Property Office
<b>Address:</b> Bldg. 304
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> 850-234-4317
<b>FAX:</b> 850-234-4356
<b>DSN Phone:</b> 436-4317
<b>DSN FAX:</b> 436-4356
<b>E-Mail:</b> wellsmj@ncsc.navy.mil

## Reporting Procedures

Directions to Coastal Systems Station (CSS) from the Airport:

Personnel coming to CSS who arrive at the Panama City-Bay County International Airport, proceed South on Lisenby Road. Turn Right (West) onto County Hwy 390. Turn Right at 3rd traffic light onto 23rd Street (Hwy 368W). Proceed West. At 3rd traffic signal, turn Right again onto Hwy 98. Continue West across the Hathaway Bridge and prepare to turn left at 1st traffic light at end of the Bridge. You will enter the North Gate of the Coastal Systems Station. The Visitor Reception Center will be immediately on your right.

There is a Taxi Courtesy phone in the Main Lobby of the Terminal that you may use for transportation to

CSS, Naval Diving Salvage Training Center (NDSTC), Naval Experimental Diving Unit (NEDU), and the Coast Guard Station. Several pay phones are also available in the lobby. A taxi to CSS costs approximately \$10.00 (tip not included).

#### Directions to CSS by Automobile:

If arriving to CSS by POV, there are two major highways running into the Panama City area--US Highways 231 and 98. Highway 231 runs North and South into Highway 98. Highway 98 runs East and West and passes in front of the Coastal Systems Station. Interstate 10 (crossing Florida East and West), is approximately 50 miles North of Panama City.

#### Directions to CSS by Bus/Train:

The Greyhound Bus Line's Panama City office is located on 917 Harrison Avenue (downtown Panama City). To get to the CSS, go North on Harrison Avenue until it intersects with 15th Street (Business Hwy 98-1st traffic light). Turn left and proceed approximately 6 miles, crossing the Hathaway Bridge. The Station is the first left turn after crossing the bridge.

(See also Local Community; Community Transportation.)

Remember, if you get lost or need assistance, call the Command Duty Officer at (850) 872-5654.

#### Arrival/Check-in Requirements - (Unaccompanied & Accompanied)

All new arrivals must get orders stamped with date & time of arrival by reporting directly to:

-Officers: BOQ, Building 349 -Enlisted: BEQ, Building 484

(This procedure is applicable 24 hours a day, seven days a week.)

#### On the first working day after arrival:

a. Service members will report to their Unit Administrative Office:

CSS - Building 500 (Military Support Office, 850-234-4363/DSN 436-4363), NDSTC - Building 350 (Admin. Office, 850-235-5232/DSN 436-5232), NEDU - Building 321 (Admin. Office, 230-3100).

These offices will provide Newcomer Orientation and Indoctrination Information and any further instructions.

b. Service Members must bring with them:

-PCS orders -Personnel Records -Pay Records - Dental and Medical files

c. Uniform Requirements for Inprocessing:

- All Members must report wearing either summer dress whites or dress blue.

Automobile Registration on base, security clearance verification, badges:

- Report to Security Office, Building 388, (850) 234-4332/DSN 436-4332

Housing: On-station/Off-station housing and utility company waivers. Members must sign in at the Housing Welcome Center, Building 304, (850) 234-4248/DSN 436-4248, and request utility waiver information.

(See also RELOCATION SERVICES; PCS Reporting Procedures)

#### Temporary Quarters -

The Seashore Inn, winner of the 1997 & 1999 ADM Zumwalt Five Star Award, is available to house all DoD employees on official travel, eligible military travelers and their dependents, and eligible retired military members on space available basis. The three buildings of the Seashore Inn BQ house both permanent party and transient members. CSS does not have a Navy Lodge.

The Seashore Inn includes 47 BOQ suites (5 VIP Suites), 16 CPO suites, 197 BEQ rooms and 55 CBQ rooms. Military service members not on official orders to the Station may utilize the BOQ, CPO suites, and CBQ rooms on a space available basis for up to 30 days. Accompanied PCS members on official orders may utilize the CBQ rooms, which sleep four and have access to common area kitchens, for up to 60 days as temporary lodging. BOQ costs range from \$16 - \$20 per night. CPO suites and CBQ rooms are \$16.00 per night. Extra person charges apply to all BOQ, CPO, and CBQ room types. BEQ rooms cost \$7.00- \$13.00 per night. All BOQ suites are quipped with full kitchenettes. Services available to guests include baby cribs, a big screen movie

lounge, laundry facilities, video checkouts, computer room, game room, common area kitchens, ATM, weight room, and vending areas. Pets are not allowed in BQ facilities.

When calling for reservations, please specify whether you are traveling on official orders or are interested in space available lodging. No Space A Reservations. For 24-hour reservations, call (850) 234-4217 or DSN 436-4217.

## **Travel Planning**

For service members and their families, the relocation process of moving from one location to another can be an exciting semi-holiday, or a chaotic, disruptive experience. A little knowledge and some prior planning, can eliminate a great deal of stress, and make travel a pleasant adventure for the entire family.

As you plan the trip, try to limit your daily mileage/distance to something comfortable for the whole family. Develop a travel plan, make reservations ahead of time, and stick to this schedule. If traveling with pets, make sure the hotels you plan to stay in accepts pets, and if not, check on pet lodging or kennels facilities in advance. Plan some time for an exercise romp in the park or other physical activity.

As part of the Career Development & Resource Center (CDRC) Relocation Assistance Program, you can ask for assistance in your travel planning. The CDRC is located in Bldg. 304, room 121, (850) 235-5800. In addition to maps the CDRC has TripMaker, Street Finder, Internet access, Military Facilities Guide, Road Atlas, Navy Lodging Directories, Military Camping & Recreation Areas Directory, etc. to assist you along your route. Check the route you plan to drive to see if there are any Navy Lodges along the way. Staying in these facilities could save you money on your travel expenses.

Keep track of mileage, receipts, and all travel related expenses. Many expenses are tax deductible.

When moving with children, keep a positive attitude and a great sense of humor about the move, they take their cue from you. Talk about the new area, show them some pictures of the new area, let them help with packing their toys or belongings, and give them extra hugs. Introduce them to new adventures during the travel process, but remember they do best when kept on their same eating and sleeping schedule.

Check ahead to confirm if cribs or cots are available (if needed) for your children.

Elementary school children may be losing their first "best" friends. Allow them to express grief over losing these special people. Encourage them to talk about what's going on, and take pictures of their friends and put in a scrapbook to take with them.

Teens are often anxious or angry about having to relocate. Tell them about the move as soon as you know yourself. Make them a part of all plans and discussions reference the move; special sights they would like to see along the travel route, information on new schools, and visit the library for information on the state or country where you will be living. If possible, include these young people in the preview trip.

Your Relocation Counselor at the Career Development & Resource Center will probably have more detailed information on traveling with children (of all ages) and pets. Ask for this information.

Packing pointers:

- Take one small handcarry bag per person.
- Let each child take along one special toy.
- Pack a pillow per child.
- Pack snacks, cups/thermos with juices or water raisins/apples travel well as snacks.
- First Aid kit.
- include disinfectant, bandaids, aspirin, Tylenol, wipes, etc.
- Pack a roll of small plastic bags- handy for disposing of garbage, laundry, rain coats, wet towels, etc.
- Plan some games/activities on the road.
- Portable cassette or CD players with headphones really help pass idle time, playing cards, books, coloring/activity books with crayons.
- Talk about the area you are traveling through.
- Its history, climate, special sites, animals, insects, flowers you see, etc.

A little prior planning can make the travel to the new area a fun and exciting time for the entire family.

## **Vehicle Ownership**

Different states have different insurance laws, therefore, you should notify your insurance company of where and when you are moving. All drivers must possess a current/valid driver's license.



There is no State car inspection required in Florida. It is mandatory that all auto occupants wear a safety belt. Children 3 years of age, must be properly secured in a federally-approved carseat; ages 4-5 must use a seatbelt or restraint seat. It is unlawful to transport any opened receptacle containing any amount of alcohol in a motor vehicle. Headlights are turned on when it rains or becomes very dark when a storm threatens.

Contact the Visitor Reception Center to obtain vehicle registration and decals. They are located just inside the Front Gate (North entrance), Bldg. 388, (850) 235-5317, 0630 to 1600, weekdays only. After normal working hours, weekends, and holidays, the Station gate guards can log you in if you possess a valid driver's license and show a copy of your PCS orders. They can also direct you to the BQs.

To register your vehicle on station, present proof of ownership to operate the vehicle, a valid operator's license, proof of insurance (liability is the minimum required), but it is against the law to operate a vehicle in the State of Florida without insurance.

## **Housing and Billeting**

The Seashore Inn, winner of the 1997 ADM Zumwalt Five Star Award, is available to house all DoD employees on official travel, eligible military travelers and their dependents, and eligible retired military members on space available basis. The three buildings of the Seashore Inn BQ house both permanent party and transient members. CSS does not have a Navy Lodge.

The Seashore Inn includes 47 BOQ suites (5 VIP Suites), 16 CPO suites, 197 BEQ rooms and 53 CBQ rooms. Military service members not on official orders to the Station may utilize the BOQ, CPO suites, and CBQ rooms on a space available basis for up to 30 days. Accompanied PCS members on official orders may utilize the CBQ rooms, which sleep four and have access to common area kitchens, for up to 60 days as temporary lodging. BOQ costs range from \$13 - \$20 per night. CPO suites and CBQ rooms are \$13.00 per night. Extra person charges apply to all BOQ, CPO, and CBQ room types. BEQ rooms cost \$5.50 - \$13.00 per night. All BOQ suites are quipped with full kitchenettes. Services available to guests include baby cribs, a big screen movie lounge, laundry facilities, video checkouts, computer room, game room, common area kitchens, ATM, weight room, and vending areas. Pets are not allowed in BQ facilities.

When calling for reservations, please specify whether you are traveling on official orders or are interested in space available lodging. No Space A Reservations. For 24-hour reservations, call (850) 234-4217 or DSN 436-4217.

There are 22 campsites with water, electrical, and sewage hookups. Campsites can be reserved 60 days in advance and held for up to 90 days. Cost for sites is \$10 per day, \$60 per week, or \$210 per month. To stay longer is based on a month-to-month basis if there is no waiting list. Pets are allowed in the Campsites.

There are 3 self-contained, park-model, mobile units that can be rented for up to 30 days. These trailers sleep 6 people, are completely furnished, and may be reserved 6 months in advance. These are sometimes used by personnel for temporary lodging and are available for rent. Call MWR for reservations or additional information, (850) 234-4632.

For listings of hotels/motels and other temporary lodgings in the community call the Housing Welcome Center, (850) 234-4248/4898 (toll free 1-888-382-4559). This office has made arrangements with local hotels/motels for special rates for military personnel. Contact the Housing Welcome Center prior to obtaining temporary housing.

If you and your family choose to live in the community, you are entitled to receive Basic Allowance for Quarters (BAQ) and a Variable Housing Allowance (VHA) to assist in offsetting housing costs.

Before you sign any lease, be sure to check with the Housing Welcome Center. This could save you lots of time and money in the long run. Your lease should state clearly who pays for what utilities and what repairs. Walk through the house or apartment, make a list of existing damages to the property, and have the landlord sign the list. Make a copy and keep it with your copy of the lease. Make sure to put it in a safe place with all your other important papers.

Pay your rent or mortgage on time and always keep the rental property clean and in good condition. Remember that the Navy's goal is to inspire a harmonious relationship between Navy members and the civilian community.

Tyndall Air Force Base has a Fam Camp with RV campsites, tent campsites, miniature golf course, and an RV parts store. In addition, two bedroom furnished cottages are offered. LP gas is available.

For information and reservations, call the Tyndall Fam Camp.

<b>Name:</b> Billeting Office
<b>Address:</b> Bldg. 349, CSS
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4217 (DSN 436)
<b>FAX:</b> (850) 234-4556/4631
<b>Comments:</b> Hours: 24-hours a day Reservations: (850) 234-4217 (DSN 436)

<b>Name:</b> Family Housing Welcome Center
<b>POC:</b> Housing Referral Specialist
<b>Address:</b> Bldg. 304, Coastal Systems Station
<b>City:</b> Panama City, FL 32407-7001
<b>Phone:</b> (850) 234-4248/4898
<b>DSN Phone:</b> 436-4248/4898
<b>Comments:</b> Stop here to find information on utility waivers, leases, housing availability, and all other needs related to housing. For unusual situations regarding extraordinary attention contact the Housing Officer, at (850) 235-5808 (toll free 1-888-328-4559).

## Money Matters

Relocation costs associated with your PCS move can hurt the best of budgets. Even though there are reimbursements for expenses associated with PCS moves, research has shown that the average military family has expenses more than \$500.

Listed below are PCS moving allowances you can plan on to help defer some of your moving expenses. For more detailed information on these allowances, contact your Customer Support Desk (CSD). Family members must appear on PCS travel orders to receive entitlements.

**DISLOCATION ALLOWANCE (DLA):** Service members may be provided DLA is moving household goods and/or family from a present duty station. This allowance is paid to offset the costs of closing on homes and setting up another. The DLA is equal to 2 1/2 months BAQ. DLA is not available to those transferring in the same geographical location. DLA is not paid for first time PCS from Student to permanent status. This allowance may be dispersed in advance at the time of relocation, or upon arrival at the gaining Command.

**MILEAGE IN LIEU OF TRANSPORTATION (MALT)**

Service members receive MALT when they drive to a new assignment. This allowance is computed on a Federal Table of Mileage Chart. Even though your mileage computation may be longer or shorter than the official distance shown on this chart, the official distance determines the allowance payable. MALT is paid to those going overseas if you drive from your stateside location to the port, or from the port to the new duty station. Rates are as shown below:

Single active duty or spouse driving alone - \$.15 per mile, two family members - \$.17 per mile, three family members - \$.19 per mile, 4 or more family members - \$.20 per mile.

MALT will also be paid for travel in a second car when its use is authorized. Always authorized with 2nd POV registration. These rates apply to spouses authorized to travel alone or with family members.

## PER DIEM ALLOWANCE

Along with DLA & MALT, food and lodging allowances are provided when making a PCS move. The allowance is paid at the rate of 350 miles of travel per day. Service members received \$50.00 per day, plus \$37.50 for their spouse and each family member over the age of 12, and \$25.00 for children under 12 years of age. When the family travels separately, the spouse receives \$50.00 per day; the children's per diem rates remain the same as stated above.

## TEMPORARY LODGING EXPENSE ALLOWANCE (TLA)

The amount of TLA depends on several factors--family size, local per diem rate, actual cost of quarters, and whether quarters provide cooking or dining facilities. New arrivals may be eligible for this allowance to help offset the cost of temporary housing and meals. TLA is for overseas assignments and TLE is for the continental United States (CONUS), i.e., this Station. For this Station TLE is paid for 10 days; \$110 a day maximum (\$49 lodging and \$26 for meals). The Personnel Support Detachment (PSD) can provide complete information for this Station and for overseas (OCONUS) transfers.

## ADVANCED PAY

Service members may draw advance pay when planning a move, but this should be considered very carefully. To be financially prepared for the PCS move, as soon as notification or orders are anticipated

or received, a spending plan should be developed early in order to save the extra money needed to assist you with your moving expenses. Many times advance pay is spent on other "emergencies" and is not available to assist with moving expenses. In addition, advance pay reduces your take-home pay for the months ahead, when you may need more money for settling in expenses. It is not a good idea to take an advance of pay for a vacation enroute. Talk to you Command Financial Specialist before you request advanced pay.

You can draw no more than 3 months advance pay. The advance is normally repaid in equal installments

over 12 months. In some circumstances, repayment can be spread over 24 months. Advance pay is your base pay--not pay with allowances. If approved by your Commanding Officer, an advanced housing allowance can be drawn if you provide a copy of your lease and your expenses for utilities. You must prove that this money will be used for housing costs. Advance Housing allowance is up to 3 months BAQ and VHA. The advance housing allowance may be repaid over a 12-month period, and in some circumstances over a longer period.

**REMEMBER!! ALL ADVANCE PAY HAS TO BE REPAYED!!**

## At A Glance

### Facility/Services Summary

<b>--Officer and Enlisted Population--</b>			
Active Duty Officer	74	Active Duty Warrant Officer	4
Guard Reserve Officer	10	Guard Reserve Warrant Officer	2
Retired (Officer and Enlisted)	15000	Foreign Service Officers	7
Active Duty Enlisted	504	Guard Reserve Enlisted	36
Foreign Service Enlisted	0		
<b>--Civilians--</b>			
Civil Service	1128	Wage Grade	105
Non-Appropriated Funds	71	Family Members -on and off Installation-	1972
<b>--Family Services--</b>			
Family Centers	0	Teen Centers	0
Child Day Care	0	Family Child Care Certified Homes	0
Total Child Capacity	0	Total Child Capacity	0
Average Waiting List Time -Months-	0		
<b>--Other Services--</b>			
Commissary	0	Exchanges	1
Shoppettes	1	Gas Stations	0
Movie Theaters	0	Banks and Credit Unions	1
McDonalds/Burger King	0	Other i.e. Exchange concessionaires	0

### Housing Summary

<b>--Officer Housing--</b>			
Senior Officer Waiting	12	Senior Officer 3 Bed Room	3
Senior Officer 4 Bed Room	3	Senior Officer Other	1
Company Grade Officer Waiting	12	Company Grade Officer 2 Bed Room	0
Company Grade Officer 3 Bed Room	7	Company Grade Officer 4 Bed Room	1
Company Grade Officer Other	0	BOQ	47
<b>--Enlisted Housing--</b>			
Senior Enlisted Waiting	18	Senior Enlisted 3 Bed Room	0
Senior Enlisted 4 Bed Room	0	Senior Enlisted Other	0
Enlisted Waiting	18	Enlisted 2 Bed Room	4
Enlisted 3 Bed Room	44	Enlisted Other	0
BEQ	298	Transient Lodging Facilities	55

## Education Summary

<i>Name</i>	<i>Numbers</i>
Elementary School	31
Jr High/Middle School	16
High School	8

## Local Community Summary

<i>Type of Housing</i>	<i>Avg.</i>	<i>Low</i>	<i>High</i>
Apartment Rent	600	450	850
House Rent	750	600	1200
House Price - Single Family	120000	100000	250000
Townhouse/Condominium Price	95000	75000	125000

## Medical and Dental Summary

<i>--Medical Facilities--</i>					
Medical Treatment Facilities	N	Number of Beds	0	Medical Clinic	1
Alcohol	Y	Allergy	N	Audiology	N
Cardiology	Y	Coronary care	N	Dermatology	N
Dietary	Y	Emergency room	N	Endocrinology	N
Family Practice	Y	General surgery	Y	Gynecology	Y
HIV Unit	N	Hematology	N	Immunization	Y
Infect Disease	N	Intensive Care	N	Laboratory	Y
Mental Health	N	Neonatal Intensive Care Unit	N	Nuclear Medicine	N
Nephrology	N	Neurology	N	Neurosurgery	N
Obstetrics	N	Oncology	N	Ophthalmology	N
Optometry	Y	Orthopedics	Y	Otolaryngology	N
Pathology	Y	Pediatrics	Y	Physical Therapy	Y
Podiatry	N	Primary Care	Y	Radiology	Y
Rheumatology	N	Urology	N		
<i>--Dental Facilities--</i>					
Dental Clinics	1	Adolescent	Y	Endodontics	Y
General Dentistry	Y	Oral Surgery	Y	Orthodontics	Y
Pedodontist	N	Periodontics	N		

## Relocation and Support Services Summary

<b>--Military Clubs--</b>			
Officers Club	1	Non-Commissioned Officers Club	1
Enlisted Club	1		
<b>--Recreation--</b>			
Arts and Crafts	0	Automobile Hobby Centers	1
Bowling Centers	1	Recreational Centers	1
Libraries	1	Music and Theater Locations	0
<b>--Physical Fitness/Sports--</b>			
9 Hole Golf Courses	0	18 Hole Golf Courses	0
Gyms/Physical Fitness Centers	1	Jogging Paths	1
Tennis Clubs/Courts	6	Tennis Courts - Lighted	4
Swimming Pools - Public	1		
<b>--Nature/Outdoor Activities--</b>			
Outdoor Recreation Centers	1	Campgrounds	1
Fishing Areas	2	Horse Stables	0

## **APPENDIX**

### **Disclaimer**

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